### **CURRICULUM VITAE**

### ADDRESS FOR PERMENANT

AKSHAYA C U

**CHOZHI HOUSE** 

KALLUR (PO)

**PALAKKAPARAMBU** 

THRISSUR (DT)

**KERALA** 

PIN: 680317

PH: 7559934318

PH: 9048150974

Email: cu.akshaya@gmail.com

#### PERSONAL DETAILS

Name

:AKSHAYA C.U

Date

: 21-04-1994

Gender

: Female

Nationality: Indian

Religion

: HINDU, EZHAVA

Contact no

: 7559934318

Mother tongue: Malayalam

Marital status :Single

Height

:163 cm

Blood Group : A Positive

Place of Birth : THRISSUR

Father's Name : UNNIKRISHNAN.C.V

Post Applied For: STAFF NURSE



### **CARRIER OBJECTIVE**

Aim to be associated with the organization provides me an opportunity to show my skills and improve my knowledge with latest trends and be the parts of the team that works dynamically towards the growth of the organization.

## **ACADEMIC**

Course	Year of passing	Board of Exam/University	% of Mark	
SSLC	2010 Board of Public Examination K		rala 69%	
Plus Two 2012 (science)		Board of Higher Secondary Examination Kerala	%	

# **PROFESSIONAL**

Course	Year of Passing	Name of Institute	Board of University	Year	Aggreg ate
B.sc	2016	Aswini College of	KERALA	1 Year	57.9 %
Nursing	Nursing Thrissur	UNIVERSITY	2 Year	60 %	
				3 Year	61 %
				4 Year	60 %

# **LANGUAGES KNOWN**

Languages	Read	Write	Speak
English	Excellent	Excellent	Excellent
Malayalam	Excellent	Excellant	Excellent
Hindi	Average	Average	Average
Tamil	-	-	Average

# **HOSPITAL TRAINED**

\*Staff Nurse

:December 30,2016, Still Working

\*Hospital

:Max Super Speciality Hospital

Saket ,New Delhi -110030

## The Hospital Providing

- 24 HRS EMERGENCY
- AMBULANCE SERVICE
- LABORATORY
- BLOOD BANK
- NUCLEAR MEDICINE
- MRI &PET SCAN
- HIGH INTENSIVE CARE UNIT
- DIALYSIS
- VASCULAR SURGERY
- LIVER AND KIDNEY HEART TRANSPLANTATION
- ROBOTIC SURGERY
- ONCOLOGY
- PEADIATRIC
- BARIATRIC

\*\*AREA OF WORKING: LIVER TRANSPLANT

## **COMPUTER SKILLS**

All Computer basics with Internet Knowledge

Good Skill in Hospital based Computer

\*Computerised patient record system

\*Barcoded Medication Administration

## **EQUIPMENTS HANDLE**

- VENTILATOR AND BIPAP
- CARDIO RESPIRATORY MONITOR WITH INVASIVE AND NON INVASIVE
- BP MONITORING
- INFUSION AND SYRINGE PUMP
- CARDIAC MONITOR
- ECG MACHINE
- SUCTION APPARATUS

- ABG ANALYZER
- DIGITAL THERMOMETER
- DEFIBRILATOR
- AMBU BAG
- LARYNGOSCOPE WITH DIFFERENT SIZE OF BLADE
- CRASH CART
- OXYGEN APPARATUS

## PRESENT NURSING EXPERIENCE

Max Super Speciality Hospital Saket ,New Delhi ,India

Max Super SpecialityHospital ,the Largest Health group in Asia with JCI ,NABH and Nursing excellence accredited Max Super Speciality Hospital ,Saket New Delhi , is 500 Bedded tertiary care center . It has over 50 medical and surgical disciplines .It is a supported by sophisticated technology and experience medical professional

Date of Joining &Period :December 30,2016 still date and Continuing

Type of Experience :As a Staff Nurse in LIVER TRANSPLANT ICU

Department :LIVER TRANSPLANT ICU

( MEDICAL AND TRANSPLANT ICU )

Emp .No :M021627

Hospital Capacity :500 bedded JCI NABH and Nursing

Excellence accredited

### PROCEDURE ASSISTED AND KNOWN

- Cardiopulmonary resuscitation
- ET intubation
- Tracheostomy
- Central and arterial line monitoring and removal
- Bronchoscopy/ambuscopy
- ABG analysis
- Lumbar puncture
- Open suctioning and close suctioning
- Dialysis
- Care while giving immunosuppresents
- · Maintenance of good nurse patient relationship
- Patient assessment and reassessment and nurse notes
- · Comprehensive nursing care to pre and post liver transplant patients
- Check the vitals of the patient every hourly along with date and time
  (Eg: B.P, RT Feeding, drainage etc)including pre and post operative care and documentation.
- · Maintenance of intravenous fluids and infusions like fentanyl and atropine
- Administration of medication in time (Eg: OD,BID,TID,QID,SOS,HS etc)
- Hot&Cold application (Eg: Ice bag,Hot Water Bag,Cold Compress, Sterile hot compress and cold sponge
- Personal hygiene including assist in activities of daily living
- Tracheostomy care of the patient
- · Care of pressure sore
- · Care of surgical wound and dressing
- Maintenance of physical ,social, psychological spiritual rehabilitative needs of the patients(eg: Religious Guidance)
- DVT Prophylaxis
- Prevention of aspiration
- MORSE Fall risk assessments
- Colostomy Care
- · GCS monitoring and close Neuro observation
- Steam inhalation .Nebulization
- Nasogastric ,FJ feeding and PEG feeding
- Care if ICD
- Blood Transfusion

- Assisting plasmapheresis
- Management of pain scale Adult and Pediatric
- Care of invasive catheters (Eg:Central line,picc line,IV cannula,chemoport,leader catheter,Foleys catheter,Hickmans catheter,Epidural catheter)
- · Maintaining records and reports
- Supervision and orientation of students and new trainees
- Followup treatments

### **QUALITIES**

- Desire to learn
- Hard working
- Positive attitude
- Cool minded
- Team building ability
- Problem solving capability

### **ACHIEVEMENTS**

Have been involved in different work group forvarious activities like conducting seminars, Debates conducted in college and hospitals

Participated in many school, college and hospital competitions

# LICENSE DETAILS

DELHI NURSING COUNCIL

REGISTRATION NUMBER

: 69326

DATE OF ISSUE

: 24/04/2017

DATE OF EXPIRY

: 22/04/2022

#### REFERANCE

- Mr. Vinod Krishnan Kutty
  CNO,Max Super Speciality Hospital,
  Saket,New Delhi-110017
- Prof. Nandini. M
  Pricipal in charge
  Aswini College of Nursing, Thrissur
  PH: 0487-2317255,2317257

### **DECLARATION**

I hereby declare that information given above is true and correct to the best of my knowledge.

Date:

Place:

AKSHAYA C.U