

CURRICULUM VITAE

STEFFY JOSE

Veliyil House

Madayikonam P.O-680712

Mapranam

Thrissur

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CAREER OBJECTIVE

To obtain a respectable position in your organization which will enable me to use my talents, creatively and ability to the maximum and contribute to the growth of organization as well as myself.

PERSONAL DETAILS

- Father's Name : JOSE THOMAS
- Date of Birth : 07-07-1995
- Sex : Female
- Marital Status : Single
- Nationality : Indian
- Mother Tongue : Malayalam
- Languages Known : English ,Hindi,Kannada & Malayalam
,Tamil
- Religion and Caste : Christian-Latin

ACHIEVEMENTS

- Dedication and sincerity towards work
- Positive thinking towards work
- Honesty and Punctual
- Communicative skill

ACADEMIC QUALIFICATION

Course	Board /University	Year of Passing	% of marks
S.S.L.C.	Board of Public Examination	2010	98
Plus Two	Board of Higher Secondary Examination	2012	90

PROFESSIONAL QUALIFICATION

Course	Name of the Institution	Board /University	Duration
B.Sc.Nursing	Tadikela Subbaiah	Rajiv Gandhi University of	2013
	College of Nursing	Health Science Karnataka	To
	Shimoga		2017

TRAINING CENTRE DURING COURSE

- ❖ MAXX Super Specialty Hospital ,Shimoga, Karnataka
- ❖ Subbaiah Medical College, Shimoga, Karnataka
- ❖ Manasa Trust Nursing Institute , Shimoga, Karnataka

PROFESSIONAL EXPERIENCE

4 years of Clinical practical experience in various department such as Medicine , Surgery , Obstetrics ,Gynecology ,Pediatrics ,Oncology, Operation Theater ,Administration ,Nursing Research, Nursing Education , Intensive care unit and Psychiatry Department during the training period of B.Sc. Nursing Course

JOB DISCRIPTION

Bed making , Use of comfort devices , Checking Vital Signs , Collection of specimen , Bed bath , Bed Shampoo ,Pereninal care , Application of splints, activities and exercise , Admission , Transfer and Discharge of patients, Ryles Tube insertion, FHS monitoring , Gastric Lavage, IV Infusion , Flatus Tube insertion, Stomach wash, Colostomy care, Oxygen Inhalation and Newborn care, Gowning, ABG Analysis ,

THERAPEUTIC MEASURES

Cold Application, Hot Application, Insertion of suppositories , Inhalation , CPR, First Aid Measures, Care of Wound, Suture Removal , Bladder wash , Fumigation, Surgical preparation , Sterilization ,Chest Physiotherapy .

EQUIPMENT USED

Glucometer , Pluse Oxymeter , Suction Machine, Portable and Centre ,Hot water bag, Thermometer, BP Apparatus , Stethoscope, AMBU Bag,ECG Machine , Oxygen Cylinder,CPAP.

REGISTRATION

Karnataka State Nursing Council Reg,No. – 90167

Professional Work Experience

1. **HCG Cancer Hospital ,Bangalore**

Period	Position	Area of Practice	Working Hours
24-11-2017 to 29-03-2019	Staff Nurse	MEDICAL WARD	6 hours/day

Hospital Profile : 280 bedded under Ministry of Health,
Karnataka.

Cases Handled : Chemotherapy and Supportive Care Patients

Equipments used : Defibrillator, Cardiac Monitor, ECG
Machines, Glucometer, Syringe Pump,
Ultra Sonic Nebulizer etc...

Special Procedures Done

IV Canulation, Folley's Catheter Insertion, Wound Dressing and Suture Removal, GRBS test, Gastric Lavage, Bladder Irrigation Blood and Blood Products Transfusion, Parenteral Nutrition, Ryles Tube Insertion etc...

Special Procedures Assisted

CPR, Ascitic and Pleural Tapping, Bone Marrow Aspiration, Picline Insertion And Dressing, Chemoport Needle Insertion And Dressing etc.

Duties and Responsibilities

- *Organize, implement and evaluate all patients care activities*
- *Taking Nursing History of newly admitted patients, implement and develop initial Nursing Care*

- *Assist Physician during rounds performing examinations, treatment and procedures*
- *Administer medication and treatment efficiently*
- *Initiate, administer and monitor IV Therapy.*
- *Educated the patient regarding BMT procedure*
- *Management of Post BMT patients*
- *The necessary education and guidance providing the patients as well as their family as and when required.*
- *Training and supervision of newly appointed Nurses and Nursing students.*
- *Participating in service education*
- *Taking care of patients with various blood cancer*
- *Acts as a liaison between Hospital personnel.*
- *Convince the patients and their family for the roles in promoting successful therapy and rehabilitation.*
- *Maintain cleanliness and orderliness of patients at all time.*
- *Demonstrate and awareness of Fire Hazard and the necessary precautions to be taken in the event of fire.*
- *Attend and participate in ward meetings and conferences*
- *Escort patients to other Hospital for special treatment and investigations.*

DECLARATION

I hereby declare that all statements made in this application are true and correct to the best of my knowledge and belief . Give me an opportunity and it will be my

sincere and prove my work by putting my heart and sole to a profession that I am deeply committed .

Place : Mapranam

Date :

STEFFY JOSE