



## Raveena R

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### Objective

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To put all my knowledge and experience in my endeavour with sincerity and commitment. Intended to build a career with committed and dedicated people who will explore myself fully and realize my potential.

### Experience

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- **Sacred Heart Hospital, Paynkulam, Idukki** December 2018 - March 2019  
Psychology Trainee  
Last time I trained under 2 clinical psychologist and 3 other psychologist at SH hospital Thodupuzha. I done psychological assessments like intelligence tests. Done family counselling and group therapies. Observed Aversion therapy and ECT. I trained to diagnose mental and behavioural disorders and the possible treatments. Every day I took classes for the patients. Took case histories and MSE of the patients. Daily discussions are done with clinical psychologist.
- **Kusumagiri Mental Health Centre, Kakkanad, Kochi** 4 June 2018 - 23 June 2018  
Psychology Trainee  
Observe the patients and interacted with them. Conducted activities for the patients. Daily discussions are done with clinical psychologist.
- **Bethsada Hospital, Vengola, Perumbavoor** 10 January 2017 - 18 January 2017  
Psychology Trainee  
Interacted and observed patients. Took case histories and MSE. Conducted activities for the patients.

### Education

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- **Bharathiar University, Coimbatore** 2017-2019  
Msc Applied psychology
- **MES College Marampally, Aluva** 2014-2017  
Bsc Psychology
- **ST: Joseph's English Medium Higher Secondary school, Thrikkakkara** 2012-2014  
Higher secondary
- **ST: Joseph's English Medium Higher Secondary school** 2012  
SSLC

### Skills

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- Rapport building skill, observation skill, teaching skill, listening skill, motivational skill

### Projects

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- **Psychological well being and stress tolerance among textile sales representatives**  
The study is to assess the relationship between psychological well being and stress tolerance among textile sales representatives and to find out the differences in psychological well being and stress tolerance of textile sales representatives based on their gender and marital status.  
Duration - 3 months  
Team size - 80
- **Mini project**  
I done Mini project it includes memory span of the school students, Aggression among bus drivers, visit to special school.

- **Efficacy of Yoga Intervention for children with ADHD: A META ANALYSIS**

The present study aims to argue and examine the efficacy and importance of Yoga as a complementary treatment for ADHD.

Presented this paper on national seminar.

### **Interests**

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- Listening Music, Travelling, Reading

### **Declaration**

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- I hereby declare that all information furnished above is true and correct to the best of my friends and belief.



RAVEENA R