

## SRIDEVI K BHAT

### Career Objective

Seeking an opportunity to pursue a rewarding career in a challenging work environment where my ability, skill, knowledge and enthusiasm can be utilized for personal growth and the growth of the organization.

### Academic Qualification

Qualification	Name of the institution	University/ Board	Year of passing	Marks in %/CGPA
MSc	Welcome Group School of Hotel Administration WGSHA, Manipal University, Manipal	Autonomous Institute under Manipal University, Manipal	2014	8.82
BSc	Mahatma Gandhi Memorial College, Udupi	Mangalore University	2012	83.98%
PUC	Vidyodaya Pre-University College, Udupi	Department Of Pre-University Education	2009	80.16%
S.S.L.C	Vidyodaya Public School, Udupi	ICSE	2007	82.14%

### Strengths

- Ability to adapt to changing environment
- Strong communication skills
- Excellent team player
- Leadership skills and hardworking

## **Experience**

- Worked as a senior nutritionist at AlaMiraP Nutrition, Bangalore for 1 year 4 months, August 2017 to December 2018.
- Worked as a Dietitian at Kasturba Medical hospital, Manipal for 2 years 7 months, October 2014 till May 2017
- Worked as a Nutritionist for 2 months in Spartan fitness Centre, Udupi. August 2014 to September 2014
- Worked as an intern at Apollo Hospital, Bangalore for a period of 6 months, January 2014 to June 2014

## **Duties and responsibilities held in the Company**

- Online and in person counseling to all clients
- Supervising and teaching the junior nutritionists.
- Writing blog articles and managing social media.
- Giving health talks and presentations in various gyms and companies.

## **Duties and responsibilities held in the hospital**

- Assessment and Re-assessment of patients
- Inpatient counseling
- Outpatient counseling: Health check  
Diabetic clinic  
Cardiac clinic  
OPD
- Tube and oral feeds: Planning and calculation
- Training for all food handlers and canteen workers
- Guiding interns for the completion of their RD internship
- Teaching nutritional aspects and evaluating students of various departments of allied health sciences.
- Attending health camps- hospital camps and WDF (World Diabetes Federation) camps

## **Computer Skills**

- SPSS
- Dietsoft
- Microsoft office
- WordPress

## Seminars Attended

- 48<sup>th</sup> Annual National conference of Indian Dietetic Association held at Hotel Lalit Ashok, Bangalore in 2015.
- Golden Jubilee conference of Indian Dietetic Association: Pre conference workshop – Nutritional Epidemiology and Diet survey on 29<sup>th</sup> November at National Institute of Nutrition (ICMR), Hyderabad
- Golden Jubilee Conference of Indian Dietetic Association: 45<sup>th</sup> Annual National Conference of IDA 2012 AT National Institute of Nutrition (ICMR), Hyderabad from 29<sup>th</sup> November to 1<sup>st</sup> December, 2012
- CNE Attended: 1. ‘Does obesity require dietary management or healthcare spending?’ at KMC Mangalore in 2013  
2. ‘Nutrition and wellness for Health’ at KMC, Manipal in 2014
- Nutrition workshop for clinicians and nurses in 2015 in KMC Manipal
- State level conference ‘Nutrition Update-2016’ in KMC Manipal
- IDA meet on ‘Gestational Diabetes Mellitus- Current Clinical and Nutritional Practices’ in Bangalore, 2016
- Talks attended:(1) ‘Enteral Nutrition’ by Dr. Anand of Abott Nutrition in 2016  
(2) ‘Burns’ by Dr Sreekumar, HOD, Dept of Plastic Surgery, KMC, Manipal in 2016  
(3) ‘Inborn Errors of Metabolism’ by Dr. Mamatha of KEMH, Mumbai in 2017  
(4) ‘TPN in Pediatric nutrition’ by Dr. Anand Alladi of Apollo Hospitals, Bangalore in 2014

## Achievements

- Member of Indian Dietetic Association
- Published a paper on ‘Knowledge, Attitude and Practices study on Type II diabetes and the influence of education on it’ in the International Journal of Research in Medical and Health Sciences, Sept. 2014 . Vol.4, No.5
- Presented a poster on ‘Knowledge, Attitude and Practices study on Type II diabetes and the influence of education on it’ in the NCD meet held in KMC Manipal, 2014
- Presented a poster on ‘Nutritional Status of Dialysis Patients’ under Dr Priyanka and Mrs Ananya in the IDA meet held in Bangalore
- Gave a talk on ‘Autism and Nutrition’ in Apollo Speciality hospital, Jayanagar
- Presented a research study ‘Evaluation of relationship between nutritional status and quality of life of breast cancer patients and impact of dietary education on their KAP’ in KMC, Manipal,2016
- Presented a case study on ‘Nutritional management of Pediatric Burns’ in KMC, Manipal,2016

- Wrote an article 'Eating right during Menopause' for the women's day special issue of Inner wheel club magazine,2017
- Participated in health camps organized by World Diabetes Federation as a nutritionist around Udipi and other health camps in software companies in Bangalore
- Participated as a nutritionist in the public awareness, exhibition and screening programme held in KMC, Manipal on the eve of World Diabetes day,2014 and 2016
- Participated in a nutrition awareness programme held in 'Aasare', Home for the mentally challenged on the eve of Children's day

### Other Achievements

- Two time state level winner in the debate competition held by the Dept of Pre University Education during the year 2009-10 & 2010-11
- Classical singer (Completed Junior level examination)
- Trained Bharatanatyam dancer, have completed Vidwat examinations and earned Vidushi title.
- B grade Doordarshan dancer, have given performances all over India.
- Trained Odissi dancer.

### Personal Information

**Date of birth** : 17-06-1991

**Gender** : Female

**Nationality** : Indian

**Marital status** : Married

**Languages known** : English, Kannada, Hindi, Tulu.

**Husband's Name** : Saurabh S Kumar

**Temporary Address** : Flat 2B,2<sup>ND</sup> Floor, Windsor Court, Ashirbhavan Lane  
Kacheripady, Ernakulam, Kerala-682018

**Permanent Address** : House No. 12-4-74C, UK Bhandary towers, Vidyaranya  
Marg, Kadbettu, Udipi-576101, Karnataka

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**Mobile Number** : 9901782831

**Place: Ernakulam**

**Date :30-01-2019**

**SRIDEVI K BHAT**