

CURRICULUM VITAE

NEETHU MATHEWS

TC 14/514 (1)

KAKKASSERY HOUSE

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KUMARAPURAM

MEDICAL COLLEGE P.O

TRIVANDRUM

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PROFILE:

A determined 2nd year Masters student with optimal academic caliber, ready to work positively, explore and develop further career opportunities as well as learn and enhance self's knowledge at your place.

CAREER OBJECTIVE:

- Seeking an opportunity in an organisation where I can make effective contribution of my knowledge, develop and enhance my skills, updating myself, adding value in everyday work and there by achieving self satisfaction throughout my career.
- To obtain a position with a progressive health organization which will offer an opportunity to learn & grow with the organization & provide the patients with positive health result.

EDUCATIONAL EXPERIENCE:

- Presentations held at college related to Nutrition and Dietetics.
- Has done community based projects on Family Health Assessment, Dietary Assessment and has also counselled them about health and diet.
- Has done various hospital based case study presentations and collected their dietary recall, counselling the patients for the same.
- Currently doing 6 month internship in a Multispeciality Hospital Aster MIMS, Calicut as a part of 4th semester post graduation.

- Done research project on the topic ‘Comparison of Blood Glucose Control in Type 2 Diabetics on Oral Antidiabetic drug versus Oral Antidiabetic Drug and Home Remedies’ at Kasturba Medical College, Manipal.

EDUCATIONAL QUALIFICATION:

Degree/ Qualification	School/Institute	Board/University	Marks obtained	Year of Completion
MSc. Dietetics & Applied Nutrition	Welcomegroup Graduate School of Hotel Administration	Manipal Academy of Higher Education, Manipal	GPA - 9.70	1 st semester
			GPA - 9.46	2 nd semester
			CGPA- 9.57	1 st year
			GPA- 10	3 rd semester
BSc Medical Laboratory Technology	Govt. Medical College, Thiruvanantha puram	Kerala University of Health Sciences, Kerala	67.3%	2016
Higher Secondary Education	Carmel Girls Higher Secondary School, Trivandrum	Board of Higher Secondary Examination	92% 5A+, 1 A	2012
SSLC	Holy Angels Convent School, Trivandrum	Kerala State Board	9A+, 1B+	2010

ADDITIONAL QUALIFICATION:

- Computer proficiency: MS Office, DIET CALCULATOR, SPSS.
- Completed 3 months ‘Certificate Course in Yoga’ conducted by Division of Yoga, CIMR, MAHE, Manipal from September to November 2018 and earned 3 credits.

- Have completed an online course in ‘SCIENCE OF EXERCISE’ from University of Colorado.
- Have completed an online course in ‘SIT LESS, GET ACTIVE’ from University of Edinburgh.
- Have completed an online course in ‘Diabetes the Essential Facts’ from University of Copenhagen.
- Have completed an online course in ‘Understanding Obesity’ from University of Edinburgh.
- Have completed an online course in ‘Food and Beverage Management’ from University of Bocconi.
- Have completed an online course in ‘Diabetes a Global Challenge’ from University of Copenhagen.
- Have completed an online course in ‘Nutrition and Lifestyle in Pregnancy’ from Ludwig Maximilians Universitat Munchen.
- Have completed an online course in ‘Doping: Sports, Organisations and Sciences’ from University of Lausanne.
- Have completed an online course in ‘Understanding Prostate Cancer’ from John Hopkins University.
- Have completed an online course in ‘Understanding Cancer Metastasis’ from John Hopkins University.
- Have completed an online course in ‘Introduction to Biology of Cancer’ from John Hopkins University.
- Have completed an online course in ‘The Science of Stem Cells’ from Emory University.
- Have completed an online course in ‘Bacteria and Chronic Infections’ from University of Copenhagen.
- Have completed an online course in ‘DNA decoded’ from McMaster University.
- Have completed an online course in ‘Healthcare Innovation and Entrepreneurship’ from Duke University.
- Have completed an online course in ‘HPV Associated Oral and Thrush Cancer’ from Icahn Schhol of Medicine at Mouth Sinai.
- Have completed an online course in ‘Biohacking your Brains Health’ by Emory University.

- Have completed an online course in ‘Healthy Practices: Nutrition, Physical activity and Community and Family Participation’ from University of Colorado System.
- Secured 1st prize in Quiz Competition held on 1st September on National Nutrition Week at Welcomegroup Graduate School of Hotel Administration.
- Attended, The National Nutrition Conference- NUTRICON 2018, held on 19th and 20th January 2018 at Justice K.S Hegde Medical Academy, Mangaluru.
- Attended 10th Apollo International Clinical Nutrition Update 2018 with the theme ‘Enhancing Clinical Nutrition Practice’ held on 4th and 5th August, 2018 at Chennai, India.
- Attended CNE on World Diabetes Day on the theme ‘An Interprofessional Approach to Diabetes Care: Every Family’s Concern’ held on 14th November 2018 at MAHE, Manipal.
- Attended, ICU Nutrition Updates 2019 held on 31st March 2019 at Baby Memorial Hospital, Calicut.
- Attended one day international workshop on ‘Genetics as a Tool in Dietary Assessment’ held on 7th April 2019 at VPS Lakeshore Hospital, Kochi and earned 2 hours credit by Travancore Cochin Medical Council, Kerala.
- Participated in Poster Presentation on the theme “Working together towards advancing cures, transforming care and instilling hope” on the occasion of International childhood cancer day, held on 27th February 2018.
- Participated in Poster Presentation on the theme ‘An Interprofessional Approach to Diabetes Care: Every Family’s Concern’ held on 14th November 2018 at MAHE, Manipal.
- Participated in Illuminate 2017- A series of Pre-Eureka Business Model Workshop organised by The Entrepreneurship Cell, IIT Bombay Hosted by Welcome Group Graduate School of Hotel Administration dated 28th October 2017.
- Attended ‘Clinical Research Regulations and Good Clinical Practice Training Workshop’ organized by Center for Bioethics and Kasturba Medical College & Kasturba Hospital Institutional Ethics Committee, Manipal Academy of Higher Education at Kasturba Medical College, Manipal held on 21st November 2018.
- Attended CPR and First Aid training program organised by Manipal College of Nursing, Manipal as a part of Work Integrated Learning

Program for Sensory Evaluation on Friday 9th November 2018 from 1.30pm to 4.30 pm.

SKILLS:

- Written and oral communication skills.
- Event management skills.
- Demonstrated interpersonal skills and ability to liaise with management, colleagues and clients.
- Flexible and extremely determined.
- Prioritizing the needs.
- Leadership quality.

STRENGTHS:

- As being multilingual, I am very confident about dealing with different types of subjects/patients.
- Effective communicator & an excellent team player with proficiency in managing people.
- Quick learner who can rapidly master all aspects of job with limited training.
- Motivated self-starter with right attitude, problem-solving abilities, and strong work ethic to make a significant contribution to any organization.
- Take responsibility and have high level of dedication to work.

PERSONAL PROFILE:

Name : Neethu Mathews

Father's Name : Mathai K K

Date of Birth : 04/04/1994

Sex : Female

Marital Status : Single

Nationality : Indian

DECLARATION

I hereby declare that all the above furnished information is true to the best of my knowledge and belief and hold myself liable for any misrepresentation.

Place: Trivandrum

Date: 12.04.2019