# **CURRICULUM VITAE**



JINUMOL SEBASTIAN
Varakil (H)
Mallikassery p.o
Kottayam district
Kerala state
PIN: 686577

phn: 9497608783 Jinums12@gmail.com

### **CAREER OBJECTIVE**

Acquire the best knowledge by hard work, patience, grit and determination, gain handful of enriching experience, which can not only benefit the organization, but also develop as the best team member and leader in hospital service industry. Working as a Nurse, diversely experienced, every goal and results oriented. With 2 1/2 year experience in clinical nursing, paediatric Cardiac intensive care unit, Neuro Surgery Intensive Care Unit provided high quality patient centered care in Hospitals.

# **EDUCATIONAL QUALIFICATIONS:-**

- ➤ Secondary School Leaving Certificate (SSLC)in the year................2009 (Board of Secondary Examination Kerala, India.)

### PROFESSIONAL REGISTRATION:-

- Registered as a professional Nurse under Karnataka Nursing Council, India.
- Registered as professional nurse under Maharashtra Nursing council, India
- Registered as professional nurse under Kerala Nursing council, india **MEMBERSHIP DETAILS:**

- Karnataka Nursing Counseling, Bangalore
   Reg No. 071672 date of Registration 24<sup>th</sup> September 2015
- Maharashtra Nursing council, **Reg No. XVII-20761** date of registration 25/07/2017

### PERSONAL DETAILS

Father's Name : Joy Sebastian

Age : 23 Years

Date of Birth : 24th August 1993

Gender : Female

Marital Status : Unmarried

Religion : Christian

Nationality : Indian

Languages Known : English, Hindi, Malayalam & Kannada

Hobbies : Reading Books, pencil drawing,

Address : Varakil (H), Mallikassery (PO)

Kottayam (Dt) PIN: 686577

Kerala State, India

Present address : Varakil (H), Mallikassery (PO)

Kottayam (Dt) PIN: 686577

Kerala State, India

### PASSPORT DETAILS

Passport No. : **P4661137** 

Date of Issue : 11/11/2016

Date of Expiry :10/112026

Place of issue : **COCHIN** 

### **WORK HISTORY**

• 15th October 2015 to 14th October 2016

Staff Nurse – Worked in NSICU at KLES Dr Prabhakar Kore Hospital & MRC.Nehru Nagar, Belagavi.

• **8 February 2017 to 16 August 2018** staff nurse- worked in paediatric Cardiac surgical icu at kokilaben Dhirubai ambani hospital Mumbai

### PRESENT EXPERIENCE:-

Presently Resigned from kokilaben hospital .kokilaben Dhirubai ambani hospital is tertiary care facility in versova Mumbai. It is a 750 bed Multi specialty Hospital with all major specialties, along with excellence in dealing with all paediatric congenital heart problems.

### **WORKING RESPONSIBILITIES**

- > Receive the patient to the ward
- General assessment of patients
- ➤ Providing basic nursing care
- Monitoring vital signs
- > Providing Psychological support and thereby minimizing anxiety
- Calculation and administration of drugs
- ➤ Cardio-Pulmonary resuscitation
- ➤ Sample Collection
- ➤ Maintain records and reports
- > Management of emergency condition Cardio-Pulmonary resuscitation
- ➤ Legal preparation for surgery
- ➤ Health education regarding the management modalities and the post operative exercises
- ➤ Hand over the patient to the OT staff

#### **DUTIES AND RESPONSIBILITIES**

- ➤ Duties and responsibilities include assessments planning, Implementation and evaluation of nursing care to all patience who come icu
- ➤ Maintenances of aseptic technique, assisting with senior surgeon in main procedure like

### PROCEDURES ATTENDED:-

- ➤ Endo-tracheal intubation
- > Tracheostomy
- > Arterial line and central line insertion

- > Skull traction
- ➤ Lumbar puncture
- > Thoracentesis
- > Peritoneal tapping
- ➤ Cardioversion and Defibrillation
- ➤ Inter-costal drainage
- > Peritoneal dialysis
- > Wound debridement and dressing
- ➤ Blood transfusion
- > Catheterization
- > Chest closure and dealing with ECMO patients

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#### TYPE OF PATIENTS HANDLED

All pre operative and operated paediatric Cardiac cases like cyanotic spell, BT shunt,BDGS,Fontan,ASD,VSD,Restille,ASO,ICR,Ross,ALCAPA repair, ARCH repair,AP Window,TAPVC,PA banding, PDA ligation,ECMO.

