

# SINUMON KURIEN

## CURRICULUM VITAE



Contact Number +919544542582

: +917356833784

### POST APPLIED FOR: STAFF NURSE (MALE)

#### Personal Details

Name : **SINUMON KURIEN**  
Father's Name : **K M KURIEN**  
Languages Known : **English, Hindi, & Malayalam**  
Permanent Address : **kizhakkanadiyil (House),  
Piravom (P.O), Piravom  
Ernakulum (Dist.),  
Kerala – India. Pin: 686664**  
Present Address : **Same Above**  
Date of Birth : **19- 03-1986**  
Sex : **Male.**  
Religion : **Christian**  
Marital Status : **Single**  
Nationality : **Indian**  
E-mail ID : **sinumon009@hotmail.com**

#### Career Objective

**Seeking the position of Registered Nurse in a challenging healthcare center where exceptional combination of theoretical and clinical skills is required to effectively perform the standard nursing procedure of assessing, planning, implementing, and reviewing patients care plan.**

#### Summary

**10 Yrs.Ofpost registration experience in nursing profession. 6 yrs. Clinical Experience as a Staff Nurse in EMERGENCY & TRAUMA CARE unit and ACLS AMBULANCE SERVICE in India.**

**4 year experience in construction line project as Occupational Nurse in ARABIAN CONSTRUCTION COMPANY Jizan at K S A.**

**BLS&ACLS Provider Certificate (AHA 2015), ITLS Certified (Valid up to 2020), Indian 4 wheeler license valid up to 02/10/2031.**

#### Professional Qualification

**Diploma in General Nursing & Midwifery from Miranda School of Nursing, Yelahanka new town Bangalore, Karnataka , India. In the year of 2008.**

# SINUMON KURIEN

Registration No : 04DN 20354  
Registration state &country : Karnataka India  
Registration Date : 06/01/2009  
License Number : 109205 (KNC)  
License type : Life Member

## Registered Nurse skills & Qualification

CLINICAL : ACLS&BLS Provider Certificate, 2015  
Guidelines from AHA.  
VALID FROM : May 2019 TO April 2021.

Intermediate : Higher secondary  
University : Board of higher secondary examination  
Board of Public Examination : S.S.L.C. Board of Public Examination, Kerala  
Board

## Experience Details

1 Company Name : Arabian Construction Company.  
(www.accsal.com)  
Site No S-11 Al Daier Jizan.  
MOI HOUSING PROJECT –Gizan, K.S.A  
Post Held : Male Nurse  
Wok Period : 14 – 03- 2015 to 31-03-2019  
Employee capacity : 7000  
Ward/ unit : Medical Emergency Clinic. & Ambulance service.  
Beds : 7 beds.  
Notice period : ASAP

## Roles and responsibilities.

- Promotes and restores patients' health by completing the nursing process; collaborating with physicians and multidisciplinary team members; providing physical and psychological support to patients, friends.
- Documents patient care services by charting in patient and department records.
- Contributes to team effort by accomplishing related results as needed.

2. Hospital Name : MAX SUPER SECIALITY HOSPITAL  
Shalimar Bagh, New Delhi. INDIA.  
Phone: +911149782222.66422222.  
Post Held : As a Registered Nurse  
Work Period : 01 – 08- 2011 to 07-12-2014  
Bed capacity : 300 Beds

# SINUMON KURIEN

Ward/ unit : Emergency Care Unit & Ambulance service.

## Roles and responsibilities.

- Identifies patient care requirements by establishing personal rapport with
- Potential and actual patients and other persons in a position to understand care requirements.
- Establishes a compassionate environment by providing emotional, psychological, and spiritual support to patients, friends, and families
- Promotes patient's independence by establishing patient care goals; teaching patient, friends, and family to understand condition, medications, and self-care skills. Answering questions.
- Maintains safe and clean working environment by complying with procedures, rules, and regulations, calling for assistance from health care support personnel.
- Documents patient care services by charting in patient and department records.

3. Hospital Name : FORTIS ESCORTS HOSPITAL.  
Faridabad .Haryana. INDIA  
Post Held : Staff Nurse  
Work Period : 02 – 03- 2009 to 30-05-2011  
Bed capacity : 210 Beds,  
Ward/ unit : Emergency Care Unit & Ambulance service.

## Duties & Responsibilities.

- Resuscitation. Airways maintenance
- Initiate iv therapy,
- Asst. Doctors in emergency endotracheal intubation, tracheostomy cricothyrotomy, arterial line, and central line insertions, chest tube insertions,
- NG tube insertions (etc.)
- Asst. With the orientation of new staffs and nursing aid to the new ward and their duties.
- Responsible for maintaining ward inventories and ward stocks as per policies
- Checking and administering blood and blood products and monitoring the patients.
- Blood extraction for investigation from arterial and venous line.
- Performing **C P R** as per **A H A** latest Guidelines
- Cardiac output monitoring.
- Vitals checking and monitoring.
- Administering antibiotics, inotropes and monitoring the patient.
- Maintain intake and output record.
- Provide psychological support to the patient and relatives.

## **Equipment Familiar with**

Ventilators, Multiparamoniters,,AED Machine, Defibrillators, ECG Machines, Infusion Pump, Syringe pump, Pulse Oximeter, Suction Apparatus, Nebulization Machines, Glucometer, Ambu Bag, Laryngoscope, Oxygen Flow Meter ..... Etc.

## **Responsibilities Undertaken**

- Admit and Discharge the patients.
- Maintain personal hygiene and comfort of the patient.

# SINUMON KURIEN

- Attend nutritional and psychological needs of the patients.
- Maintain clean and safe environment.
- Assisting doctors in various medicals and surgical procedures.
- Collecting laboratory specimens including ABGs.
- Recording and reporting.

## Other Management & Ward Management

- Care of patient on Ventilator.
- Assisting doctors for all procedures like inserting ICD, Arterial line, Central line, Foleys Catheterization, NG tube Insertion, pleural and ascites Tapping, Intubations, Tracheostomy, (etc).
- Keep the ward neat and tidy.
- Maintain safety of the BME equipments.
- Prepare and check ward equipments.

## Reference.

<b>Mrs. PADMA JAYAPRASH</b>	<b>MR. JUDE B JOSEPH</b>
<b>DEPUTY NURSING SUPERINTENDENT</b>	<b>HSE MANAGER</b>
<b>MAX SUPER SPECIALTY HOSPITAL</b>	<b>ARABIAN CONSTRUCTION COMPANY</b>
<b>SHALIMAR BAGH ,</b>	<b>MOI HOUSING PROJECT</b>
<b>NEW DELHI 88, INDIA.</b>	<b>GIZAN- KSA</b>
<b>Mob: +919871980932.</b>	<b>Mob: + +966594755266</b>

## Declaration

I hereby declare that all statements made in this application are true, complete, correct to the best of my knowledge and belief.

Place:

Date:

**SINUMON KURIEN**