# ANITHAMOL ACHANKUNJU



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## **PROFESSIONAL REGISTRATION**

• Saudi Commission for Health Specialties.

RegNo:16-J-N-000 7727

• Kerala Nurses & Midwives Council.

Reg. No ;43614

 Karnataka Nursing Council Reg No:07N6205

# ACADEMIC CHRONICLE

Course	University/ Board	Year Of Passed
BSc Nursing	Rajiv Gandhi University Of Health Sciences Karnataka, Bangalore	2011
Higher Secondary PLUS 2	Kerala Educational Board	2007
Matriculation SSLC	Kerala Educational Board	2005

# **OVERVIEW**

- Total 6 years experience in Nursing Field
- ✤ 3 Years experience in Pediatric ICU & 3 Years in Adult ICU As Staff Nurse.
- BSc Nursing
- PALS certification.
- BLS certification

# **OBJECTIVE**

To prove myself dedicated, worthy & energetic in a progressive organization, that gives me chance to apply my knowledge, skills, & be a member of a team to take a challenging, high performance oriented role in the field of medical as a staff nurse.

### WORK EXPERIENCE

# \* King Abdul Aziz Hospital Jeddah, Saudi Arabia

- Designation: Staff Nurse.
  - Department: Pediatric Intensive Care Unit
  - Duration :9<sup>th</sup> May 2016 to 14<sup>th</sup> July2018
  - Department: Temporary Emergency ward
  - $\circ$  Duration: 28<sup>th</sup> May 2015 to 8<sup>th</sup> May 2016

# \* Artemis Hospitals, New Delhi, India

- Designation: Staff Nurse.
  - o Department: Adult ICU
  - Duration :11<sup>th</sup> august 2014 to 17<sup>th</sup> May 2015

# \* Narayana Multispeciality Hospital ,Jaipur , Rajasthan

- Designation: Staff Nurse
  - o Department: Adult ICU
  - Duration:16<sup>th</sup> April 2012 to 1<sup>st</sup> August 2014

# **JOB SUMMARY**

- Administers, direct and coordinates activities of patient care to promote and restore patient's health by completing the Nursing Process within Pediatric Intensive Care Unit.
- Responsible for the recommendation, development and implementation of policies and procedures, patient safety, quality assurance, environmental and infection control in PICU and direction and evaluation of patient care delivery.
- Responsible for the care and maintenance of Hospital equipment's within the unit.

#### **CERTIFICATION**

- BLS Basic Life Support
- PALS Pediatric Advanced Life Support

# STRENGTH

- Excellent knowledge of hospital principles & rules.
- Ability to work as a team member.
- Having positive attitude & integrity. □ Aptitude towards learning.
- Ability to organize & prioritize work.

### PERSONAL VITAE

Birth Date	:	1 <sup>st</sup> may 1990.
Status	:	Married.
Gender	:	Female.
Citizenship	:	Indian.
Religion	:	Christian.
Languages	:	English, Arabic &
Known		Hindi

# **PASSPORT DETAILS**

Passport No	:	L7246202
Place of Issue	:	Cochin
Date of Issue	:	18/02/2014
Date of Expiry	:	17/02/2024

## **DUTIES & RESPONSIBILITIES**

- Assess patients` problem and plan the nursing intensive care as needed.
- ♦ Do a brief physical assessment from head to toe to each patient.
- Check all patients file if documentation is updated and recorded.
- Prepare patients file for Doctor's round
- Carry out all plan of intensive care and doctor's order without delay.
- Check patient's vital signs and record it and nursing action taken.
  Strictly monitor intake and output as required and record it.
- ✤ Administer medication correctly.
- Inserting IV cannula for fluid therapy and collection of blood for various investigations.
- ✤ Management of patients with mechanical ventilator.
- Maintaining patent airway by suctioning & auscultating for adequate air entry.
- Ensure that patients needed cardiac care is immediately attended.
- Assisting in procedures like arterial line insertion, CVP, Lumbar puncture, endotracheal intubation, and chest tube insertion.
- Removal of arterial and venous lines.
- Care of tracheostomy patient.
- ✤ Attend to personal hygiene & pressure care of patient.
- Carry out assigned duties as Team Leader such as,
- Allocate work assignment to relevant staff ➤ Receive and check narcotic/Controlled Drug.
- Serve as a clinical resource person and supervise the nursing staff on duty.
- Provide professional governance and leadership within the unit in the absence of Head and Charge nurse.

### **REFERENCES**

1.Mrs.Samira Mananga Arsa PICU Head Nurse, I.D no:20604 King Abdul Aziz Hospital, Jeddah Saudi Arabia <u>Tel:+966558766554</u> Email:norjim.starlight@yahoo.com

# 2.Dr.Mohammad Ali Wahdain

Consultant Pediatric Intensives I.D no :6218453, King Abdul Aziz Hospital, Jeddah, Saudi Arabia <u>Tel:+966558766554</u> Email:wahdain@gmail.com

### **CASE ENCOUNTERED**

- Respiratory emergencies like ARDS, Acute bronchial asthma, Respiratory arrest, Pneumothorax, Hemothorax, and respiratory infection.
- ➤ Cardiac Emergencies like Cardiac Arrest, VT and VF.
- Diabetic Ketoacidosis, fluid and electrolyte imbalance
- Convulsion, menigocele, hydrocephalous, septicemia
- Crash injuries, drug ingestion, acute appendicitis

### **EQUIPMENT USED**

<ul><li>Ventilator</li></ul>	Laryngoscope
<ul><li>Suction apparatus</li></ul>	> Glucometer
<ul><li>Syrine pump</li></ul>	BP Apparatus
Pulse oxymeter	Ambu bag
<ul><li>Nebulizer</li></ul>	Infusion pump
ECG Machine	<ul><li>Defibrillator</li></ul>

# **Declaration**

I hereby, declare that the information enclosed above are true and correct the best of my knowledge and belief. If given a chance I assure you that I will work with sincerely and to the satisfaction of my superiors.

ANITHAMOL ACHANKUNJU

ERNAKULAM

24/02/2019