

RESUME

ANGITHA DAS

VELLIPLACKAL (H)
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CAREER OBJECTIVE

To secure a position with a well established organization with a stable environment that will lead to a lasting relationship in the field of health, where I can utilize the essential elements of my qualification, experience and personal skills.

CAREER ABSTRACT

- Possess strong communication skills along with analytical and logical abilities.
- Knowledge of using various type of equipments such us cardiac Monitor, ECG machine, Pulse oximeter, Nebulizer, infusion pumps etc.
- Skilled in developing, implementing and maintaining methods, sequence and processes.

PROFESSIONAL STRENGTHS

- Hard Working
- Quick learner
- Good Communication skills
- Sincerity
- Responsibility
- Performance Improvement

PROFESSIONAL WORK EXPERIENCE

Position - **STAFF NURSE**

Department – **Pediatric Medical Surgical ward**

- Worked in Yashodha Hospital, Secunderabad as a Staff Nurse in Pediatric Medical General ward for 1 year
- Worked in P.G Medical Trust Hospital, Malappuram, Kerala as a Staff Nurse in Pediatric Medical General ward for 10 months
- Worked in City Medical Centre, Ajman, UAE as a Staff Nurse for 2 years.
- Worked in CIMS Hospital , Ahmedabad as a Staff Nurse in Pediatric Medical Surgical ward for 1 Year and 6 Months

PATIENT CARE RESPONSIBILITIES

- Maintenance of good nurse patient relationship.
- Patient assessment, reassessment and nurses notes.
- Checking the vitals of patient every hour along with the date and time. (blood pressure, pulse, respiration, temperature).
- Administration of medications in time (OD, BID, TID, QID, STAT, SOS).
- Hot and cold applications (ice bag, cold compress, sterile hot compress & cold sponge).
- Steam inhalation.
- Management of intravenous fluids and inotropics (dopamine infusion, dobutamine infusion, N.T.G, cordarone infusion, Lasix infusion).
- Assess the physical and neurological condition of the condition (Glasgow coma scale).
- Maintenance of intake output chart (urine output, RT feeds & drainage)
- Taking ABGs and interpretation of ABGs.
- Collection of specimen.
- Prevention of aspiration.
- Steam inhalation.
- Care of ICD drainage.
- Blood transfusion.
- Care of invasive catheters (central line, IV cannula, Follys catheters)
- Tracheotomy care of the patient.
- Monitoring CVP.
- Care of pressure sore.
- Maintenance of physical, social, physiological, spiritual & rehabilitative needs of the patient.
- Supervision and orientation of students and new trainees.
- Checking fetal heart beats.
- Vaginal examination.
- Assists for forceps and vacuum delivery.
- Assists for dressing procedure.
- Pre and post operative care.
- Antenatal and postnatal care.
- Giving skin test.
- Giving IV and IM injections.
- Urinary catheterization and removing procedure.
- Patient discharge procedure.
- Follow up treatment.

OTHER RESPONSIBILITIES IN WARD MANAGEMENT

- Maintaining the drugs and suppliers as per standing orders.
- Maintaining the equipment in working condition.
- Maintaining the emergency drugs, equipment at accessible place securely.
- Transportation of critically ill patients.
- Barrier nursing
- Scrubbing, hand washing and isolation precautions.

PERFORMED PROCEDURES

- Cardio Pulmonary resuscitation
- Endo-tracheal Suctioning
- Urinary- Catheterization
- Dressing
- Stomach wash, Bladder wash, Enema
- Naso -Gastric tube insertion
- Preparing patients for emergency operation
- Intra-venous cannulation
- Care of body after death
- Electro cardiograph
- I.M and LV injections
- Photo Therapy

EQUIPMENTS USED

- Cardiac Monitor
- Defibrillator
- ECG machine
- Pulse machine and oximeter
- Nebulizer
- Suction apparatus
- Oxygen cylinder
- Laryngoscope
- Ambu bag
- Sphygmomanometer
- Infusion pump
- Incubator

PROFESSIONAL QUALIFICATION

Post Basic BSc Nursing, Chennigowda College of Nursing Karnataka

General Nursing and Midwifery, Lakshmi School of Nursing, Thelangana

REGISTRATION DETAILS

- Kerala Nursing Council & Karnataka Nursing council

EDUCATIONAL QUALIFICATION

HSE, Govt. Higher Secondary School Erattupetta, Kerala

10th , S.H.G.H.S, Bharananganam, Kerala

PERSONAL PARTICULARS

Fathers' name	V.G Devadas
Date of Birth	06/02/1987
Sex	Female
Marital Status	Married
Religion	Hindu
Nationality	Indian
Languages known	English, Hindi, Malayalam, Telugu
Passport No	M 3134385
Date of Expiry	30/10/2024

REFERENCE

- Rose Mathew
Nursing Superintent
PG Medical Trust Hospital
Nilamboor
Ph: 9447261554
- Sunitha Margi
Nursing Incharge
CIMS Hospital
Ahamedabad
Ph: 9624124200

DECLARATION

I am very hard working and able to excel in an under pressure work environments and hereby declare that the above details are true and correct to the best of my knowledge and belief.

Place:

ANGITHA DAS

Date: