



# SITHARA GEORGE

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## Objective

To obtain a position of a Nurse in a hospital where I will get a chance to improve my knowledge and upgrade my skills

## Experience

1. 2019 February to present  
• Staff Nurse • **Aster Medcity, Cochin** •
2. 2013 December to December 2014  
• Staff Nurse • **Lilavati Hospital & Research Centre, Mumbai** •
3. 2011 May to July 2011  
• Staff Nurse • **Athena Hospital, Karnataka** •
4. 2010 March to February 2011  
• Staff Nurse • **Nirmala Hospital, Karnataka** •

## Key Responsibilities

- Assisted senior doctors in the medical examination of the patients.
- Responsible for keeping record of patients, their family history and other required documents.
- Performed basic medical examinations or duties like-checking patients, physical check up, diagnose injuries and many common illnesses and so on.
- Responsible for providing instructions and suggestions to the patients and their families frequently.
- Maintained a good relationship with the patients and their families.
- Provided support and care by keeping patients need in the mind.

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- Monitoring of vital signs
- Administration of medication
- Peripheral line insertion
- IV medication administration
- Receiving and managing emergency cases
- Assisting in deliveries
- Newborn resuscitation
- Care of the patients postoperatively
- Preparation of patients for surgeries
- Blood collection for various investigations
- Blood transfusion
- Catheterization
- Suture removal
- Dressing
- Monitor the patients in labour
- Provide nebulization

### Technical Knowledge

#### **Adept at handling the following equipments :**

- BP Apparatus
- Pulse oxymeter
- Non invasive BP monitor
- Suction apparatus
- Vacuum extractor
- Nebulizer
- Steam inhaler
- Glucometer
- Doppler
- E.C.G machine
- Syringe Pump
- Infusion Pump
- Ophthalmoscope
- Ambubag
- Cardiac Output Monitor
- ECG Monitor
- Feeding Pumps
- Temperature Probe
- BIPAP Machine
- Defibrillator

### Education

- Athena College of Nursing,, Mangalore, Karnataka, India  
BSc Nursing (Post Basic) in the year 2011- 2013
- Nirmala School of Nursing, Shivamogga, Karnataka  
General Nursing & Midwifery in the year 2006 - 2010
- NSS Higher Secondary School, Anicad, Kottayam, India  
Intermediate(12<sup>th</sup>) in the year 2006
- St. Paul's High School, Vazhoor, Kottayam, Kerala, India  
Secondary School Leaving Certificate in the year 2004

### Skills

- Communication.
- Ability to Work Under Pressure.
- Decision Making.
- Time Management.
- Self-motivation.
- Leadership.
- Adaptability.

### References

Will be provided upon the request.

### Declaration

I do here by declare that the above furnished particulars are true and correct to the best of my knowledge.

**Mrs. Sithara George**