

## **CURRICULUM VITAE**

**SANDRA ELIZABETH CHACKO, PHARM.D**

D/O CHACKO M.M  
MATTATHIL HOUSE  
UDAYAGIRI P.O  
ALAKODE VIA  
KANNUR DIST  
KERALA

PIN :670571

MOBILE NO : 08281481697, 0807573878

EMAIL ID : [sandraechacko@gmail.com](mailto:sandraechacko@gmail.com)



### **OBJECTIVES:**

- ❖ To make an effective contribution of my clinical expertise and academic knowledge to optimum level in the area that requires as per the expectation of the organization.
- ❖ To be a competent clinical pharmacist in medical team and involve in Pharmacovigilance by ADR identification, monitoring and reporting medical errors.

### **EDUCATIONAL QUALIFICATION:**

<b>Qualification</b>	<b>Year Of Passing</b>	<b>University/Education</b>	<b>Institution</b>	<b>Marks (%)</b>
10 <sup>th</sup>	2010	Central Board Of Secondary Education	St. Mary's Senior Secondary School Alakode	80%
12 <sup>th</sup>	2012	Kerala Board Of Secondary Education	Devamatha Higher Secondary School Payyavoor	77%
<b>Doctor Of Pharmacy (PHARM.D)</b>				
Pharm.D 1 <sup>st</sup> Year				70.3%
Pharm.D 2 <sup>nd</sup> Year				73.8%
Pharm.D 3 <sup>rd</sup> Year				71.7%
Pharm.D 4 <sup>th</sup> Year				73.3%
Pharm.D 5 <sup>th</sup> Year	2012-2018	The Tamil Nadu Dr. M.G.R. Medical University, Chennai	Padmavathi College Of Pharmacy Dharmapuri	73.4%
Pharm.D 6 <sup>th</sup> Year				Internship

## **PROFESSIONAL EXPERIENCE:**

### **ORGANIZATION: VANDANA MEDICALS**

Duration : 13 April 2014 to 13 May 2014

Designation : Pharmacist Trainee

- Undergone training dispensing medicines, maintenance of records in dispensing pharmacy, arrangement of medicine drug schedule and storage

### **ORGANIZATION: GOVERNMENT DISTRICT HEADQUARTERS HOSPITAL, KRISHNAGIRI, TAMIL NADU**

Duration : As a part of the curriculum(2012-2018)

Designation : Clinical Pharmacologist ( Trainee)

- Participated in clinical rounds
- Recommended appropriate drug therapy to physicians, monitor therapy per protocol and appropriate formulary procedures.
- Provided patient counselling
- Provided answers to drug queries raised by physicians, nurses, patients
- Conducted monitoring and reporting of adverse drug reaction and Drug-Drug interactions.
- Conducted monitoring and reporting of medication errors

### **ORGANIZATION: A.J. HOSPITAL & RESEARCH CENTRE ,MANGLORE, KARNATAKA**

Duration : 6<sup>th</sup> April 2018 to 7<sup>th</sup> July 2018

Designation : Clinical Pharmacologist ( Trainee)

- Conducted prescription and rationality auditing of prescriptions
- Identified and reported drug-drug interactions and also provided recommendations to avoid the possibility of drug-drug interaction
- Conducted monitoring and reporting of suspected ADR
- Prepared CAPA for the suspected ADR
- Identified and prevented the possibility of drug-food interaction
- Interacted with patient party and collected medication history of the patient
- Conducted identification and reporting of medication errors
- Provided answers to drug queries raised by physicians, nurses and patients
- Identified and monitored therapeutic duplication
- Conducted medical record audits
- Conducted patient counselling regarding drug, food and disease conditions
- Conducted discharge summary audit and sepsis audit
- Conducted audits on choosing the appropriateness of antibiotics based on prophylactic therapy

## RESEARCH WORK:

A project entitled “A study on Medication Compliance In Type 2 Diabetes Mellitus In Government District Headquarters Hospital Krishnagiri” has been undertaken for the partial fulfillment of PharmD Curriculum

## CONFERENCE/WORKSHOPS:

- ❖ Delegate in national level workshop in ‘ **Pharm D – Teachers Training Programme On Pharmaceutical Care**’ on 29<sup>th</sup> to 30<sup>th</sup> November 2013 at Padmavathi College Of Pharmacy And Research Institute, Dharmapuri.
- ❖ One day training on **Identification, Cultivation of Medical Plants And Nursery Techniques On Horticulture Crops** at ABS Botanical Conservation Research and Training Centre, Salem on 8<sup>th</sup> May 2014.
- ❖ Delegate in Pharmacy practice module- advanced learning series (repeat) on **New Module On Cardiovascular Diseases** at Pushpagiri College Of Pharmacy, Tiruvalla, Kerala in association with Indian Association Of Colleges Of Pharmacy, Chennai from 6<sup>th</sup> to 8<sup>th</sup> August 2015.
- ❖ Delegate in “**National Level Seminar On Pharmacoeconomics And Patient Safety**” organized by the Department Of Pharmacy Practice, NGSMIPS, Paneer, Deralakatte, Mangluru held on 11<sup>th</sup> January 2017 at AB Shetty Memorial Institute of Dental Sciences, Deralakatte, Mangluru, Karnataka

## AREA OF INTEREST:

- ❖ To play an important role in providing adequate, accurate and timely drug information to the patients, families and professional clinical staff.
- ❖ To promote selection of rational drug therapy and support formulary development process by consulting with medical staff.
- ❖ Clinical research and drug development programmes.
- ❖ Pharmacy practice and drug information services, drug utilization and dosage adjustment in special populations like pregnant, pediatric, geriatric and renal patients.
- ❖ Public health promotion programs.
- ❖ Pharmacovigilance and adverse drug reaction management activities.
- ❖ Pharmaceutical care services such as identifying, analyzing and managing drug-drug interactions and other drug related problems, drug information, patient counselling with emphasis on improvement and quality of patient care.

## PERSONAL SKILLS:

- ❖ Excellent grasping ability, positive attitude, self-confidence, punctual and hardworking.
- ❖ Self-motivated; able to prioritize tasks, manage time effectively and work independently and passionate to take up and full fill responsibilities.
- ❖ Adaptive to diverse situations, persons and work environment.

- ❖ Written and verbal communication skills in English and Malayalam.
- ❖ Passionate to take up and fulfil responsibilities.
- ❖ Essentially a team member as well as team leader.

**COMPUTER PROFICIENCY:**

- ❖ MS Word, Excel, PowerPoint
- ❖ Internet Explorer/Google Chrome/ Mozilla Firefox

**PERSONAL PROFILE:**

Name : Sandra Elizabeth Chacko  
Age : 25  
Gender : Female  
DOB : 15/08/1993  
Father's Name : Chacko M M  
Marital Status : Unmarried  
Languages Known : English, Tamil, Hindi & Malayalam.  
Permanent address : Mattathil House,  
Udayagiri Post,  
Alakode Via,  
Kannur Dt,  
Kerala- 670571

**DECLARATION:**

I hereby declare that all the details furnished above are true to the best of my knowledge. If any discrepancy is found it will be liable to my responsibility.

Place: Kannur

Date:

(SANDRA ELIZABETH CHACKO)

