

CURRICULUM VITAE

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MBBS, M.S. ORTHO

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OBJECTIVE

Seeking a position in an established hospital where I could serve people with the experience I have gained over the past few years in the field, to further my skills in the field of Orthopedics and to also work for the better growth and reputation of the firm.

EDUCATION

**MBBS 2001-2008 KS HEGDE MEDICAL ACADEMY,
MANGALORE, KARNATAKA**

Recognised by the Medical Council of India and affiliated to Rajiv Gandhi University of Health Sciences, Bangalore, Karnataka, INDIA.

1 year of compulsory rotatory internship and rural postings was completed at KS Hegde Medical Academy, Mangalore from 1/9/2008 to 16/10/2009.

**MS ORTHOPAEDICS APRIL 2010 –APRIL 2013 AARUPADAI VEEDU
MEDICAL COLLEGE AND HOSPITAL, PONDICHERRY Affiliated to
Vinayaka Missions University, Salem, India**

Underwent a structured program for M.S. Orthopaedics from April 2010 – April 2013 with six monthly rotations in specialized units of Sports Medicine, Hand Surgery, Pediatric Orthopaedics and Trauma Surgery. These included :-

- 1) Training in taking adequate history of patient along with a detailed physical examination; thereby offering a differential diagnosis and followed up with specific investigations and discussing various modalities of treatment and communicating with the patients and their bystanders regarding the best treatment options available.
- 2) Training to assist and perform various major and minor orthopedics surgical procedures and management of orthopedic emergencies.

3) Taking active part in paper presentations, case presentations, journal clubs, CMEs and undergraduate training as part of the post graduate training program. 4) Thesis done as part of M.S Orthopaedics training : **Results of surgical management of unstable distal end of radius fracture.**

LICENCES

Licensed by Travancore-Cochin Medical Councils, Kerala State, India.

PREVIOUS EMPLOYEMENT

ASSISTANT SURGEON AT GENERAL HOSPITAL, ERNAKULAM, KERALA – MORE THAN 3 YEARS OF EXPERIENCE

General Hospital, Ernakulam is a 783 bedded NABH accredited multi-speciality hospital. Orthopaedic department comprises of 6 units with full time service of 2 Senior consultants and 4 Assistant surgeons (including me). Average orthopaedic OPD patient input in a day was 350 with a maximum of upto 400. Average surgeries in a day amount to approximately 10 (including major and minor surgeries) with the orthopaedic theatre being operational for 6 days a week.

My responsibilities included :- 1) Assisting the senior consultants in running the OPD, day to day care of IP patient; including pre-operative work –up and post –operative rehabilitation.

2) Assisting senior consultants in various major orthopaedic procedures and be the first surgeon doing basic trauma surgeries and non surgical procedures such as closed manipulation and reduction of fractures as well as dislocations.

3) In-charge of a unit for the past 1 year which included; running OPD, admitting patients and doing surgical procedures (major and minor).

4) Taking classes for resident doctors and training them in basic management of trauma cases including orthopaedic procedures.

5) Attending to various medical camps.

CONFERENCES

1) Annual Indian Orthopaedic Association Conference (IAOCON) 2010, Jaipur, Rajasthan, INDIA

2) **28TH** Mangalore Orthopaedics Course 2010, Karnataka, INDIA

3) POACON 2011, Pondicherry, INDIA

4) GAIT Course 2011, Pondicherry, INDIA

5) **30TH** Mangalore Orthopaedics Course 2010, Karnataka, INDIA

- 6) Annual Indian Orthopaedic Association Conference (IOACON) 2012, Chennai, Tamil Nadu, INDIA
- 7) Additional CME of Kerala Orthopaedic Association – Revision TKR held at Aster Medcity, Kochi-2014, INDIA
- 8) Ganga Orthopaedic Trauma Course 2016, Coimbatore, Tamil Nadu, INDIA

PRESENTATIONS

- 1) Poster Presentation : Prospective study of Surgical Management of Unstable Distal Radius Fractures with Plating Techniques at 2012 IOACON, Chennai, Tamil Nadu, INDIA

SURGERIES ROUTINELY PERFORMED

- Closed and open reduction of Fractures and Dislocations
- K-wire fixation of phalangeal and distal radius fractures
- Intra-medullary nailing of Tibia and Femur
- Open Reduction and Internal Fixation of fractures of forearm, both bone legs, ankle
- DHS/ PFN of trochanteric and sub-trochanteric fractures
- Hemi-arthroplasty of fracture neck of femur
- TBW of olecranon and patella
- Carpal Tunnel Release
- De-Quervain's Release
- Ganglion Aspiration
- Implant Removal

STRENGTHS

- Ability to work under pressure
- Ability to converse with patients so as to make them feel comfortable
- Determination in treating patients
- Attention to detail
- A team player
- Excellent presentation and interpersonal communication skills
- Ability to establish good relationships with co-workers
- Adaptability to any given situation.

REFEREES

- Dr. Manu P Viswam, HOD, Department of Orthopaedics, General Hospital, Ernakulam, Kerala, INDIA (MOB : +91 9895662002)

- Dr. Biji Sathyan, Consultant, Department of Orthopaedics, General Hospital, Ernakulam, Kerala, INDIA (MOB: +91 9446454599)

- Dr. Ciril G Cherian, Junior Consultant, Department of Orthopaedics, General Hospital, Ernakulam, Kerala, INDIA (MOB: +91 9446076238)