

CURRICULUM VITAE

SINI.S

VIRIPPUKANDAM HOUSE,
MANJUMMEL P.O
UDYOGAMANDAL
ERNAKULAM DIST,
KERALA, INDIA.
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CAREER OBJECTIVE

Seeking a suitable job to achieve professionalism and proficiency in Nursing by working in specialized clinical areas through which I can prove myself in contributing to the benefit of my employer, which is to be a part of ever growing organization. I commit myself to the maintenance of excellence in my service for the benefit of humanity by giving health care of international standards.

| | | |
|-------------------|---|--|
| NAME | : | SINI. S |
| NAME OF FATHER | : | RAJAN. V |
| DATE OF BIRTH | : | 17-05-1981 |
| GENDER | : | FEMALE |
| RELIGION | : | HINDU |
| CASTE | : | EZHAVA |
| MARITAL STATUS | : | MARRIED |
| NAME OF SPOUSE | : | ANILKUMAR P.T |
| NATIONALITY | : | INDIAN |
| LANGUAGES KNOWN | : | MALAYALAM, ENGLISH, HINDI, TAMIL |
| PERMENENT ADDRESS | : | VIRIPPUKANDAM HOUSE MANJUMMEL P.O, UDYOGAMANDAL ERNAKULAM DIST. KERALA, INDIA |
| Contact Number | : | +91-9496639332, 9539988992 |

ACADEMIC QUALIFICATION

| Course | Institution | Board/University | Year of Passing | Percentage |
|---------|---|---------------------------------|-----------------|------------|
| S.S.L.C | Govt.DVHSS Charamangalam Mayithara P.O Alappuzha Dist. | Borad of Public Exam, Kerala | 1996, March | 72% |
| P.D.C | S.N.College, Cherthala | University of Kerala | 1998, May | 52% |
| BSc | S.N.College, Charthala | University of Kerala | 2001, April | 65% |

PROFESIONAL QUALIFICATION

| Course | Insitution | Board/University | Year of Passing |
|-------------------------------------|---|---------------------------------------|-----------------|
| Integrated Course in GNM, 3years | Kazaragode Institute of Medical Sciences | Kerala Nursing & Midwifery Council | 2005 |

REGISTRATION HELD

| Council / Association | Registration |
|-----------------------|--|
| Reg. Nurse & Midwife | 46965 Issue Date: 18/01/2018 Valid Up to : 17/01/2024 |

EMPLOYMENT STATUS

| Name of Employer | Bed Capacity | Position Held | Period of Employment | Area At Practice |
|--|--------------|---------------|--------------------------------|-------------------------------------|
| Amrita Institute of Medical Science & Research Centre, Cochin ISO 9001-2000 Certified NABH Approved 1200 Beds | 1200 | Staff Nurse | 03/03/2009 To Till the Date | Neuro & Ortho Post Operative ICU |

CASES OR CONDITIONS SEEN

ORTHO-SURGERIES

Reconstructive surgeries like Total Hip Replacement (THR), Total Knee Replacement (TKR), Hemiarthroplasty, Arthroscopic Meniscectomy Corrective Osteotomy, Open Reduction and internal Fixation (ORIF), Closed Reduction, ACL Reconstruction, Dynamic Hip Screw (DHS) Fixation.

Spinal surgeries like Scoliosis Correction, Corpectomy, Laminectomy and Excision, Lumbar Discectomy, Hemivertebrectomy, Minimal Invasive Lumbar Discectomy.

NEURO-SURGERIES

Various types of Tumor Excision like Schwannoma, Meningioma, Glioma, Astrocytoma and Craniotomy, Aneurysm Clipping, Stereotactic Biopsy, Transphenoidal Hypophysectomy.

Anterior Corpectomy, fusion & Fixation, Burr-Hole Evacuation, Ventriculo-Peritoneal Shunt, Endoscopic third Ventriculostomy, Lumbar Discectomy, Laminectomy, Spinal Instrumentation, Meningocele Repair, Cerebellopontine Angle Tumor Excisions etc.

