

RESUME

ARUNIMA KK

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REGISTERED NURSE

[Kerala Registration Number : KL04201400734]

Professional Summary

Compassionate and dedicated medical professional with 4 years of hands-on expertise in the field of health care. Committed to providing all patients with outstanding care and support to improve quality of life. Proven ability to collaborate with colleagues to foster a friendly and caring environment

Areas of Expertise Includes

- 1.Life Support
- 2.General ward ,Maternity ward ,Medical and surgical
- 3.Care Plan administration
- 4.Perform diagnostic tests and analyze results
- 5.Emergency Procedures
- 6.General Care

PROFESSIONAL EXPERIENCE:

MALABAR MULTISPECIALTY HOSPITAL CALICUT

Staff Nurse : 1st April 2014 to 16th May 2015

Work Description

Management of patient care unit including admission, transfer and discharge
Assessment of patient needs and planning care accordingly
Keeping reports and results

PROFESSIONAL EXPERIENCE:

IQRAA INTERNATIONAL HOSPITAL AND RESEARCH CENTER

Staff Nurse **at Medical Surgical and Maternity ward** : 18th September 2015 to 3rd November 2018

Work Description

Medical Surgical

Observed upwards of 7 patients per shift, charted and reported changes in patients' conditions, such as adverse reactions to medication or treatment.

Administered prescribed medications, started intravenous fluids, and documented patients' charts by recording food and fluid intake and output.

Answered patients' calls and determined how to assist them, as well provided family support.

Measured and recorded patients' vital signs, such as height, weight, temperature, blood pressure, pulse and respiration.

Provided basic patient care and treatments, such as dressed wounds, treated bedsores, gave enemas, douches, and performed catheterizations.

Assisted patients with bathing, dressing, maintaining personal hygiene, moving in bed, standing and walking.

Integral member of a health care team charged with assessing patient needs, planning or modifying care and implementing interventions.

Maternity ward

Monitoring new mothers and babies and ensuring their safety and health
Assisting new mothers in learning breastfeeding, and using diapers on babies
Ensuring babies are fed by mothers at regular intervals
Maintaining and establishing daily hygiene and medical routines for both new mothers and babies
Giving constant guidance on different aspects of maternity care to patients and families
Visiting patients after discharge and ensured they are following instructions properly

Educational Qualifications

COURSE	INSTITUTION	BOARD
Bachelor of Science in Nursing[2009- 2013]	SHRINIDHI COLLEGE OF NURSING BANGALORE	RAJIV GANDHI UNIVERSITY OF HEALTH SCIENCE

Personal Profile

Date of Birth : 13-06-1992
Address : Kunnummalkandiyil house
Edakkara PO ,Chelannur vazhi, Kozhikode
673616
Age : 26
Gender : Female
Nationality : Indian
Languages Known : Malayalam ,English

Declaration :

I here by declare that all the information and facts stated above are true and correct to the best of my knowledge and belief and I will take the entire responsibility if any discrepancy is found .

Place : Edakkara
Date :

Sincerely
(Arunima K K)