

SHALINI J MATHEW

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EDUCATION

North Carolina Agricultural & Technical State University, Greensboro, NC

PHD in Rehabilitation Counseling and Rehabilitation Counselor Education, May 2019.

- Council for Accreditation of Counseling & Related Educational Programs (CACREP) Accredited Program
- GPA: 3.94

Martin Luther Christian University, India

Master of Philosophy in School Counseling, August 2014

- GPA: 4.00

Mahatma Gandhi University, India

Master of Science in Health and Behavioral Science, December 2004

- GPA: 4.00

Mahatma Gandhi University, India

Bachelor of Science in Family and Community Science, June 2002

- GPA: 4.00

HIGHER EDUCATION EXPERIENCE

Office of the Strategic Planning and Institutional Effectiveness, North Carolina Agricultural & Technical State University

Institutional Effectiveness Specialist (Graduate Assistant), August 2017- Present

- Editing and keeping track of Taskstream (TaskStream is a web-based assessment data management software that serves as a repository for planning, assessment, and continuous improvement work. TaskStream is designed to help degree programs, departments, and administrative units manage content, resources, and communication for all assessment processes. The platform provides a centralized hub for information that can be used to improve institutional planning, curriculum development, assessment processes, and student learning).
- Assisting assessment and evaluation, strategic planning, data application for decision making, and accreditation.
- Graduate/Undergraduate Transcript Analysis
- Using Qualtrics to build surveys.
- University website management using Cascade (Web content management system)

Center for Behavioral Health & Wellness, North Carolina Agricultural & Technical State University

Counseling Practicum, CIT- Aggie Emerging Scholars Program January 2018 – May 2018.

AESP is an academic recovery program that has been designed to assist Emerging Scholars at NCAT not meeting satisfactory academic progress. The mission of the program is to help students recover from past academic difficulties, regain good academic standing, and maintain good academic progress after the completion of the program.

- Met one-on-one with students during appointments and drop-in hours to assist with academic recovery, study skill training, interpersonal wellness training, financial literacy training and career skills training.
- Instructed students on how to utilize Grades First, an online student success tool.
- Assisted the special assessment project to measure student satisfaction with AESP.
- Facilitated groups to improve the AESP.

Department of Counseling, North Carolina Agricultural & Technical State University
Graduate Intern (Counselor Education & Supervision Internship), August 2018- Present

- Teaching- COUN 709(Statistics and Research Method), COUN 770(Applied Research in Counseling)
- Supervision- COUN 784 (Practicum), COUN 785(Internship I)

Department of Counseling, North Carolina Agricultural & Technical State University
Graduate Assistant, January 2017- May 2017

- Assisting faculty in research and teaching

ADDITIONAL EXPERIENCE

Santhula Trust Hospital, India

Mental Health Counselor & Hospital Administrator, April 2009- July 2016

- Was able to set up a child clinic in the hospital which caters to the needs of children with ADHD, SLD, and CD
- Conducted two National Conferences in collaboration with Rehabilitation Council of India, on Poor Scholastic Performance-A Clinical Perspective with special reference to Remedial Training and Neurological Rehabilitation in SLD.
- Was a facilitator in the First International Conference conducted by the hospital-SUDARSANAM-Building bridges between spirituality and the science of mind.
- Actively involved in Project planning of the De addiction ward in connection with the state government scheme.
- Financial planning of the day-to day activities of the hospital.
- Recruitment and training of new employees in the administrative wing of the hospital.
- Search Committee member for selecting nursing staff

National Institute of Fire & Safety (NIFE), India

Career Counselor & Branch Head, December 2004- March 2009

- Periodic counseling sessions for students studying at the institute.
- Conducted assessments, evaluations and special tutoring for the students.
- Developed and implemented programs to encourage student participation.
- Parental counseling.
- Career guidance for final year students.
- Coordinator of the placement cell for successful students.
- Project planning and implementation

COMMUNITY SERVICE

KMM Geriatric Hospital, India

Part-time Volunteer, January 2004-July 2004

- Palliative care for terminally ill.

- Working with people who are aged and with mental illness and physical disabilities.
- Grief counseling.

Western Guilford Middle School, Greensboro, NC

- 8th Grade Parent representative in the Western Guilford Middle School (Greensboro, NC) Leadership Team.

RESEARCH EXPERIENCE & PUBLICATIONS

- Mathew, Shalini., Khan, Amber., Gay, Yasmin., Augustine, Shirlene., Whittaker, Tyra. (2018). Case Management in Allied Health. Case Management for the Health, Human, and Vocational Rehabilitation Services Aspen Publishers.
- Mathew, Shalini., Khan, Amber. (2018). Recognizing unique challenges faced by immigrants and recommendations for providing effective counseling services. *AMCD Newsletter*.<https://multiculturalcounselingdevelopment.org/wp-content/uploads/2018/08/AMCD-Newsletter-2018-Web-revised.pdf>
- Mathew, Shalini., Gay, Yasmin., & Brooks, Michael. (2018, October). *Do Counselor Education Programs in HBCU's Promote Wellness in their Students?* Round Table session presented at SACES, 2018, Myrtle Beach, SC.
- M Phil dissertation- 'A comparative study of Coping and Perceived Social Support among Adolescents with and without Specific Learning disabilities' (2014).
- Master's dissertation- 'Emotional Maturity and Self Esteem of Adolescents with Hearing Impairments' (2004).
- Presentation on Remedial Training and Neurological Rehabilitation in Specific Learning Disabilities at the National Conference- Poor Scholastic Performance-A clinical perspective (*Continuing Medical Education Program*)
- Presentation on 'Spiritual Dimensions in the treatment of Geriatric Depression' at the 6th Biennial International Orthodox Psychotherapy Conference.

HONORS

- Langston University ARRT (Advanced Rehabilitation Research Training) External Advisory Panel Member (2017-18)
- University First Rank holder for undergraduate and graduate program (Mahatma Gandhi University, India- 2002, 2004)
- Institutional Effectiveness Council Member (Assessment & Evaluation Advisor) at North Carolina Agricultural & Technical State University (May 2019-present)

PROFESSIONAL ASSOCIATIONS

- American Counseling Association (2016-present)
- Association for Counselor Education and Supervision (2016-present)