



RINZA PARVEEN P M

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MBBS graduate from Madras Medical College, second oldest medical college in India and underwent internship at Rajiv Gandhi Government General Hospital. It serves as the premier tertiary care center for the entire state of Tamil Nadu. Skills include:

- History Taking and Recording
- Monitoring Patient Vitals
- Minor surgical procedures
- Writing and maintaining case sheets and patient records
- Blood transfusion
- Basic emergency care
- Patient counselling
- Managing Wards
- ICU care

Education

- MBBS (Bachelor of Medicine and Bachelor of Surgery),
Madras Medical College and Government General Hospital,
Dr. MGR Medical University, Chennai, India : 2013 - 2019
- Science and Mathematics,
St. Antony's Public School, Kanjirapilly, India : 2010 - 2012
Central Board of Secondary Education.
- High School Certificate, : 2010
Vidyadiraja Vidyabhavan Senior Secondary School, India

Professional Experience

Madras Medical College and Government General Hospital, Chennai-3

MBBS, 2013-2018

- One of India's largest public hospitals with an in-patient bed strength of over 7000, across various disciplines. Level one trauma center of the state, the apex tertiary referral center, serving a population of over 75 million.
- Gained experience in taking patient medical histories, physical examinations, and vital signs, as well as in performing venipunctures, injections, various diagnostic procedures, interpretation of ECGs, CT and MRI scans, performed procedures like Endotracheal Intubation, Central Venous Access, Lumbar Puncture, Ascitic Tap, CPR according to AHA guidelines.
- Performed surgeries like Appendectomy, Excision of Sebaceous Cyst/Lipoma, Eversion of the sac in Hydrocele, Ray Amputation of Toe, and Wound Debridement under supervision and assisted surgeries like Thyroidectomy, Above knee amputation, Ilizarov's technique, Hernioplasty, under supervision.
- Conducted uncomplicated normal labors, Blood Transfusions, assisted in Lower Segment Caesarian Sections, Hysterectomy, and Tubectomy.
- Experience in diabetic ward, Toxicology ward, Burns management, Suturing techniques, Trauma care.
- Believes in compassionate care for patients hence good at patient interaction.

Honors and Awards

- First Class in General Surgery, General Medicine, ObGyn, and Pediatrics - Dr. MGR Medical University : 2018
- First Class in Otorhinolaryngology and Ophthalmology, Community Medicine - Dr. MGR Medical University : 2017
- First class in Pathology, Pharmacology, Forensic Medicine - Dr MGR Medical University : 2016
- Distinction in Microbiology - Dr MGR Medical University : 2016
- First Class in Anatomy, Physiology, Biochemistry - Dr MGR Medical University : 2014

Volunteering Experience

- Medical camps at Cyclone Vardha affected localities, December 2016
- Flood Relief Camp: Providing free medical check-up and distribution of basic medicines during the floods in Chennai, December 2015
- Madras Medical College Blood Donors Club: Taken part in numerous Blood donation camps across the district of Chennai, 2016 - 2019
- Doctors for Seva: Providing healthcare through the concept of community service, 2018- 2019

Co-curricular Activities

- Organizing committee member, Kalaioma Intra-College Cultural Fest, 2017
- Won Miss Kalaioma in Kalaioma Intra-College Cultural Fest, 2014
- Won various prizes in dance and drama events in Revivals, Inter College Cultural Fest

Hobbies and Interests

- Trained in various forms of classical dance.
- Avid reader, mostly fictions
- Movie buff

Language Proficiency

- English
- Hindi
- Malayalam
- Tamil

Above all, a hard worker, instinctive diagnostician, good team player, takes charge of situation, always up for a challenge and highly confident, seeks any opportunity to learn and evolve into a better medical practitioner.