

Application for the post of Registered Nurse

Dear Sir/Madam,

I would like to apply for the post of Registered Nurse in your esteemed organization. As a Registered Nurse I have 9.4 years of experience in varied medical departments.

❖ Dept. handled:

- ✓ General medicine ,Paediatric, Obstetrics and Gynecology**
- ✓ ENT, Skin & Cosmetology**

With the referred experience in the respective field helped me to attain critical care nursing skills' have worked with people of various communication challenges e.g. illiterates, sick children and their parents and elderly patients which require adaptive communication skills to handle challenging situations.

I believe that, my past career exposures make me more comfortable in this professional field and also I am very confident that I can make a significant contribution to your firm by utilizing my professional as well as personal skills. Since I need to upgrade my career further, here I am attaching my resume for your kind review and consideration.

Thanking you for the valuable time taken to review my request and I am look forward to hearing from you.

Thanking you,

SHABINA P B

Registered Nurse

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Velichirayil house Manappuram p. o

Cherthala, Alappuzha, Kerala

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Career Objectives:

To care, plan and manage patient care to my best of my abilities for better patient satisfaction and health outcomes. Also to learn and grow as a professional nurse in a positive environment and be able to cooperate effectively with other healthcare professionals.

Skills:

- Throughout my clinical experience I have proven time management skills in completing all the tasks required.
- I could adapt quickly to new developments and changes
- I possess an effective verbal and written communication skills
- I am safe clinical decision maker for thorough patient care and assessment.
- Interested in updating the clinical and theoretical knowledge even though working in a specialized area.
- Passion to make difference in the life of my patients.
- Passion and skill in health care system
- Administration skill in health care system.

Registration History:

2010: Kerala Nurses and Midwives Council (Registration no: 66258)

Professional experience: (9.4 years):

- **Position** : Full Time Registered nurse
Employer : Indo American hospital (BCF).
Duration : 05 April 2016- Present
Departments : ENT, Skin & Cosmetology & General medicine.

Responsibilities:

- Perform a physical assessment on each patient, paying special attention to the skin.
- Assist the physician in the performance of skin exams, monitor and record a patient's medical history, and be aware of relevant test results.

- Assist the dermatologist with outpatient and surgical dermatology procedures.
- Provide pre- and post-operative care for clients who are undergoing treatment for a variety of skin conditions and diseases.
- Assist with procedures using specialized medical equipment, including cosmetic dermatology
- Assess, monitor, and treat skin wounds, mainly burns.
- Perform wound care and be familiar with many types of dressings, topical medications, and wound care routines.
- Be familiar with how to treat acne, specific acne medications and their risks, and alternative topical medications.
- Educate each patient on how to protect their skin and care for skin diseases and conditions at home.

- **Position : Full Time Registered nurse**
Employer : Chandrassery hospital, Palluruthy.
Duration : 5.2 yrs.
Departments : General medicine, Paediatric, Obstetrics & Gynecology.

Responsibilities:

- Pre and post-operative care
- Lower segment Caesarean section.
- Quickly diagnosing conditions and providing on-spot solutions.
- Most importantly, Learning to control emotions and moving on is the key to helping more and more patients in this work environment.
- Primary care, assessment and evaluation of gynecological and Obstetrical patients.
- Perform professional nursing care to the patients admitted in the Obstetrics and Gynecology unit.
- Order appropriate diagnostic and laboratory tests, evaluate and record the results.
- Follow all policies and protocols of the hospital with limited variations.
- Assist gynecologists and obstetricians in treating mothers and newborns. Obtain medical history of patients and communicate to the consulting physician.
- Instruct and counsel female patients in preventing illnesses affecting childbirth. Educate and counsel female patients on birth control and safe practices.
- Educate women on pre-natal care issues. Provide nursing care in delivering babies.
- Manage mothers and newborns through clinical and nursing care services.

- **Position : Full Time Registered nurse**
Employer : Sree Narayana Medical Mission Hospital
Duration : 1 yr.
Departments : Medical ward.

Responsibilities:

- Observing and recording patients' behavior.
- Coordinating with physicians and other healthcare professionals for creating and evaluating customized care plans.

- In order to provide emotional and psychological support to the patients and their families, RNs create harmonious environment.
- Diagnosing the disease by analyzing patient's symptoms and taking required actions for his/her recovery.
- Maintaining reports of patients' medical histories, and monitoring changes in their condition.
- Carrying out the requisite treatments and medications.

Technical skills:

- Computer Knowledge in M. S Office, Excel & Internet Operation.
- Operating system: Windows XP, 7.

Educational Qualification:

2009: Bachelor of Science in Nursing in Sree Narayana Medical Mission Hospital, Kerala, India.

2005: Vocational higher secondary in SNHSS sreekandeswaram poochakkal, Kerala. India.

2003: SSLC in GGHSS Vaikom. Kerala. India.

Personal Details:

- Spouse Name : Lejith Babu
- Age & Date Of Birth : 31 years [10-05-1988]
- Sex : Female
- Nationality : Indian
- Marital Status : Married
- Permanent Address : Velichirayil House
Manappuram P O Cherthala
Alappuzha, Kerala, India.
Pin: 688528
- Languages Known : English, Malayalam

Declaration:

I hereby declare that the above mentioned details are true and correct to the best of my knowledge.

Cherthala

June 2019

Shabina P B