



FEXINA SEBY

MSW (Medical & Psychiatry)

ST. JOSEPH'S COLLEGE, IRINJALAKUDA

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Chiramel Mulangadan (H)

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### **CAREER OBJECTIVE**

Seeking a career as a social worker, as I am a social welfare enthusiast with great organizing and empathetic skills which will surely be helpful for the people in need and suffering from various illness and require constant specialized support and assistance. Doing job is not merely a job but to acquire a promising, successful and challenging position in a reputed organization and to use my knowledge and ability in the best possible way for the growth of the organization and also for my professional and personal growth.

### **EDUCATIONAL QUALIFICATION**

- PG in MSW specialized in Medical and Psychiatry Social Work in St. Joseph's College,(Autonomous) Irinjalakuda, Thrissur (University of Calicut) 2017- 2019.
- Degree in B.A English Literature in Prajyoti Niketan College, Pudukad, Thrissur (University of Calicut), 2014- 2017.
- Plus Two in Computer Science from UNION H.S.S MAMBRA, Thrissur (Board of Higher Secondary Examination, Govt. of Kerala), March 2014.
- SSLC from L.F.C.H.S.S Koratty, Thrissur (Board of Public Examinations, Kerala), March 2012.

### **ACADEMIC PROJECT**

- Dissertation Work on the topic "A study on the quality of life of Trans genders with the support of Non-Government Organizations."
- Mini Research on the topic "To Explore the Experience of Mother Having a Child with Autism Spectrum Disorder."

- Mini Research on the topic “A Study on Inpatients’ Contentment level Towards Holistic Treatment Approach.”
- Project on the topic “The Feminine Sensibility: The Voice of the Oppressed as Portrayed through Films.”

## **WORK EXPERIENCE**

- Completed one month Block Placement at St. John’s Medical College Hospital, Bangalore, Karnataka
- Completed the Block Placement at Jubilee Mission Medical College & Research Institute, Thrissur.
- Completed one month Block Placement at KAIROS (Kannur Association for Integrated Rural Organization and Support).
- Completed concurrent agency field work at Govt. Children’s Home, Ramavarmapuram, Thrissur.
- Completed concurrent community field work at Adat Grama Panchayat, Puranattukara, Thrissur.

## **PROFESSIONAL SKILLS**

- Organized Social Worker
- Caring and Empathetic
- Resource Management
- Client Management
- Detailed Record Keeping
- Easy to adapt new situations and to face challenges with confidence.
- Familiar with Computer Office Software such as Word, PowerPoint and Excel.

## **CERTIFICATIONS**

- Completed a certificate course on “Participatory Rural Appraisal”, organized by Dept. of Social Work, St. Joseph’s College, Irinjalakuda.
- Completed a certificate course on “Statistical Package for the Social Sciences”, organized by Dept. of Social Work, St. Joseph’s College, Irinjalakuda.
- Completed a one year course on “Communicative Skills in English”, conducted by University of Calicut, held at Prajyoti Niketan College Pudukad.
- A Paper Presented on the topic ‘Quality of Life of Transgender Population’ and Participated in a National Seminar on “Social Inclusion & Social Exclusion of Transgender Population”, held at St. Joseph’s College, Irinjalakuda.
- Attended a National Conference on “Emerging Trends in Holistic Health Care: Scope of Psycho Social Interventions”, held at Amala Institute of Medical Sciences, Thrissur.
- Participated in the ‘Tribal Camp’, organized by Dept. of Social Work in St. Joseph’s College, Irinjalakuda in association with Attappady Social Service Organization (ASSO).
- Participated in one day State level Workshop on “Solution Focused Brief Therapy”, organized by MAHIMA Counselling and Psychotherapy Centre, Valapad, Thrissur.
- Attended a State level Conference on “HIV/ AIDS- Reflections & Responses”, organized by Kuriakose Elias Service Society (KESS).

- Participated in the U.G.C Sponsored National Seminar, held at Sree Kerala Varma College, Thrissur 2015 on the topic “Theatre, Theory and Praxis: An Enquiry into Modern Theories of Drama and the Theatre”.
- Completed the two years Diploma Course conducted by Department of Catechesis, Archdiocese of Ernakulam – Angamaly.

### **ACTIVITIES AND ACHIEVEMENTS**

- Organised a Free Medical Eye Camp in association with Eye Vision Hospital, Koorkanchery for the community people in Adat Grama Panchayat, Thrissur.
- Conducted an awareness class for the students in St. Mary’s U. P School, Ambekkad, Thrissur on the topic “Child Rights, Cyber Crimes and all the other problems connected to children”.
- Conducted an awareness class for the senior citizens in 12<sup>th</sup> ward of Adat Grama Panchayat, Thrissur on the topic “Physical, Social & Psychological Problems of Old Age People”.
- Acquired Fifth position in 57<sup>th</sup> Kerala State Schools Games Championship 2013-2014.
- Acquired Fourth position in the Kerala State Schools Zonal Championship 2013-2014.
- Acquired ‘A grade’ in English Skit, HSS General held under Mala Educational Sub District as part of Kerala School Kalolsavam, 2012-2013.
- Acquired ‘Rashtra Bhasha Premi Puraskar’, held under Mala Sub District as part of Hindi Adhyapak Samithy, Thrissur District.
- Acquired First position in Basket Ball, Second position in Volley Ball and Kho-Kho, Third position in Kabaddi, held under Mala Sub District School Games, 2013-2014.
- Acquired Third position in the RCJPS Decennial Cup-National Inter School Basket Ball Tournament conducted by Rajagiri Christu Jayanthi Public School, Kakkanad, 2010.
- Acquired First position in the Don Bosco All Kerala Inter School Basket Ball Tournament, held at Don Bosco Higher Secondary School, Irinjalakuda, 2010.
- Acquired First position in Basket Ball Championship held at Prajyoti Niketan College, Pudukad 2015-2016.

### **HOBBIES**

- i) Dancing
- ii) Listening Music
- iii) Playing Basket Ball
- iv) Driving
- v) Volunteer Works

**PERSONAL DOSSIER**

Date of Birth : 21.11.1995  
Age : 23 years  
Sex : Female  
Religion : Christian (RC Syrian)  
Languages known : Malayalam, English, Hindi, Tamil  
Marital Status : Single  
Nationality : Indian

**DECLARATION**

I, Fexina Seby, hereby declare that the information and facts stated above are true to the best of my knowledge and belief.

Place: Chalakudy

Date:

Fexina Seby