



JITTO GEORGE ADHIKARAM

JITTO G ADHIKARAM

ADHIKARAM HOUSE, PULINJODE POST OFFICE, VAIKOM,
KOTTAYAM DISTRICT, KERALA STATE, INDIA. PINCODE:686141

+919539145367, +919496215367

jittog93@gmail.com

DOB: 26 MAY 1991, AGE: 27

NATIONALITY: INDIAN

UNMARRIED

PERSONAL OBJECTIVE

MY DESIRE IS TO CREATE A TRULY COMPETITIVE AREA WHEREVER I WORK. I WANT TO BRING MY ENTHUSIASM AND SENSE OF CONFIDENCE TO THE ORGANIZATION AND TO THE PEOPLE I WORK WITH. MY INVOLVEMENT IN VARIOUS AREAS OF ACTIVITY AT COLLEGE HAS TAUGHT ME CRUCIAL SESSIONS ON LEADERSHIP AND TEAMWORK.

EDUCATION

COURSE	INSTITUTION	UNIVERSITY	PERCENTAGE OBTAINED	YEAR OF COMPLETION
MASTER OF SOCIAL WORK (M S W)	KE COLLEGE, MANNAM	M.G UNIVERSITY	62%	JUNE 2016
B A ECONOMICS	KE COLLEGE, MANNAM	M.G UNIVERSITY	64%	MARCH 2014
+2/ PRE-DEGREE	NATIONAL INSTITUTE OF OPEN SCHOOL	KERALA STATE	61%	APRIL 2011
SSLC	ST.EPHREM'S H S SCHOOL MANNANAM	KERALA STATE	60%	MARCH 2006

TRAINING HISTORY

- ❖ ONE MONTH BLOCK PLACEMENT IN **SACRED HEART HOSPITAL, PAYNKULAM.**
AS A PSYCHIATRIC SOCIAL WORKER.
- ❖ ONE MONTH BLOCK PLACEMENT IN MARVALAH DHAYARA PSYCHIATRIC REHABILITATION CENTER, ERNAKULAM.
AS A PSYCHIATRIC SOCIAL WORKER CUM PUBLIC RELATION OFFICER.
- ❖ ONE MONTH BLOCK PLACEMENT IN ADARRT DE ADDICTION CENTRE AS A DE ADDICTION COUNSELLOR.
- ❖ ONE MONTH Internship IN KOTTAYAM SOCIAL SERVICE SOCIETY. AS A COMMUNITY DEVELOPMENT WORKER.
- ❖ ONE MONTH BLOCK PLACEMENT IN NARAYANA HEALTH CITY, BANGLORE. AS A MEDICAL SOCIAL WORKER.

ACHIEVEMENTS

- CO ORDINATE THE NATIONAL CULTURAL FEST **AWAKE** [Fest for the intellectually Challenged children]

WORK EXPERIENCE

- **TWO YEARS** WORK EXPERIENCE AS A **PSYCHIATRIC SOCIAL WORKER CUM OFFICE ADMINISTRATOR** IN MARVALAH DHAYARA PSYCHIATRIC REHABILITATION CENTER. MALAYATTOOR, KALADY, ERNAKULAM.

MAR VALAH DHAYARA PSYCHIATRIC REHABILITATION CENTER IS A UNIT OF DIVYAKARUNYA CHARITABLE TRUST. THE ORGANIZATION MAINLY FOCUSES ON THE REHABILITATION OF THE MENTALLY ILL DESTITUTE PEOPLE THROUGH MEDICATION AND COUNSELLING AND OTHER THERAPIES.

SKILLS

- ✓ **COMMUNICATION AND INTERPERSONAL SKILLS:** HAVING MANAGED NUMEROUS EVENTS WHICH INVOLVE BRINGING PEOPLE ON BOARD AND COORDINATING MANY DIFFERENT STAKEHOLDERS, MY COMMUNICATION AND INTERPERSONAL SKILLS ARE EXCELLENT.
- ✓ **TEAMWORK:** MY ROLES HAVE REQUIRED ME TO BRING LARGE NUMBERS OF PEOPLE TOGETHER AND COORDINATE THEM TO ENSURE A SUCCESSFUL EVENT, WHICH HAS GIVEN ME EXPERIENCE BOTH WORKING WITH AND MANAGING THE TEAMS INVOLVED.

COMPUTER KNOWLEDGE

- BASIC KNOWLEDGE IN M S OFFICE –WORD, POWER POINT, EXCEL.

INTERESTS

WHEN I AM NOT AT WORK, I LOVE SPENDING TIME WITH FAMILY, VISITING NEW PLACES, TRAVELLING AND MEETING PEOPLE AND I LOVE SWIMMING AND LISTENING MUSIC.

STRENGTHS

 TEAM PLAYER.

 SELF -CONFIDENT & GOAL ORIENTED.

 ACTIVE MEMBER IN NATIONAL SERVICE SCHEME.

LANGUAGES KNOWN

- MALAYALAM : READ ,WRITE , SPEAK
- ENGLISH : READ ,WRITE , SPEAK
- TAMIL : SPEAK

CAREER GOAL

TO SEEK EXCEL KNOWLEDGE

REFERENCES

ELIZABETH SEBASTIAN, SECRETARY, DIVYAKARUNYA CHARITABLE TRUST, MARVALAH DHAYARA , MADHURIMA JUNCTION,

MALAYATTOOR POST OFFICE, ERNAKULAM DISTRICT, KERALA STATE, INDIA. PINCODE: 683587.

CONTACT NUMBER: **9947761570**

DECLARATION

I HEREBY DECLARE THAT THE INFORMATION PROVIDED ABOVE IS TRUE TO THE BEST OF MY KNOWLEDGE AND BELIEF.

PLACE: KOTTAYAM

JITTO G ADHIKARAM