

## CURRICULUM VITAE



Name : SUNITHA S. NAIR

Date of Birth : 21/02/1989

Father's Name : Sukumaran Nair V.K

Nationality : Indian

Marital Status : Married

Religion : Hindu

Gender : Female

Permanent Address : Monippallil (H)  
Koodalloor P O  
Kottayam (DIST), Kerala  
India  
PIN 686587

Kerala Nursing Council: 94336 (Valid up to 26<sup>th</sup> December 2023)  
Register No.

Contact No : +919526733098 (Kerala)  
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E-mail ID : sunithanair212@gmail.com

Languages Known : English, Hindi, Malayalam, Kannada  
and Telugu

Passport details : Passport No-K7231103  
Name-SUNITHA  
Surname-SUKUMARAN NAIR  
Place Issued-Cochin

**ACCADEMIC QUALIFICATIONS:**

Govt. HSS Kadappoor	SSLC	2004
Govt. VHSS Vayala	Plus Two	2006

**PROFESSIONAL COURSES:**

Sr no	Institution	Courses	Period / Duration
1	Dr. Ambedkar school of Nursing, Bhadravathi, Karnataka	Diploma in Nursing	2007 TO 2010

**EXPERIANCE DETAILS:**

Hospital	Type of Employment	Period	Years of experience
Kamineni Hospital, Hyderabad Telangana. India Size of Hospital: 350 Bedded Super multi-specialty hospital.	Staff Nurse in ward	14/10/2010 To 07/10/2011	1 year
Wockhardt Hospital, Nashik, Maharashtra, India NABH Accredited	Staff Nurse in EMERGENCY Department	23/12/2011 To 29/06/2013	1 year and 6 Months
Al-Thawra modern General Hospital And Teaching Centre, Sann'a Yemen	Staff Nurse in ER ICU	13/2/2014 TO 31/03/2015	1 Year and 1 Month
Aster Medcity, Cochin, Kerala, India (JCI NABH Accreditation, NABH Accreditation in Nursing Excellence, NABH Accredited Emergency department.	Staff Nurse in EMERGENCY Department	04/05/2015 TO 1/07/2017	2 Years and 3 Months

### **EQUIPMENTS HANDLED:**

Ventilator, Physio machine, Cardiac Monitor, ECG machine, Defibrillator, Glucometer, Syringe Pumps, Infusion Pumps, ABG Machine, Alpha bed, Suction Machine, Temperature Control Blanket and Blood Warmer.

### **NURSING RESPONSIBILITIES:**

- Receive Shift Reports
- Performs assessment & documentation of assigned patients
- Identifies Problems & needs of the patients
- Re evaluates & documents all relevant information & completes care plan
- Recognize conditions or situations requiring immediate action & takes initiative to appropriate
- Makes nursing rounds & accompanies physician on rounds
- Observe infection control policy on procedures
- Administers medications according to hospital policy
- Check & records vital signs & report any abnormalities to physician
- Check emergency trolley & inventory regularly
- Participate in seminars like CPR, BLS.
- Maintain good moralities and multidisciplinary team members
- Perform procedures like I.V. Cannulation, Foley's catheterization, aseptic wound cleaning, naso-gastric tube insertion, CVP monitoring, administration of medication, blood collection, IV therapies, blood transfusion etc.
- Assist with procedures like lumbar puncture, intubation, CVP insertion, bone marrow biopsy, etc.

- Documentation in a proper manner
- Perform Nursing assessment of all patients.
- Cardiac Monitoring & observing vital signs.
- Assist physician during procedures like CVP insertion, Tracheostomy etc.
- Proper administration of medications.
- Work as a noble team member.
- Provide health teaching to patient and relative.
- Maintaining inventories.
- Act as a hospital CODE BLUE team member.

#### **SPECIAL QUALIFICATION**

- Act as a Preceptor.

#### **COMPUTER SKILLS:**

- Computer basics
- MS word, MS office Tools
- Familiar with Internet and surfing

#### **PERSONAL STRENGTH:**

- Competitive
- Tolerant
- Efficient & hard working

#### **DECLARATION**

I hereby declare that the above furnished information is complete and true to the best of my knowledge and belief.

Thanking you,

SUNITHA S NAIR

PLACE : Koodalloor

DATE : 06/06/2019