**PERSONAL INFORMATION**

Name : Alphonsa Jose

Sex : Female

Father’s name : P. V Jose

Nationality : Indian

Age, Date of Birth : 30, 17-12-1987

Marital Status : Married

Husband’s name : Dino Dennis

Religion : Christian

Permanent address : Alphonsa Jose

 Dino Garden

 Kaduthuruthy P.O

 Kottayam, Kerala

 Pin-686604

E-mail Address : dinodennis20@gmail.com

Mobile Number : 7829343908; 8217429947

Mother Tongue : Malayalam

Languages Known : English, Malayalam ,Hindi

Designation : Staff nurse

Registration No. : 035666(Karnataka)

 24122 (Kerala)

**Passport Details**

 Passport No. : J1492608

 Date of Issue : 15-12-2010

 Place of Issue : Cochin

 Date of Expiry : 14-12-2020

**Academic qualification**

|  |  |  |  |
| --- | --- | --- | --- |
| Course | Year of completion | Institution | Board/ university |
| sslc | March 2004 | St.Agne’s H S for girlsMuttuchira | Board of Public Examination Kerala |
| plus two | March 2006 | St.Michael’s HSS,Kaduthuruthy | Higher secondary examination board kerala |

**Professional qualification**

|  |  |  |  |
| --- | --- | --- | --- |
| Course duration  | Year of completion | Institution | Board / university |
| Bsc Nursing(2006 – 2010) | August 2010 | Adichunchanagiri college of Nursing B G Nagara Mandya | Rajiv Gandhi University of Health Sciences, Karnataka |

**Clinical experience**

Name of the Employer : Jubilee Mission Medical College and

 Research Centre, Thrissur

Designation : Staff Nurse

Area : neonatal ICU

Period : 20-09-2011 to 13-02-2015

Bed Capacity of the Hospital : 1600

Working Hours per week : 42 hrs.

Name of the Employer : The Kaduthuruthy co operative

 hospital, kaduthuruthy, kottayam

Designation : Staff Nurse

Area : Peadiatric

Period : 08-06-2015 to 17-10-2018

Bed Capacity of the Hospital : 150

Working Hours per week : 48 hrs.

**Experience summary**

|  |  |  |  |
| --- | --- | --- | --- |
| Experience | Hospital name | Designation | Duration |
| 3 years 5 months experience in Neonatal ICU | Jubilee Mission Medical College and Research Centre, Thrissur |  Staff Nurse | 20-09-2011 to 13-02-2015 |
| 3 years 4 months experience in Peadiatric | The Kaduthuruthy co operative hospital, kaduthuruthy, Kottayam |  Staff Nurse | 08-06-2015 to 17-10-2018 |

**Areas of Study in General Nursing**

* Fundamentals of nursing
* Anatomy
* Physiology
* Microbiology
* Biochemistry
* Sociology
* Psychology
* Nutrition
* Medical nursing
* Surgical nursing
* Eye &ent nursing
* Child health nursing
* Pharmacology
* Mental health nursing
* Palliative nursing
* Community health nursing
* Gynecology and maternity nursing
* Nursing research
* Nursing education
* Nursing administration

**Career objectives**

 To seek challenging work environment in nursing and to upgrade my talent, nursing care and knowledge.

**Duties and responsibilities**

* Preparation of patient unit
* Total care of patients
* Monitoring vital signs
* Check airway, breathing and circulation
* Attending and managing emergencies
* Cardiopulmonary resuscitation
* IV Canulation
* Administration of Drugs
* IV fluid Administration and Blood Transfusion
* Comprehensive cares to complete dependent and post operative patient
* Tube feeding (Gastric Gavage)
* Colonic irrigation
* Gastric lavage (stomach wash)
* Urinary catheterization
* Suture removal
* Aseptic dressing
* Collecting specimens like, blood, urine, stool sputum, puss etc.
* Intake and output monitoring
* Assist ET intubation
* Assist UVC and UAC
* Assist exchange transfusion
* Assist venesection
* Assist Diagnostic procedure like lumbar puncture abdominal paracentesis, thoracentesis etc.
* Care of patient with intercostal drainage.
* Calculation of drug dosage and providing medicine
* Chest physiotherapy
* Taking care and managing babies with ventilator
* Taking care and managing extreme preterm babies, respiratory problems, hyperbilirubeminia hypoglycemia.
* Taking care of babies with neurological problems chromosomal abnormalities, severe sepsis and shock.
* Taking care and managing babies with GI problems such as,
	+ Cleft lip and palate
	+ Intestinal obstruction
	+ Co-anal atresia
	+ Diapharamatic hernia
	+ Imperforate anus
	+ Rectovaginal Fistulla
* Admission and discharge procedure including discharge advice
* Death care
* Ward management
* Maintenance of records and reports

**Equipments handled**

* Ventilator
* Cpap
* Radiant Warmer
* Incubater
* Pulse Oxymeter
* Infusion Pump
* Syringe Pump
* Nebulizer
* Suction apparatus
* Abg machine
* T – Piece Resuscitator
* Electronic weighing machine
* Phototherapy
* Glucometer
* Laryngoscope
* NIBP
* Oxygen Analyzer
* Ambubag
* Thermometer
* Laminarflow metre
* Miracradle for therapeutic hypothermia

**Workshop training**

* Basic neonatal ventilation and resuscitation
* Sterile IV canullation
* Sterile surgical and medical hand wash.

**Reference**

1. Dr. Manoj. V.C. MBBS, MD Consultant Neonatologist & Pediatrician Jubilee Mission Medical College & Research Centre, Thrissur.
2. Dr Nihaz Naha MBBS MD Consultant Pediatrician Kims Trivandrum
3. Fr. Francis Pallikunnath

Director

Jubilee Mission Medical College and Research Centre, Thrissur

1. Sr.Philo Paul, CMC

Nursing Superintendent

Jubilee Mission Medical College and Research Centre, Thrissur

1. K G Vijayakumara

Principal

Adichunchanagiri college of Nursing B G Nagara Mandya

1. Elsamma Jose

Nursing Superintendent

Kaduthuruthy co-operative hospital ltd