

## **CURRICULUM VITAE**

ASHITHA KP



KAROTTUVETTIL (H)  
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KERALA

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### **CAREER OBJECTIVE:-**

To develop my career in a growth oriented and professionally managed establishment where the knowledge and efforts are really valued and honoured and also contribute my knowledge and experience based work to the same institutional at it's optimum level.

### **PERSONAL PROFILE**

|                |                                       |
|----------------|---------------------------------------|
| Name           | Ashitha K.P                           |
| Father Name    | Paulose K.M                           |
| Date Of Birth  | 29/12/1993                            |
| Marital Status | Single                                |
| Nationality    | Indian                                |
| Religion       | Christian                             |
| Language Spoke | English,Hindi,Malayalam and<br>Telugu |

## **PROFESIONAL PROFILE**

| QUALIFYING EXAMINATION | UNIVERSITY   | INSTITUTION                       | YEAR                      | %OF MARKS |
|------------------------|--|-----------------------------------|---------------------------|-----------|
| B.sc Nursing           | NTR<br>UNIVERSITY<br>OF HEALTH<br>SCIENCE<br>VIJAYWADA | MEDICITI<br>COLLAGE OF<br>NURSING | 2012 1 <sup>st</sup> Year | 65 %      |
|                        |  |                                   | 2013 2 <sup>nd</sup> Year | 62 %      |
|                        |  |                                   | 2014 3 <sup>rd</sup> Year | 67 %      |
|                        |  |                                   | 2015 4 <sup>th</sup> Year | 67 %      |

## **RGISTRATION DETAILS**

|                                   |                              |
|-----------------------------------|------------------------------|
| Name of the State Nursing Council | Telangana State ,Delhi state |
| Registration number               | Telangana:3164, Delhi:64412  |

## **ACADEMIC PROFILE**

| S.No. | EDUCATION | NAME OF THE INSTITUTION            | YEAR OF PASSING | % OF MARK |
|-------|-----------|------------------------------------|-----------------|-----------|
| 1.    | SSLC      | Govt.High school<br>koothattukulam | 2009            | 76%       |
| 2.    | Plus Two  | G H H S Mannathoor                 | 2011            | 67%       |

## **HOBIBIES**

- Light Reading
- Dancing
- Listening Music
- Watching TV

## **EXTRA AND CO-CURRICULAR ACTIVITIES**

- Participated in school health programmes
- Participated in community health programmes

## **PERSONAL QUALITIES**

- Excellent communication skill
- Leadership Quality
- Hard working & punctual
- Optimistic
- Helpful

## **NURSING EMPLOYMENT HISTORY**

MAX HOSPITAL SAKET NEW DELHI :Worked as a staff nurse in medical icu since 6/06/2016 to18/06/2018 (Two year experience )

## **DUTIES AND RESPONSIBILITIES**

- Care of patients in full Marquette monitored Critical Care Unit.
- Care of patient who all are in ventilator support .
- Assessing all parameters of gcs score of patient
- Close monitoring of the patient
- Analysing the ecg rhythm and deviation of other vitals
- How to handle the medical equipments like ventilator,defibrillator,ecg machine,infusion pump,cardiac monitor,alpha and dvt pump,ambuscope,
- Does the procedures like collection of specimen,blood transfusion,ryles tube insertion,iv cannulation,ejv insertion,catheterization,suctioning,gavage ,care of lines(trachostomy,colostomy,central line,arterial line ,ET tube dressing),ABG collection,ECG taking,
- Care of bed sore
  - Also trained in ACLS AND BLS
  - Assisting the doctors for intubation,line insertion,CPR,tracheostomy,brochoscopy,colonoscopy,
  - Knowledge about emergency medicines and actions
  - Knowledge about dilution and administration of electrolytes,ionotrops,and narcotics

- Accompanies attending doctors on ICU rounds and implement treatment as required.
- Maintaining effective communication and good nurse patient relationship
- Nursing documentation by using Complete Patient Record System(CPRS) and administration of medicines by using Barcode Medication Administration (BCMA)
- Knowledge about computer systems
- Provide health teaching to patients like dietary activities and need of change in life style.
- Responsible for monitoring icu inventories and stock as per hospital policies.
- Assist with orientation and induction of new junior to the icu and their duties.

## **EQUIPMENTS USED**

- Blood pressure apparatus
- Crash trolley ( Including Cardiopulmonary Resuscitation Machine )
- Glucometers.
- Intravenous Cannulas.
- Suction Apparatus.
- Dressing Set.
- Urinary Catheters.
- Ryles tubes.
- Defibrillator
- Ventilator
- Bipap
- ECG machine
- Cardiac monitor
- Infusion pump
- Alpa and dvt pump
- Amuscop
- Laryngoscop

## **ICU MANAGEMENT**

- Handover and takeover the patient and icu equipment and supply.
- Keep the icu neat and tidy.
- Maintain safety of the ICU equipment.
- Prepare and check icu supplies.
- Assist ward superior in icu management.
- Supervises students & other junior nursing personnel.
- Medication storage(high alert ,narcotics)

## **EDUCATIONAL FUNCTION**

- Participate in clinical teaching both planned and incidental.
- Teaches & guides domestic staff.
- Help in the orientation of new staff.
- Participate in staff education programme.

## **DEPARTMENT OF SPECIALISATION**

- CRITICAL CARE (MICU)

## **REFERENCE**

1. Mrs.Rama Sharma  
DNS  
Max super speciality hospital  
New Delhi  
Ph: 9873250967
  
2. Mrs .Remika Robert  
Nursing Incharge(medical icu)  
Max super speciality hospital  
New Delhi  
Ph:8920449776

## **DECLARATION**

I Ashitha K P Share by submit this Resume for your kind consideration and for favourable orders. I assure you that if I am selected, I will discharge my duties to the entire satisfaction of my superiors. I also declare that the information given above is true and correct to the best of my knowledge.

Place:-

Date :-

(ASHITHA KP)