**CURRICULUM VITAE**

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Name: Anitta Varghese

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**PERSONAL DETAILS**

Date of Birth : 04/12/1989

Nationality : Indian

Gender : Female

Marital Status : Married

No. & Age of Children (if any) : Nil

Religion : Christian

Height : 165cm

Weight : 50kg

BMI : 18.3

Present Address : Palackal (H)

Kakkad P.O Piravom

Ernakulam, Kerala, India

Pin : 686664

Permanent Address : Palackal (H)

Kakkad P.O Piravom

Ernakulam, Kerala, India

Pin : 686664

Languages Known : English, Hindi, Malayalam, Arabic

**Passport Details**

Passport No : K2839461

Place of Issue : Cochin

Date of Issue : 13/06/2012

Date of Expiry : 12/06/2022

**EDUCATIONAL QUALIFICATION**

|  |  |  |  |
| --- | --- | --- | --- |
| Course/Exam Passed | Board/University | Period of Study (dd/mm/yy to dd/mm/yy) | No. of Years of Study |
| B.Sc. Nursing | M.G.University | 2007-2011 | 4 |
| Plus two | Board of Higher Secondary Examination, Govt. of Kerala | 2005-2007 | 2 |
| SSLC | Board of Public Examination,  Govt. of Kerala | 2004-2005 | 1 |

**REGISTRATION STATUS**

|  |  |  |
| --- | --- | --- |
| Nursing Registration | Registration No. | Registration Date |
| The Kerala State Nursing Council | 57287 | 26/05/2012 |

**EXPERIENCE SUMMARY**

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| Name of The Employer | Bed Capacity | Position Held | Area of Exposure | Duration | Achieve Years |
| Al-Darb General Hospital, Jizan, Saudi Arabia. | 100 | Staff Nurse | Emergency | 03/04/2015 - 13/03/2018 | 3 years |
| JMP Medical Centre, Piravom, Kerala. | 150 | Staff Nurse | Emergency | 20/09/2013 to 31/12/2014 | 1 year 3 Months |
| Medical College, Kolenchery, Kerala | 1200 | B.Sc Nurse  Trainee | Medical Ward | 18/09/2012 to 17/09/2013 | 1 year |

**DUTIES & RESPONSIBILITIES**

* Admission, transfer and discharge of the patient.
* Preparation of patient records and handover to sister-in-charge.
* Assisting doctors for rounds.
* Resuscitation procedures, Code Blue Policy, Infection Control Managements   
   of IVF, Blood Transfusion.
* Oxygen Administration, Nebulisation, Tracheo bronchial suctioning,  
   Medicine Administration.
* Collecting of Specimen, ABG, Taking ECG
* Monitoring CVP, ABP, IABP, etc..
* Ryles Tube Insertion, Nasogastric Feeding, Catheterization, monitoring   
   intake and output chart, canalization.
* Wound dressing, back care, Mouth Care, Care of Eyes and Ears, Bathing,  
   Positioning the Patient, Chest Physiotherapy, Bladder wash, Enema etc.
* Care of patient with DM, COPD, pulmonary tuberculosis, chest trauma,   
   pleural effusion, Carcinoma lung, ARDS, CAD, LVF, pulmonary edema,CHF

hypertension, DVT, Cardiac Arrest.

**NURSING SKILL AND PROCEDURES**

* Endotracheal Intubation and Extubation
* Tracheostomy
* Lumbar Puncture
* Catheterization
* Suturing and Suture Removal
* Wound Dressing
* Intercostal Drainages
* CVP Line Insertion, Arterial Line Insertion, PA Sheath Insertion
* Insertion of Temporary Pace-maker
* Dialysis Catheter Insertion
* Ryles Tube Insertion, Ascetic Fluid aspiration, Pleural Tapping etc.
* IABP insertion, bone marrow aspiration, 2D echo, USG abdomen.

**Familiar with Following Equipments:**

* Thermometer, Glucometer, Pulse Oxymeter, Cardiac Monitor, Nebulizer,   
   Steam Inhaler, Infusion Pumps.
* Defibrillator, Mechanical Ventilator, Suction Apparatus, Echo Machine,   
   Blood Transfusion Set, Syringe Pump, Infusion Pump.
* Oxygen Apparatus (Wall & Portal), Ambu-bag with mask, NBP module, EC  
   Machine, Arterial Blood Gas Analyzer, Electrolyte Machine, IABP Machine,  
   BIPAP Machine, ACT Machine, and Doppler Machine, laryngoscope, TPI,   
   alpha bed.

**REFERENCES**

1. Adel Gasim

Emergency Nurse Incharge

Al Darb General Hospital, Jizan

Saudi Arabia

Ph : +966551768097

1. Nursing Superientendent

JMP Medical Centre Piravom

Ernakulam

Ph : +91-485-2243443

1. Nursing Superientendent

MOSC Medical College Hospital,

Kolenchery, Ernakulam Kerala, India

Ph : +91-484-2760251