

CURRICULUM VITAE

NAME : MARGRET ANIJA
AGE : 30 YEARS
GENDER : FEMALE
NATIONALITY : INDIAN
FATHER'S NAME : M. T. ANTONY
DATE OF BIRTH : 11-08-1988
MARITAL STATUS : MARRIED
SPOUSE NAME : ANTONY THANKACHAN
RELIGION : CHRISTIAN, LATIN CATHOLIC
ADDRESS : MANCINI, ERUVA EAST,
ERUVA EAST, KAYAMKULAM,
ALAPPUZHA, KERALA – 690564
PHONE NUMBER : +91 9048665777
PHONE NUMBER (SAUDI) : +966571916961
MOBILE NUMBER : +91 9995337007
LANGUAGES KNOWN : MALAYALAM, ENGLISH, HINDI AND TAMIL

OBJECTIVE:

- TO EXERCISE THE KNOWLEDGE GATHERED AS PART OF NURSING COURSE TO THE BEST OF MY ABILITY WITH SINCERITY AND DEDICATION.

- TO IMPROVE AND PHYSICAL AND MENTAL HEALTH FO TH SOCIETY BY
BEING COMMITTED TO MY NURSING PROFESSION

EDUCATIONAL PROFILE:

BSC NURSING

PERCENTAGE OF MARKS OBTAINED

1ST YEAR -----70.12%

2ND YEAR -----68.33%

3RD YEAR ----- 69.28%

4TH YEAR ----- 69.75%

YEAR OF PASSING: 2010

COLLEGE: DR. JOHN'S COLLEGE OF NURSING, BANGALORE

PUC IN MARCH 2006

PERCENTAGE : 80.33%

YEAR OF PASSING : 2006

SCHOOL : GOVT. HIGHER SECONDARY SCHOOL FOR GIRLS,
ERNAKULAM

SSLC IN MARCH 2004

PERCENTAGE : 83.83%

YEAR OF PASSING : 2004

SCHOOL : ST. ANTONY'S H.S.S. ERNAKULAM

COMPUTER SKILL

GOOD TYPING SKILL

DIPLOMA IN MEDICAL TRANSCRIPTION (2013) WITH B GRADE

PROFESSIONAL TRAINING (AS A STUDENT)

- ❖ TRINITY HEALTH FOUNDATION HOSPITAL, BANGALORE
- ❖ K C GENERAL HOSPITAL BANGALORE – 46
- ❖ K K HOSPITAL, YELAHANKA, BANGALORE – 64
- ❖ MIND PSYCHIATRIC HOSPITAL, BANGALORE
- ❖ GENERAL HOSPITAL YESHWANTHAPURA, BANGALORE
- ❖ GENERAL HOSPITAL YELAHANKA, BANGALORE - 64
- ❖ GENERAL HOSPITAL RAJAJINAGAR, BANGALORE
- ❖ KIDWAI ONCOLOGY HOSPITAL, BANGALORE

POSITIVE TRAITS

- WILLING TO LEARN AND ABILITY TO WORK AS A TEAM
- HAVING POSITIVE ATTITUDE AND SELF CONFIDENCE
- VERSATILE IN NATURE AND ADAPTABLE TO ANY CHANGE

RESEARCH DONE

AS A PART REQUIREMENTS FOR THE COURSE OF DEGREE IN NURSING A RESEARCH PROJECT WAS DONE NAMED “A STUDY TO ASSESS THE KNOWLEDGE OF ADOLESCENT GIRLS REGARDING REPRODUCTIVE HEALTH”

CLINICAL EXPERIENCE

2 YEARS AND 5 MONTHS OF EXPERIENCE IN APOLLO HOSPITALS, CHENNAI, INDIA IN MULTISPECIALITY WARD AS STAFF NURSE (NOVEMBER 2010 – MAY 2013)

7 MONTHS OF EXPERIENCE IN INTENSIVE CARE UNIT IN ALMAS HOSPITAL KOTTAKKAL, MALAPPURAM, INDIA AS STAFF NURSE (MAY 2013 – DECEMBER 2013)

