



## **CURRICULUM VITAE**

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### **OBJECTIVE**

To achieve success and knowledge in modern health care field and to strive hard for carrier development, thereby benefitting the institution and patient to serve the best of my ability.

### **PERSONAL DETAILS**

Post Applied For : **Staff Nurse**

Name : **Binimol E.S**

Father's name : **E.K. Sasi**

Permanent Address : **Elampurayidam (H)**  
**Poothakuzhy .P.O.**  
**Pampady. Kottayam (Dist.)**  
**Kerala- Pin: 686521**

Contact Number : **Mob:+91-9846056857**

Email ID : **binimoles15@gmail.com**

Religion : **Hindu**

Date of Birth : **15-03-1990**

Sex : **Female**

Marital Status : **Married**

Nationality : **Indian**

Languages Known : **Malayalam, English, Telugu, Hindi and Tamil**

## **EDUCATIONAL QUALIFICATION**

| Sl.no | Examination | School/Collage              | Year of Passing |
|-------|-------------|-----------------------------|-----------------|
| 1     | S.S.L.C     | M.G.M HS Pampady- Kottayam  | 2006            |
| 2     | Plus two    | PVS.H.S.S Pampady- Kottayam | 2008            |

## **PROFESSIONAL QUALIFICATION**

| Sl.no | Examination                            | School/Collage   | Year of Passing |
|-------|--|--|-----------------|
| 1     | Diploma in General nursing & midwifery | Menathottam hospital school of nursing – Ranni, Kerala | 2012            |

| Sl.no | Examination      | School/Collage                                 | Year of Passing |
|-------|------------------|--|-----------------|
| 2     | Post BSC Nursing | Noor Collage of Nursing – Bangalore, Karnataka | May- 2019       |

## **PROFESSIONAL EXPERIENCE: 2 Year and 7 Month**

| HOSPITAL                                   | DEPARTMENT                | DESIGNATION | DURATION  |
|--|---------------------------|-------------|---|
| CARE HOSPITAL – NAMPALLY, HYDERABAD        | MEDICAL AND SURGICAL WARD | STAFF NURSE | <b>1Year and 1month</b> (02/07/2012 to 09/08/2013)  |
| SUNSHINE HOSPITAL- SECUNDERABAD, HYDERABAD | MEDICAL AND SURGICAL WARD | STAFF NURSE | <b>1 Year and 6Month</b> (11/10/2013 to 22/02/2015) |

## **JOB DESCRIPTION**

### **DIRECT PATIENT CARE:**

- ❖ Preparation of patient unit & receiving the patient,
- ❖ Assessment of patient, history collection & physical examination
- ❖ Perform technical task such as administer due medication, fluid calculation and administration, maintain intake output chart, sending blood investigation, monitoring vital signs of patients, implementation of comfort measures
- ❖ Maintain records and reports, filling patient document,
- ❖ Immediate and prompt interventions during cardiac and medical emergencies (defibrillation, cardio pulmonary resuscitation, oxygen therapy, assistance during E T Intubatio)

- ❖ Assisting doctors in procedures, carrying out doctors prescriptions
- ❖ Communicating with higher authorities, client education,
- ❖ Providing health education to patients, discharge the patients.
- ❖ Ensuring strict aseptic techniques for Infection control

#### **UNIT MANAGEMENT:**

- ❖ Hands and takes over the patients and ward equipment's and supply,
- ❖ Keep the unit neat and tidy,
- ❖ Maintain safety of the equipment's, and prepare and check unit supplies,
- ❖ Maintain ward record and reports; maintain public relation with patient relatives and other department

#### **EDUCATIONAL FUNCTIONS:**

- ❖ Participate in clinical teaching both planned and incidental,
- ❖ Teaches and guides domestic staff,
- ❖ Participate in staff education programs,
- ❖ Help in the orientation of students and subordinates,
- ❖ Helps in orientation of staff,
- ❖ Guide student nurses,

#### **DUTIES AND RESPONSIBILITIES**

- ❖ Receiving and Admission of patients
- ❖ Preparation of patient report and handing over to sister-in-charge
- ❖ Assessment of Vital Signs
- ❖ Physical Examination and Diagnostic Evaluation
- ❖ Continuous Monitoring of patients
- ❖ Following Physicians rounds and carrying out of the orders prescribed
- ❖ Assisting for Diagnostic and Therapeutic Procedures
- ❖ Planning and Implementation of patients care (Includes Hygiene, Nutrition ,Comfort Measures,Elimination, Administration of medicine)
- ❖ Resuscitation Procedures and Infection control
- ❖ Health Education
- ❖ Discharge and follow up care
- ❖ Maintaining records and reports
- ❖ In-Service Education

#### **EQUIPMENTS USED**

- ❖ Cardiac Monitor
- ❖ Syringe Pump
- ❖ Infusion pump
- ❖ Defibrillator

- ❖ Pulse Ox meter
- ❖ Suction Apparatus
- ❖ Sphygmomanometer
- ❖ Stethoscope
- ❖ Thermometer
- ❖ Holter Monitor
- ❖ 24 Hour Ambulatory BP monitor
- ❖ Nebulizer

### **I HAVE ASSISTED AND PERFORMED VARIOUS PROCEDURES**

- ❖ To attend all the emergencies:-
  - Cardiac Emergencies
  - Medical emergencies
- ❖ Cardio Pulmonary Resuscitation
- ❖ Defibrillation & Cardio version
- ❖ Bladder Catheterization
- ❖ Transfusion & infusion therapy
- ❖ Arterial line

### **ADDITIONAL INFORMATION**

I am a conscientious, hard-working and reliable person. I am also a good communicator and enjoy meeting people and can adapt to any environment

### **DECLARATION**

I declare that all the statement given above are true and correct to the best of knowledge and believed.

Place: Pampady

Binimol.E.S

Date: