

CURRICULUM VITAE

Miss ANU VARGHESE
Kakkalamthara
Sanathanapuram p.o
Alappuzha (Dist)
Kerala (state)
Pin 688003
INDIA

Mobile.7025822510

Email Id: anuvarghese04153004@gmail.com

OBJECTIVE:

To utilize my skills, capabilities, creative ideas with self motivated and positive approach with in an organization that help my professional and personal skills and more over interested to work in a team which offer highly challenging, providing comprehensive and high quality health care service to the patient and family.

PERSONAL SKILLS:

- ❖ Effective time management and social working capability
- ❖ Ability to work in fast paced team environment
- ❖ Adaptability to excellent technical skills possesses strong oral, written communication skill.
- ❖ Good team spirit and leadership quality

Educational Qualification

Sr. No	Course	Name of school/ Institution	Year of completion	Board/ University	Percentage
1.	SSLC	St. Antonys G.H.S Alappuzha, Kerala	2002	Board of public Examination Kerala	82%
2.	Intermediate	Aravukadu H.S.S. Alappuzha Kerala	2004	Board of higher Secondary Examination kerala	74%
3.	B. Sc in Nursing & midwifery	Laxmi College of Nursing (Yashoda group of Hospitals Somajiguda HYD, A.P)	2005-2009	Dr. NTR university of health science Vijayawada A.P	76%

MEMBERSHIP OF QUALIFICATION:

1. Registered nurse and midwifery Andhra Pradesh state nursing council AP INDIA (Recognized by INC)
2. State Registration No : RN 93978 RM 93545, health worker PHN 11778 Dated on 07/05/2010

ADDITIONAL CERTIFICATE:

1. Participated in all community health service activity both in Rural and Urban area
2. Participated in National and State level conferences
3. Active participation in all continuing nursing education programme organized by Yashoda Hospitals, Hyderabad in Andhra Pradesh

FIELD OF SPECIAL INTEREST:

1. Teaching and Reading
2. Computer applications

WORK EXPERIENCE:

From February 1st 2010 to 6th march 2012 in YASHODA HOSPITAL, SECUNDERABAD , AP (State) India (NABH&ISO Accredited)

Capacity : 1000 bedded

Position : Staff Nurse CTICU

From 24 december 2012 to 11 november 2016 in MINISTRY OF HEALTH- KINGDOM OF SAUDI ARABIA

JOB DESCRIPTION:

DUTIES AND RESPONSIBILITIES

- ❖ Implementing directing and coordinating the care of the patients through the nursing process
- ❖ Medication administration
- ❖ Preparation of the patients for cardiac surgery
- ❖ Receiving and transferring the cardiac patient
- ❖ Competent enough in performing C.P.R, defibrillation
- ❖ Communicates clearly, tactfully and cautious with patients, family, concerning patient center treatment

- ❖ Maintains proper nursing documentation in an accurate manner, understand the role and functions properly during emergency situation
- ❖ Performs critical nursing care to all types of cardiac patients, post op coronary angiogram,angioplasty patients and post op cardiac surgery (CABG,AVR,ASD,MVR,VSD,TOF, Thoracotomy penumonectomy etc) patients
- ❖ Efficient and excellent in managing cases like myocardial infarction, coronary artery disease, Congestive Heart Failure, Rheumatic heart disease, cardiac arrest, dysarrythmias, Left Ventricular dysfunction pericardial effusion ,COPD, IABP, percutaneous Balloon mitral valvotomy, percutaneous transluminal coronary angioplasty, post temporary pacemaker and permanent pacemaker, thrombolytic therapy, pre and post angiogram ,hypertension ,CVA
- ❖ Maintains harmony with colleagues and as a team effort.
- ❖ Punctual and independable in carrying out assigned functions and nursing interventions
- ❖ can manage all critical care unit equipment.

EQUIPMENTS HANDLED

- ❖ Thermometer
- ❖ B.p apparatus
- ❖ Glucometer
- ❖ Pulseoxi meter
- ❖ O2 flow meter
- ❖ Ambu bag
- ❖ Suction apparatus
- ❖ Incentive spirometry
- ❖ Chest vibrator
- ❖ Cardiac monitor (philips, datex, n5)
- ❖ Ecg machine
- ❖ Act machine

- ❖ Infusion pumps
- ❖ Temporary pacemaker

- ❖ Abg machine
- ❖ Syringe pump
- ❖ Mechanical ventilator (siemens, benett)
- ❖ Transducer
- ❖ Warmer
- ❖ Ryle' s tube feeding

PROCEDURES PERFORMED

- ❖ Iv cannulation
- ❖ Ngt & foleys catheter insertion
- ❖ Agb analysis
- ❖ Blood transfusion
- ❖ Cpr & defibrillation
- ❖ Chest tube removal
- ❖ Suctioning
- ❖ Et care
- ❖ Tracheostomy care
- ❖ Nebulization
- ❖ Act & blood sampling
- ❖ Removal of central line & arterial line
- ❖ Surgical dressing
- ❖ Eeg monitoring
- ❖ Chest physiotherapy
- ❖ Arterial blood collection

PROCEDURE ASSISTED:

- ❖ Cvp insertion
- ❖ Central line insertion
- ❖ Arterial line insertion
- ❖ Intubation

❖ 2D echo

❖ ICD insertion

❖ Pacemaker insertion

❖ Tracheotomy

❖ IABP insertion

❖ Lumbar puncture

❖ Pulmonary artery catheter insertion

❖ CRRT & hemo dialysis

❖ Abdominal paracentesis

❖ Bronchoscopy & endoscopy

❖ Bone marrow aspiration

❖ Diagnostic procedures like CT scan, M. R. I, ultra sound etc.....

COMPETENCIES:

❖ Conscious sedation

❖ Thrombolytic therapy

❖ Special training regarding CPR, ACLS, BLS infection control, internal and external disaster control and hospital, safety.

❖ **Special training in management of**

CODE BLUE

CODE RED

CODE PINK

CODE GREY

❖ Pain management

❖ TPN Administration

❖ Arterial blood gas sampling

❖ Excellent post operative care

PERSONAL PROFILE:

NAME : Miss ANU VARGHESE
FATHER NAME: : VARGHESE.J
DATE OF BIRTH : 24.02.1987
GENDER : FEMALE
MARTIAL STATUS : SINGLE
RELIGION : CHRISTIAN
NATIONALITY : INDIAN

PASS PORT DETAILS:

PASS PORT NO: : J 2498976
DATE OF ISSUE : 8/8/11
PLACE OF ISSUE : COHIN
DATE OF EXPIRY : 7/2/21

ADDRESS FOR COMMUNICATION:

: Miss ANU VARGHESE
KAKKALAMTHARA
SANATHANAPURAM P.O
ALAPPUZHA (DIST)
KERALA INDIA

LANGUAGES KNOWN:

TO SPEAK : ENGLISH, HINDI, MALAYALAM, ARABIC
TO READ : ENGLISH, HINDI, MALAYALAM
TO WRITE : ENGLISH, MALAYALAM, HINDI

REFERENCES:

1. Ms. SIDDAMMA SANGARAJU
PRINCIPAL

LAXMI COLLEGE OF NURSING

HYDERABAD, AP. INDIA

PH NO : 098480871

DECLARATION:

I consider myself familiar with biological aspects and also confidence of my ability to work in a team. I am here with submitting my full particulars regarding qualification for your kind perusal and issue of favorable order and I here by declare that the information is correct and complete to best of my knowledge.

DATE:

PLACE:

(ANU VARGHESE)