

**CURRICULUM VITAE**

**PRASEETHAMOL VASUDEVAN**

**Kochidappallikkalayil (H)**

**Punnathura (W) P.O**

**KOTTAYAM- 686632**

**Email id: praseethamalu89@gmail.com Mob: 9946215216**

**OBJECTIVE**

To gain exposure to new challenges in Clinical Nursing Field and contribute whole to the welfare of society through my skill and knowledge.

**PERSONAL PROFILE**

Name : Praseethamol Vasudevan

Father's name : E.K. Vasudevan

Date of Birth : 28-02-1989

Age : 30 years

Gender : Female

Nationality : Indian

Religion : Hindu

Marital status : Single

**LANGUAGES KNOWN**

To Write : English, Hindi, Malayalam

To Speak : English, Hindi, Malayalam

To Read : English, Hindi, Malayalam

**ACADEMIC QUALIFICATION**

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| --- | --- | --- | --- |
|  **Course**  | **Board / University** | **Year**  | **Percentage**  |
| **GNM**  | KPM Hospital, Pvt.Ltd, Malappuram , Kerala | 2009-2013 | First Class |
| **Bsc.Botany** | K.E. College Manannam, Kottayam, Kerala | 2006-2009 | First Class |
| **VHSE** | VHSE Kanakkary, Kottayam, Kerala | 2004-2006 | First Class |
| **SSLC** | GHSS Ettumanoor, Kottayam, Kerala | 2004 | Third Class |

**EXPERIENCE**

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| --- | --- | --- | --- | --- |
|  **Course**  | **HOSPITAL** | **Status & Specification** | **Year** | **Experience**  |
| **STAFF NURSE**  | ORCHID Hospital, Downhill, Malappuram  | Medical & Surgical Ward | 21-09-2013 to 02-05-2019 | 5 year & 7 months  |

**DUTIES AND RESPONSIBILITIES**

* Working as a staff nurse
* Taking over from on duty staff, checking and recording of inventory of equipments and medicines, assessing and condition of the patient.
* Identify the ECG rhythms and monitoring telemetry
* Care of narcotic drugs
* Excellent communication and interpersonal skills with the ability to demonstrate.
* Care of narcotic and controlled drugs
* Followed infection control policies and procedures.
* Preparing patients for various diagnostic procedure
* Preparing and administering medications
* Maintaining patients documents.
* Assisting with activities of daily living
* Pressure care
* Guiding and assisting student nurse in the bedside
* Maintaining fluid and electrolyte balance
* Great ability to deal with the queries and problems.
* Excellent communications and interpersonal skills with the ability to demonstrate.
* Develop report with patient, family, staff, and physicians.
* Relate well to people from a variety of culture
* Preparing and administering medications
* Handling RTA patients.
* Handling neuro patients and stroke patients.
* Blood transfusion giving property after checking the blood group and cross matching blood group, correct serial number and expiring date.
* Provide all comprehensive nursing care to all operated patients.
* Managing patients with various medical and surgical conditions
* Followed infection control policies and procedures.
* Maintaining fluid and electrolyte imbalance.
* Preparing and administering medications.
* Assist doctors for procedures eg. Intubation, Lumbar puncture.
* Assisting patient’s home status and organizing support if need.
* Checking observation and making sure patients vital care stable.
* Care of patients with central lines
* Care of elderly and disable patients.
* Monitoring patients closely and effectively
* Responsible for ensuring safe manual handling techniques/ use of movable and fixed hoist.
* Discharging and following of care

**CLINICAL PROCEDURE**

* IV cannulation
* Assisting lumber puncture
* NG tube insertation and removal
* Urinary catheter insertation
* Glucose check using glucometer
* Using cardiac monitor
* Administering medication
* Looking other pre & post operative patients
* Assisting to daily living activities
* Usage of safe technique infection control policies and protocol
* Prepare & calculating all medicines.
* Safe handling and record of drugs.

**EQUIPMENTS USED**

* Suction apparatus
* Pulseoxy meter
* Glucometer
* Dressing trolly

**STRENGTH**

* Urge to learn new technical skills
* Good communication skills

**REFERENCE**

1. **Dr. P.C. Joseph MBBS, MD 2. Ms. Kadeja ( Reg No. 493)**

 Senior Consultant Physician & Endoscopist Nursing Superintendent

 Ph: 2734048 Orchid Institute of health Care

 & Research Pvt. Ltd. Malappuram

**DECLARATION**

 I hereby declare that the information furnished above is true to the best of my knowledge and belief.

Place: Kottayam

Date: **PRASEETHAMOL VASUDEVAN**