10 MONTHS OF EXPERIENCE IN CARDIAC CARE UNIT IN MEDICAL TRUST HOSPITAL, ERNAKULAM, INDIA AS STAFF NURSE (DECEMBER 2013 – OCTOBER 2014)

WORKING IN KING FAISAL MEDICAL COMPLEX, TAIF, SAUDI ARABIA IN MEDICAL WARD AS STAFF NURSE SINCE OCTOBER 2014 TO PRESENT

IELTS (ACADEMIC) JANUARY 2018

LISTENING: 8.5 READING: 7.5 WRITING: 6.5 SPEAKING: 7









OVERALL : 7.5

JOB PROFILE

- MONITORING CARDINAL SIGNS
- MONITORING OF BLOOD SUGAR
- ADMINISTERING DRUGS – ORAL, SUBLINGUAL, SUBCUTANEOUS, INTRAVENOUS, INTRADERMAL, AND INTRAMUSCULAR
- DOING ADMISSION, DISCHARGE AND TRANSFER OF PATIENT
- MEETING NUTRITIONAL AND ELIMINATION NEEDS
 - NASOGASTRIC TUBE FEEDING

- PEG FEED
 - RYLES TUBE INSERTION
 - ADMINISTRATION OF ENEMA, SUPPOSITORIES, BOWEL WASH ETC.
 - URINARY CATHETERIZATION
- ASSESSING PHYSICAL, PSYCHOLOGICAL AND PSYCHOSOCIAL NEEDS OF THE PATIENT
 - MEETING HYGIENIC NEEDS OF THE PATIENT
 - MAINTAINING RECORDS AND REPORTS
 - PROVIDING HEALTH INFORMATIONS
 - PREPARING THE PATIENT FOR INVESTIGATIONS
 - IV CANNULATION, EXTRACTING BLOOD SAMPLES (VENOUS AND ARTERIAL BLOOD)
 - PRE, INTRA, POST CARE OF BLOOD TRANSFUSION
 - DOING COLOSTOMY, ILEOSTOMY, AND URETEROSTOMY CARE
 - MONITORING EPIDURAL, NERVE BLOCK INFUSIONS
 - CARE OF PATIENTS WITH OXYGEN THERAPY, VAC DRESSING AND BLADDER IRRIGATION
 - CARE OF PREOPERATIVE AND POST OPERATIVE PATIENTS IN MULTISPECILITY AREAS (ORTHO, UROLOGY, GYNECOLOGY, GASTROENTEROLOGY, GENERAL SURGERY, PLASTIC SURGERY ETC.)

PROCEDURES ASSISSTED

-  SKIN BIOPSY
-  PLEURAL TAPPING
-  BONE MARROW ASPIRATION
-  NERVE BLOCK CATHETER INSERTION
-  VAC DRESSING
-  LUMBAR PUNCTURE
-  ENDOTRACHEAL INTUBATION
-  ASCITIC FLUID TAPPING

- ✚ ECHOCARDIGRAPHY
- ✚ WOUND DRESSING
- ✚ SUTURING
- ✚ SUTURE REMOVAL
- ✚ COLONOSCOPY
- ✚ ENDOSCOPY
- ✚ DIALYSIS CATHETER INSERTION
- ✚ CENTRAL VENOUS CATHETER INSERTION

EQUIPMENTS USED AT WORK

- PULSE OXYMETER
- NEBULIZER
- GLUCOMETER
- OXYGEN CYLINDER
- MECHANICAL VENTILATOR
- ABG MACHINE
- GLUCOMETER
- ECG MACHINE
- SUCTION APPARATUS
- INFUSION PUMP
- SYRINGE PUMP
- FEEDING PUMP
- CARDIAC MONITOR
- DEFIBRILLATOR
- SCD, FLOTRAN

DECLARATION

I HEREBY DECLARE THAT THE INFORMATION GIVEN ABOVE IS TRUE TO THE BEST OF MY KNOWLEDGE

DATE: 12-12-2018

PLACE: TAIF, SAUDI ARABIA

MARGRET ANIJA