AND THE NEURO CARE IN SKULL TRACTION, EVD, POST PIVD, SPINE INJURIES, RTA CASES, HEAD INJURIES, CVA, GBS, CVT, NEUROPATHIES, ETC, ,,,,,,,,

# **EQUIPMENTS HANDLED;...**

Ventilators, Cardiac monitor, Pulse oximeter, syringe pumb, pacemaker, thermometer, gluco meter, o2 flowmeter, infusion pumbs, ecg machine, BP apparatus, warmer bed, nebulizer, phototherapy, abg machine, act machine.

### **JOB DESCRIPTION**

- ➤ Admission of the patient in ward
- Physical and psychological support to the patients
- Proper hand washing before and after each procedure
- ➤ Intravenous line insertion
- > Administration of medication
- ➤ Administration of Oxygen and Nebulization
- Maintaining Narcotic Register
- ➤ Implement Treatment as required
- ➤ Maintain good interpersonal relationship with patients, colleagues and supervisors
- ➤ Monitor and evaluate nursing care plan after carry out each procedure
- ➤ Give health teaching to the patients
- ➤ Assist Doctors in procedure like, bone marrow aspiration, Lumbar Puncture
- ➤ Preparing Patients for Surgery

- Urinary Catheterization
- > Respiratory assessment and insertion of Oral Airway
- ➤ Maintain Intake and output chart
- ➤ Maintain records
- Taking Blood for Arterial Blood gas Analysis
- ➤ Naso gastric tube Insertion
- ➤ Assist Doctors in emergency procedures with
  - 1. AMBU BAG
  - 2. GLUCOMETER
  - 3. SPIROMETER
  - 4. SUCTION APPARATUS
  - 5. PULSE OXIMETER
  - 6. CPAP APPT.(MEDIN & BUBLE)
  - 7. CRASH CART
  - 8. NEBULIZER
  - 9. THERMOMETER
  - 10.INFUSION PUMP
  - 11.CARDIAC MONITER
  - 12.SYRINGE PUMB
  - 13.LARYNGOSCOPE
  - 14.OXYGEN CYLINDER
  - 15.SPHYGMOMANOMETER
  - **16.STEAM INHALATORS**
  - 17.ECG MACHINE
  - 18.DEFIBRILLATORS

### **OTHER AREAS HANDLED**

- > Total patients care
- Care of the critically ill patients
- ➤ Care of ECMO patients
- Care during arrest
- > Recoding and reporting intubation and extubation
- ➤ Care of unconscious patients
- > Care of preoperative preparation of patients
- ➤ Care of post operative patients
- > Assisting in various procedures
- Recording and reporting of investigation and patients progress
- ➤ Health Education and Rehabilitation

## FACILITIES & EXPERTISE AVAILABLE

- ➤ All investigative facilities including CT SCAN, MRI Scanning, TMT, Colour Doppler, ECG, ECHO, EEG, nuclear medicine etc.
- ➤ Dialysis Unit, Endoscopy Unit, Cardiac Cath Lab, Physiotherapy Unit.
- > Recent advancement in conducting HEART transplantation

### **REFERENCE:**

### MRS.LUCY BAGEWADI

Nursing Superintendent K.L.E.S. Dr Prabhakar Kore Hospital and MRC Karnataka-590010. Belagavi.

### MRS.SHAILA SURATAKAL

Nurse manager, Kokilaben Dhirubhai Ambani hospital Andheri West Mumbai,400053

### PROF.SUDHA RADDI

Principal K.L.E.S Institute of Nursing Sciences, Belagavi. Karnataka . India- 590010

### Dr.NEIL SEQUERIA

Vice president- human research and administration Kokilaben Dhirubhai Ambani hospital,Andheri west Mumbai,400053

# **DECLARATION**

I here by declare that the above entries made by me are true to the best of my knowledge and belief.

Place: Mallikasser	y
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Date: (Jinumol Sebastian)