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Career Overview

Registered Nurse with experience in Operation Theatre who is highly enthusiastic, contagious and possess positive work ethics using exceptional skills in assessing, screening and carrying out prescribed treatment for patients to support the long term mission of the facility.

Education

➤ Bridging Programme

Initial Registration for Overseas Nurses -Registered Nurses Course
ETEA (Education Training and Employment Australia)
Heidelberg, Melbourne, VIC
From 13 June 2018 to 06 September 2018

➤ Professional Qualification

• Bachelor of Science in Nursing

College of Nursing, ACME,
Pariyaram, Kerala, India
Kannur University.
From 01/08/2009 to 29/10/2013

Professional Membership

- Kerala Nurses and Midwives Council
Registration Number: 61602
- Delhi Nursing Council
Registration Number: 52620

Professional Experience

23 July 2018- 31 August 2018

Title of position: Student Registered Nurse

Facility: Medical and Surgical Ward

Melbourne Private Hospital, Royal Parade, Parkville VIC.

Hours: Full Time

Responsibilities:

- I worked as student RN, part of Iron Programme in medical and surgical ward under the supervision of highly qualified Registered Nurse and on the completion of placement I demonstrated the ability to perform registered nurse standards of practice independently.

- Demonstrates excellent communication skills during all phases of therapeutic relationship.
- Provides comprehensive reports when transferring accountability of a patient care to another nurse and/or facility.
- Technical handling of equipment and machines such as ECG, PCA, infusion pumps and so on.
- Perform patient evaluations at equal interval.
- Administering prescribed injections and medications.
- Developing on-going care plans based on patient assessment.
- Performs therapeutic nursing interventions as established by individualized plan of care.
- Preventing the chances of pressure ulcer by monitoring the risk involved.
- Critical thinking when emergency circumstances arise in the clinical setting.
- Meeting the nutritional needs of clients by discussing with the dietitian.

December 2017–March 2018

Title of Position: Registered Nurse

Facility: Emergency Department

The Taliparamba Co-op: Hospital Society LTD, Kannur, India.

Hours: Full Time

Responsibilities:

- Administering both oral and IV chemotherapy.
- Triage patient.
- Emergency cardiac management.
- Trauma management
- Monitoring and documentation of patient conditions
- Timely intervention of first aid care.
- Performing mental status examination for admissions in psychiatric unit.
- Administer medication and treatments as prescribed by the physician.
- Collection of samples, evaluate and record the results.
- Supervising and mentoring student nurses on best practices of patient care in Emergency Ward.
- Maintain nursing care by aseptic technique.
- Prepare the patient for various investigation like X-ray, ECG, and Ultrasound.

April 2014 – April 2016

Title of Position: Registered Nurse

Facility: Cardiac Operation Theatre

Fortis Escorts Heart Institute and Research Centre Ltd. New Delhi, India (JCI Accredited)

Hours: Full Time

Responsibilities

- Consults and coordinate with health care team members to assess, plan, implement and evaluate patient care plans.
- Serves as a communication liaison to family and members of the operating team.
- Responds to life saving situations based upon nursing standards and protocol.
- Records all care information concisely, accurately and completely in a timely manner, in the appropriate format and on appropriate forms.
- Prepare the operating room for the procedures and maintain a preoperative checklist and surgical

safety checklist.

- Initiates corrective action whenever information from monitoring equipment shows adverse symptomatology.
- Performs nursing activities in the preoperative, intraoperative and postoperative phases of the patient's surgical experience.
- Enquire the patient about the history of conditions that could affect surgical outcomes.
- Check to verify all medical record numbers match the patient's name band and patient's file.
- Maintain current and in-depth knowledge of sterling techniques.
- Assist in ordering, storing and maintaining surgical equipment and supplies.
- Position and prepare patient on operating table.
- Pass medical instruments or other objects to surgeon during operation.
- Counts all sponges, instruments, needles and other tools and preserves the sterile environment.
- Develop and implement nursing care plan for assigned patient.
- Performs other position related duties as assigned, depending on assignment setting.

Surgical Procedures Assisted

Adult: Coronary artery bypass grafting, mitral valve replacement, aortic valve replacement etc.

Pediatric: VSD closure, ASD closure, total correction of TOF, Fontan procedure, arterial switch operation, conduit repairs, TAPVC repair etc.

Qualifications/Competencies

Basic life support-Adult-2018

Hand Hygiene Nursing/Midwifery-2018

Medication Safety – 2018

Palliative Care (Module1-6) – 2018

Cultural Awareness - 2018

Referees

Sunitha Johnson

Senior Registered Nurse

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