

## **NEETHU PAUL**

**Nediyakalayil house,Kanakkary P.O.,Kottayam,  
Kerala,India.Tel:7045705214,8943427174  
neethupaul93@gmail.com**

### **OBJECTIVE:**

Seeking a challenging position in the healthcare industry as a Registered nurse where my extensive medical professional and practical experience will be fully utilized.

### **SKILLS AND COMPETENCIES:**

- \* Profound ability to plan,manage and organize to ensure complete care of patients.
- \* Multilingual professional,exceptionally good in communication and interpersonal skills.
- \* Excellent in problem solving,decision making,critical thinking and time management.
- \*Capable of working independently as well as in a multi-disciplinary team.
- \*Quick learner,punctual,team player,empathetic and dedicated professional.
- \* Management of emergency situations using critical thinking and clinical knowledge.
- \*Versatile in building therapeutic rapport with patients,family and health team members.
- \*Strong leadership and ability to deliver high quality work in fast paced environment.
- \*Recognition of situation requiring immediate actions and taking initiative to resolve them.

### **OTHER SKILLS:**

- \*Computer literate,knowledge of MS Office and windows family.

### **WORK EXPERIENCE:**

\*Working as a staff nurse in Sevenhills Hospital,Marol Maroshi Road,andher (East),Mumbai,from 23/11/2016 to till date.

Accredited by JCI,NABH AND NABL  
Department;Medical and surgical ward

- \*Management of patient including admission,transfer and discharge.
- \*Handling and taking over medical-surgical patients and equipment.
- \*Giving comprehensive nursing care to the patients,which are mainly based on assessment of needs,nursing diagnosis ,planning to meet the needs,implementation of nursing intervention and evaluation of nursing patients.
- \*Physical,Mental,Psychological and functional assesment of patients.
- \*Inter personal relationship with the co-workers,patients and relatives
- \*Implemented nursing assessments to explain treatments to patients and their families.
- \*Flexible to work in different shifts

## **ROUTINE FUNCTIONS:**

- \*Assessing the client.
- \*Assisting doctor for rounds and procedures.
- \*Calculation and administration of medication according to prescription.
- \*Monitoring vital signs.
- \*Care of emergency cases such as cardiac arrest.
- \*Resuscitative measure in emergency.
- \*Perform IV cannulation,IV fluid therapy and blood transfusion.
- \*Insertion of foley's catheter and Nasogastric tube.
- \*Oxygen administration.
- \*Care of tracheostomy.
- \*Care of surgical patients.
- \*Care of airway and suction.
- \*Prevention of infection and diseases.
- \*Pain management and ward management.
- \*Maintaining stock and storing of drugs.
- \*Handling various modern equipment.
- \*Keeping records and reports.

## **EDUCATION & CERTIFICATES:**

- \*2009-SSLC,EMMANUEL'S H.S.S,Kothanalloor,State Board,Kerala,India
- \*2011-Plus Two,Govt.Vocational H.S.S,Kanakkary,Vocational Higher Secondary Board,Kerala,India
- \*2015-Bachelors of Degree in Nursing,Gopala Gowda Shanthaveri Memorial College of Nursing,Mysore,Rajiv Gandhi University of Health Science,Karnataka,India.

## **MEMBERSHIP:**

- \*2016 Member of Karnataka State Nursing Council ; Reg No:072655
- \*2017 Member of Maharashtra State Nursing Council.; Reg No:XVII - 19002

## **REFERENCES:**

- 1.Mrs.K.Yeshoda  
Principal  
Gopala Gowda Shanthaver Memorial College of Nursing  
Mysore-570 010
2. Mrs. Ajithapawar  
Nursing Superintendent  
Sevenhills Hospital Mumbai  
Contact: - 022-67676767

**DECLARATION:**

I hereby declare that the above mentioned information is true to the best of my knowledge and belief.

PLACE : MUMBAI

DATE :

Miss.NEETHU PAUL