

ANJALI THOMAS

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OBJECTIVE

- To enhance my educational, research and professional skills.
- To provide comprehensive dental treatments to patients suffering from various dental problems.

SKILLS/ESSENTIAL

-Strong interpersonal skills for enhanced & effective patient care. –Familiar with charting & software programs. –Exceptional critical thinking and analytical skills, enhancing the ability to diagnose problems & find solutions. –Solid background in research and dentistry with the ability to provide patients with several options for treatment. - Flexible in order to adapt to changes in work environment. - Excellent time-management & Communication skills.

CLINICAL EXPERIENCE

One-year compulsory rotatory Internship, Raja-Rajeshwari Dental College and Hospital
(March-2012 to May-2013)

Worked as a dentist in a private dental clinic in Pune, Maharashtra, India (1/10/2017 to 30/11/2018)

Key Responsibility Areas:

- Recommended appropriate treatments to patient's diseases, injuries & malformations.
- Ensured protective and safe dental procedures by always using masks, gloves and protective glasses.
- Provided education to patients on ways to prevent oral infectious diseases.
- Knowledge of dental instruments and sterilization techniques.
- Educated patients on proper flossing, brushing and gargling.
- Knowledge of role of X-rays in diagnosing dental problems.
- Effective performances in complete scaling and polishing, tooth fillings, denture placement, impression techniques.
- Assisted in advanced dental surgeries and root canal fillings.
- Knowledge of research publications.
- Ability to use software to organize patient appointments, to maintain log book, log sheets, reports and files.

PROFESSIONAL QUALIFICATION

B.D.S. (Bachelor of Dental Surgery) – Rajiv Gandhi University of Health Sciences, Karnataka, India (2006-2011)

M.P.H. (Master's in Public Health) - Fiji National University, Suva, Fiji Islands (2015-2017)

ACADEMIC QUALIFICATION

Secondary School – St Anne's High School, Pune, Maharashtra, India

Higher Secondary School – Abeda Inamdar Junior College, Maharashtra, India

PUBLICATIONS

- Thomas A, Maimauku LR, Mohammadnezhad M, Khan S (2018). Determinants of systemic diseases amongst periodontitis patients in Suva, Fiji. Journal of Health Education Research and Development, 6:2.
- Thomas A, Maimauku LR, Mohammadnezhad M, Khan S (2018). Presence of Behavioural Risk Factors among Periodontitis Patients in Suva, Fiji. Journal of Oral Hygiene and Health, 6:1.
- Thomas A, Maimauku LR, Mohammadnezhad M, Khan S (2018). Presence and Types of Systemic Diseases among Patients with Periodontitis in Suva, Fiji. Journal of Health Communications Vol 3 No 2:22.

LICENSURE

- Registered as Dentist in Karnataka State Dental Council (Registration No: 31737 A)

EXTRA CURRICULAR ACTIVITIES:

- Volunteer in public health camps conducted by department of community health and preventive dentistry, Raja Rajeshwari dental college hospital, Bangalore, India [2008-2009]
- Volunteer in CDE [continued dentistry program] program conducted by department of orthodontics Raja Rajeshwari dental college and hospital, Bangalore India [2013]
- Volunteer in blood donation camps conducted in university of south pacific, Suva Fiji.
- Volunteer in medical and dental camp conducted by Sai Prema foundation, Suva, Fiji.

HOBBIES & INTERESTS

Socializing, Travelling, Dancing, Listening to music and Baking

PERSONAL INFORMATION

Nationality & Place of Birth	Indian, Pune-Maharashtra
Date of Birth	16-June-1988
Sex	Female
Marital Status	Married
Religion	Christian
Health	No medical history
Linguistic Proficiency	Fluent in English, Hindi, Marathi and Malayalam
Permanent Address	C2/302, Bramha Majestic, N.I.B.M. road, Kondhwe Khurd, Pune-411048, Maharashtra, India

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