

LIMI YOHANNAN
STAFF NURSE



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CAREER SUMMARY

A patient oriented and caring professional with excellent patience and remarkable organizing skills possesses 2 years' experience as a Nurse.

OBJECTIVE

Enhance, develop, and implement professional nursing care and management skills in a hospital and serve the needy and take care of them.

EDUCATION & QUALIFICATION

- BSc Nursing | 2011-2015 | KMCT College Of Nursing, Kozhikode.

LICENSE & REGISTRATION

- Kerala Nurses And Midwives Council (India)

SKILLS.

- Communication with patients to know the problem.
- Assistance to doctors during treatment.
- Basic care and treatment to the patients suffering from injuries.
- Primary medication and treatment for the patients.

COMPUTER SKILLS.

- MS Word, MS Excel & MS PowerPoint.
- Internet and E-mail Operations

WORK EXPERIENCE.

Organization (Present)	:	AHALIA DIABETES HOSPITAL
Designation	:	Staff Nurse
Location	:	Palakkad, Kerala
Period	:	03/04/2017 to till date.
Department	:	In-Patient Department (Medical surgical ward)

Organization 1 : AL NOOR HOSPITAL
Designation : Nursing Trainee
Location : Malapuram, Kerala
Period : 20/11/2015 to 18/07/2016.
Department : Emergency Department

TASKS HANDLED & RESPONSIBILITIES:

- Perform initial patient assessments and work with physicians to plan, implement and evaluate plans of care for patients.
- Collection of Lab Reports and Diagnostic tests, analysis and follow up of the same.
- Follow up of Doctor's directions soon after rounds.
- Frequent observation of patients for any adverse reactions & inform the Medical Officer quickly.
- Obtaining vital signs and administration of medications at the proper time.
- Special care of bedridden patients, e.g. medications, personal hygiene, back care, position changing, reassurance & psychological support, etc.
- Prevention of nosocomial infections using proper hand washing.
- Managing immobilized patients.
- ECG taking, IV cannulation, insertion of a urinary catheter, nasogastric tube, stomach wash.
- Maintaining records & reports of patient.
- Collection of specimen for investigation
- Supervision of patient care assistants.
- Give the charge to the shift-staff, including medicine over, about at medicine, lab record, indoor & outdoor at records.
- Electronically documented patient's response to nursing and non-nursing interventions
- Provided preoperative and postoperative education to patients and their families
- Participated in education and instructions preceding patient's discharge
- Managed patient's pain using pharmacological and non-pharmacological pain management interventions
- Performed instrument sterilization and cleaning through autoclave and cidex process.
- Obtained patient vital signs and consent for procedures.
- Assessed patient's status during the procedure and communicated all clinical abnormalities to the physician
- Documented the patient's plan of care using identified nursing diagnoses, expected patient outcomes, and selected nursing interventions.
- Assessed signs and symptoms indicating physiologic and psychosocial changes in the patient's condition.

Personal Details:

Full Name : Limi Yohannan
Spouse : Eldhose Varghese
Date of Birth : August 27, 1994
Nationality : Indian
Marital Status : Married
Languages Known : English, Malayalam, and Tamil.
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DECLARATION

I hereby declare that all details furnished above are correct to the best of my knowledge and belief.

Limi Yohannan