

CURRICULAM VITAE

Miss. ROSHIN ELIAS

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**Staff Nurse
with one year
experience**

Sub: Application for the Post of Staff Nurse

PROFESSIONAL OBJECTIVES

To establish my career independently in the field of Nursing and to contribute to the growth of the organization in a progressive, challenging and dynamic manner.

PERSONAL DETAILS

| | |
|-------------------|---|
| Name | : Roshin Elias |
| Date of Birth | : 22.10.1995 |
| Sex | : Female |
| Marital Status | : Single |
| Nationality | : Indian |
| Religion | : Christian |
| Permanent Address | : Thundathil House Palliport P.O. Palliport Pin - 683515 Ernakulam (Dist) Kerala,India |
| Languages Known | : English, Malayalam |

PERSONAL ACHIEVEMENTS

Best outgoing student for the year 2013-2017 from Don Bosco School of Nursing,
N. Paravur

ACADEMIC QUALIFICATION

| SI No. | Achievements | Year of Passing | University / Board | Remarks |
|--------|--------------|-----------------|---|---------|
| 1. | SSLC | March 2011 | Board of Public Examinations | 65% |
| 2. | Plus Two | March 2013 | Board of Vocational Higher Secondary Examination | 70.38 % |

PROFESSIONAL QUALIFICATIONS & REGISTRATION

| Achievements | Year of Passing | Institution | University/ Board | Remarks |
|--|-----------------|--|---------------------------------------|---------|
| Diploma in General Nursing & Midwifery | 2013 to 2017 | School of Nursing Don Bosco Hospital N.Paravur | Kerala Nurses and Midwives Council | 70.68 % |

PROFESSIONAL EXPERIENCE

Total years of experience : One year

| Job Title | Name & Address | Department | Period |
|--|---|-------------------|--------------------------------|
| Staff Nurse in Operation theatre | Don Bosco Hospital N. Paravur Erankulam Dist., Kerala, India | Operation Theatre | 01/06/2017 to 31/05/2018 |

MEMBERSHIP

| Organisation | Membership status | Membership Reg No. & Date |
|--|----------------------|---|
| The Kerala Nurses and midwives council (KNC) | Active (Life member) | Reg No.KL01201701477 Date : 12 th June 2017 |

JOB DESCRIPTION (Don Bosco Hospital)

- ◆ Render comprehensive and efficient service to the patient who is coming to the unit and focus on holistic approach.
- ◆ Plan, implement and evaluate care given to assigned patient in an effective and organized manner.
- ◆ Make clinical rounds with physician, assist in the therapeutic or diagnostic procedure as need.
- ◆ Carry out doctor's order s intelligently, accurately and promptly with proper documentation.
- ◆ Regular view to ensure complications are detected and dealt with promptly.
- ◆ Report any abnormal changes, laboratory results and patient's homodynamic status.
- ◆ Collaborates with physiotherapist in the client rehabilitation programme.
- ◆ Attends and participate in ward/unit meetings quality improvement, managerial activities as assigned.
- ◆ Administer medication including Intravenous Infusion following hospital procedures.
- ◆ Resuscitative measure in an emergency.
- ◆ Care of patients with invasive lines.
- ◆ Care of patients receiving internal & parenteral nutrition.
- ◆ Preparing patients for various investigative procedures.
- ◆ Care of equipment.
- ◆ Providing physical & emotional support for patients & family members.
- ◆ Health education & rehabilitation.
- ◆ Ensure the provision of high standard of quality service to all patient.
- ◆ Attend all gynaec, ortho and general laproscopic surgeries.

CLINICAL RESPONSIBILITIES

- Ensure the provision of a high standard of quality service to all patients.
- Act as a role model for more junior staff.
- Maintain own professional practice and have extensive knowledge of new developments relating to my specialties in operation theatre.
- Awareness of relevant nursing research and programs and participate in nursing research initiatives.
- Ensure adherence to nursing policies and procedures, guidelines and directives to all staff.
- Maintain a high level of competent practice.
- Direct responsibility for all patient needs while in the surgical process.
- Ensure complete and accurate documentation.

SPECIAL PROCEDURES LIKE

- Canulization
- Catheterization
- Wound dressing
- Ryles tube insertion
- Bladder wash
- Suture removal
- AMBU ventilation
- Stomach wash
- Blood tranfusion
- Bed Bath

ASSISTING

- Suturing
- Incision & curettage
- Plastering the fracture site
- Defibrillation
- Ventilators
- LSCS
- D & C
- Operative laproscopic surgeries
- Lap hystrectomy
- Abdominal hystrectomy
- Tenden repair
- ILN
- DHS
- ORIF
- FESS
- Adenoidectomy
- Tonsillectomy
- Tympanoplasty
- Myringotomy
- Nasal Bone Reduction
- Cystoscopy

EQUIPMENTS FAMILIAR WITH

- Ø Cardiac monitor
- Ø B.P Apparatus
- Ø Multiparameters
- Ø Infusion pumps
- Ø Pulse oxymeter
- Ø Glucometer
- Ø Suction apparatus
- Ø Nebulizer

- Ø O₂ cylinder
- Ø Ambu Bag
- Ø ECG Machine
- Ø Water bed
- Ø Ventilators
- Ø Defibrillator

HOBBIES

Dance , Drawing, Listening music

REFERENCE

1. Sr. Priya
Principal
Don Bosco School of Nursing
N.Paravur
Kerala, India
Ph : 9645922345 (Mob)

2. Sr. Sneha
Nursing Superintendent
Don Boscho Hospital
N.Paravur
Kerala, India

DECLARATION

I hereby declare that the statements mentioned above are true and complete to the best of my knowledge and belief.

Thanking You
Yours faithfully

Place : N Paravur
Date :

Roshin Elias