**COVERING LETTER**

***From,***

***Mintu M Daniel***

***Muttathumackal House***

***Mulakaramedu P.O***

***Kattappana***

***Idukki***

***Kerala***

***Ph: +919008482743***

***To,***

**WHOMSOEVER IT MAY CONCERN**

**Sub: Application for a post of Clinical Optometrist in a required specialty.**

**Respected Sir/Madam,**

**I deem it a great pleasure to have the privilege of introducing myself to your esteemed institution. I am Graduate in B.Sc. OPTOMETRY (2012-2018) from AJ HOSPITAL, Mangalore. I am quite confident that both my skills and personal attributes match the requirements you seek for the role and that I would be able to effectively contribute to the team and the institution. I assure you that I will grasp my opportunities effectively and I will meet the time bound targeted objectives to the best satisfaction of the institution. I look forward for your positive reply note**.

***Thanking you.***

***Yours Faithfully***

***(MINTU M DANIEL)***

***Place: Kattappana***

***Date : 08.05.2019***

**CURRICULUM VITAE**

***Mintu M Daniel***

*Muttathumackal House*

*Mulakaramedu P.O*

*Kattappana*

*Idukki*

*Kerala*

*Mob: +91- 9008482743*

***Email: mintudanielm7@gmail.com***





**Career Objective**

|  |  |
| --- | --- |
| Seeking challenging position in a highly prestigious hospital that will utilize the skills acquired during my course of working for your esteemed concern and to establish a unique identity.  **Personal Profile** | |
| Name | Mintu M Daniel |
| Date Of Birth | 27/02/1995 |
| Sex | Female |
| Marital Status | Single |
| Profession | B.Sc.Optometrist |
| Father’s Name | Daniel Mammen |
| Nationality | Indian |
| Religion | Christian |
| Mother Tongue | Malayalam |
| Languages Known | English, Malayalam, Hindi, Tamil & Kannada |

**PROFESSIONAL SUMMARY**

* 21st March 2018 to 31st March 2019 worked in Lenskart. Com Opticals at Bangalore.
* One year clinical exposure as a part of internship from A.J Hospital (01.02.2017 to 24.02.2018)Mangalore.
* Technical operations including but not limited to pretesting patients and administering eye examinations.
* Experience in examining eyes and visual system
* Diagnosed problems/visual impairments and prescribed corrective lenses.

**Educational Profile**

|  |  |  |  |
| --- | --- | --- | --- |
| ***Qualification/Subject*** | ***Year of Passing*** | ***Institute/University*** | ***Remarks*** |
| S.S.L.C | 2010 | St.Jerome’s Higher Secondary School |  |
| H S C | 2012 | Auxilium Higher Secondary School |  |
| B.Sc. Optometry | 2018 | A J Institute of medical science ,Mangalore/  Rajiv Gandhi university of health sciences |  |

**WORKING AREA**

|  |  |
| --- | --- |
| * Refraction clinic * Lensometer * Tonometry | * Sac syringing * Visual field |

**ROLES AND RESPONSIBILITIES**

* Pretesting patients and administering eye examinations
* Refraction, using streak Retinoscope and Auto Refractometer.
* Diagnose problems/ Visual impairments
* Prescribe corrective lenses and provide treatment
* Provided education on disease management and its effect on ocular health

**Work Exposure**

* Experienced in Eye Dilation
* Automated Refractometer(AR)
* Humphrey field analyser(HFA)
* Retinoscopy
* Slit Lamp
* Refraction ( Subjective & Objective)
* Contact lens Dispensing ( Soft & RGP)
* Spectacle Dispensing, Quality Checking
* Spectacle trouble shooting
* Contact lens trial generation
* Spectacle Alignment

**Personal skills**

* Confident in work
* Takes initiative to work independently or part of a group.
* Best team work provider
* Willing to accept new challenges.
* Positive attitude and dedicated to the work.
* Willing to update knowledge up to date

**Summary of Training & Workshops**

* Attended conference decoded at Sankara Eye Hospital, Chennai, MARCH 2017.
* Attended the CME on Insight into IOL’s held on 24th January 2016 at A J Institute of Medical Science.
* Attended conference on Diabetic Retinopathy for Optometrists conducted on 18th December 2017 at Manipal Academy of Higher Education, Manipal.
* Participated in world optometry day celebration held in March 2014 and 2015 at AJ Institute of Medical Science.
* Attended various surgical and screening eye camps.
* Coordinated more than twenty journal club programme in A.J Institute, Mangalore.

**References**

***Dr. SUDHIR HEGDE Mr. RAMCHANDRA V SHETT***

*HOD of Ophthalmology HOD of Optometry*

*A.J Hospital, Mangalore AJIMS Mangalore.*

*Contact number: 9880219903 Contact number: 9886101771*

**Declaration**

I hereby declare that the information provided above is true to the best of my knowledge and belief.

Place: ***Kattappana***

Date: **08.05.2019** (**MINTU M DANIEL)**

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