PROFESSIONAL WORK – EXPERIENCE

- 1) Presently working in Neuro and Ortho Surgical ICU, In M/s.Amrita Institute of Medical Sciences And Research Centre at Cochin, as a Senior Staff Nurse and Team Leader since 2009.

ICU has a total capacity of 14 beds. The various super specialty wings include Cardiovascular and Thoracic Surgery, Gastro medicine and Surgery, Orthopedics Trauma care, Nephrology, Gynaecology and obstetrics, Urology, Ophthalmology, Endocrinology, Neuro Medicine and Surgery, Oncology, Dialysis, Pain and Palliative unit, ENT, Psychiatry, Podiatry, General Medicine, Nuclear Medicine, Telemedicine, Dental, Paediatrics and Pulmonology Our institution provide world class health care services by delivering patient centered treatment with the aid of committed and well trained team of health care professionals utilizing most modern technology and resources.

The institution also enhances competence of staff by providing in-service education and research activities. I attended almost all types of emergency medical cases and accident cases at mayo medicals casualty.

- 2) Worked as a Staff Nurse in M/s. Pushpagiri Medical College Hospital, Tiruvalla from 2006-2007 in Medical ICU.

It is a 900 bedded Medical College Hospital with all major departments and specialities of General Medicine, General Surgery, Plastic Surgery, Neuro Surgery, Cardiology, Urology, Orthopedics, Obstetrics and Gynaecology, Paediatrics, Gastroenterology, Neonatology, Psychiatry, ENT, Nephrology and Dialysis Unit, Dental, and Whole Body CT Scanner.

- 3) Worked as a Staff Nurse - After the completion of General Nursing and Midwifery Course internship in M/s.Kasaragod Institute of Medical Sciences, Kasaragod, for a period of one year Since 2005-2006, in ICCU and Medical and Surgical ward.

DUTIES AND RESPONSIBILITIES

1. Assess, Plan and implement care based on patients need and evaluate nursing care rendered.
2. Prompt monitoring of critically ill patient.
3. Initiate C.P.R. during cardio pulmonary arrest.
4. Taking care of patient with ventilators.
5. Accurate documentation
6. Perform IV cannulation, IVF therapy and blood transfusion.
7. Independent nursing action include insertion of nasogastric tube, Foley's catheter, blood sample collection, Chest physiotherapy, dressing etc.
8. Assist physician for procedures like Endo tracheal intubation, tracheostomy tube insertin, bone marrow aspiration, lumbar puncture, thoracentesis, and abdominal tapping, CVP and arterial line insertion, Sengastaken tube insertion.
9. Provide health teaching and psychological support to the patients.
10. Preparation of reports and updating of records.
11. Receiving and handing over reports to the Head nurse and Doctors
12. Setting up of ICU, Equipments, such as Cardiac monitor, Ventilators, defibrillator, E.C.G Machine ready to use.

DEVICES HANDLED

1. Ventilators (Servo, Benett 740, 840,; Siemens-300, 900; Engstrom)
2. BIPAP.
3. Defibrillator
4. Cardiac Monitor
5. Infusion Pump
6. Syringe Pump
7. Glucometer
8. Nebulisation system
9. Bair Hugger
10. Warmer
11. Cryocuff
12. Walker
13. CPM Machine

14. Spirometer
15. Aircushion
16. Oxygen Delivery System (Cylinder, Centralized)
17. Suction Apparatus
18. Hydraulic Bed
19. ECG Machine
20. ABG Analyser

DECLARATION

I, hereby declare that all the information furnished above are true to the best of my knowledge.

Place : Manjummel

Date :

SINI.S

REFERENCE

- 1) Mrs.Rejimol
Nursing Supervisor
Amrita Institute of Medical Sciences and Research Centre
Kochi, Kerala, India Phone: 0484 2801234
- 2) Mrs.Lissy Arun
Nursing In-charge
Ortho Neuro ICU
Amrita Institute of Medical Sciences and Research Centre
- 3) Mrs. Leena Rodrigues
Principal
School of Nursing
Kasaragode Institute of Medical Sciences
Kasaragode, Kerala

