

# **SEBIN BABU**

# Physiotherapist

### AREAS OF EXPERTISE

Musculoskeletal physiotherapy

Orthopaedics

Stroke management

Sports injuries

Patient care

Neurological conditions

Multiple Sclerosis

### PERSONAL SKILLS

**Professional Mannerisms** 

Patient Handling

Listening skills

#### PERSONAL DETAILS

SEBIN BABU kottackalmaliyil sh mount p.o kottayam pin 686 006 M: +91 9633350892 E: sebinbabu15@gmail.

DOB: 26/11/1994 Driving license: Yes Nationality: Indian

#### PERSONAL SUMMARY

A highly motivated, confident individual with exceptional multi-tasking and organisational skills. Able to communicate effectively and sensitively with patients and carers to maximise the rehabilitation of patients and to ensure understanding of often complex clinical issues impacting on recovery. Excellent client facing skills and the ability to work closely with other health care professionals to assess a patients needs and devise suitable treatment plans for them.

Ready and qualified for the next stage in a successful career and looking forward to making a significant contribution as a physiotherapist.

### WORK EXPERIENCE

SH medical centre hospital

PHYSIOTHERAPIST november 2018 present

Provide physiotherapy and treatment for both outpatients and inpatients. Responsible for managing a clinical caseload, providing physiotherapy assessment and treatment to the highest standard.

#### Duties:

- Providing a high standard of physiotherapy service to patients.
- Organising & prioritising own workload & delegating responsibilities accordingly.
- Ensuring that equipment used in carrying out physiotherapy duties is safe.
  - Involved in ward rounds, meetings and case conferences.
  - Supervising and teaching recently qualified physiotherapist assistants.
  - Evaluating, planning and delivering care plans in response to complex needs.
  - Based in various clinical settings i.e. neuro-rehab, community, wheelchairs.
  - Reporting all complaints/incidents to senior managers & documenting them.
  - Implementing relevant standards and policies.
  - Involved in a patients pre-admission and follow-up care.
  - Prioritising urgent referrals and emergency cases.
  - Working with respiratory, orthopaedic, acute neurological and multi-pathology patients.

#### KEY SKILLS AND COMPETENCIES

- Able to manage escalations, issues and risks.
- Experience of dealing with emotional and stressful situations.
- Can motivate others through effective communication skills.
- Able to deal with hostility in the form of verbal and physical aggression.
- Ability to work independently in busy environment.
- Highly developed dexterity, co-ordination and palpation skills for assessment.
- Fully aware of fire, health & safety and other departmental policies.
- Flexibility to work weekends on rotational basis.

## **ACADEMIC QUALIFICATIONS**

Bachelor of Physiotherapy school of medical education, MG University kottayam 2012- 2017

MT seminary hss kottayam 2010 - 2012

CMS college hss kottayam 2005 - 2010

REFERENCES - Available on request.