BIODATA

- 1. Name: Dr.RESMI M R
- 2. Complete Postal Address, Telephone Number, Fax, e-mail etc.

Thuruthiyil veedu Thazhathu kulakada P.O Kulakada Kollam 691521 Phone no: 9843395139

E mail : ponnuresmimr@gmail.com

- 3. Date of Birth: 18.05.1989
- 4. Marital status : married.
- 5. Spouse details: Dr. Jayakrishnan S (MBBS, MS, MCh- cardiothoracic and vascular surgery)
- 6. Educational Qualification : Degrees obtained (Begin with Bachelor's Degree)

DEGREE	INSTITUTION	FIELD(S)	YEAR
MBBS	Government medical college ernakulam	Medicine and Surgery	2007- 2012
MD	JIPMER	Dermatology, venereology and leprosy	January 2015- December 2017
DNB	National board of education, Delhi	Dermatology, venereology and leprosy	2018
MRCP (SCE)	The federation of royal college of physicians of UK& The british association of dermatologist	Dermatology	2018

Postdoctoralfellowship(will befinishing in june2019)	Lasers and dermatosurgery	July 2018- june 2019
------------------------------------------------------	---------------------------	-------------------------

7. Research/Training Experience

Duration	INSTITUTION
29.01.18 – 29.06.18 Senior resident	Department of dermatology, JIPMER
1.07.18 till date Senior Resident(Academic) Fellowship in lasers and dermatosurgery	Department of dermatology, JIPMER

8. Research specialization (Major scientific fields of interest):

Clinical dermatology, Dermatosurgery and lasers

9. Work Experience

Experience in assessing and treating a wide variety of skin conditions and diseases. Experience in dermocopy.

Got special training in various dermatosurgery and aesthetic procedures including electrosurgery, cryotherapy, acne scar management, nail surgeries, platelet rich plasma in scar management and alopecia, microdermabrasion, dermabrasion, various excisions, scar revisions, vitiligo surgeries(suction blister grafting, punch grafting, melanocyte suspension, outer root sheath melanocyte suspension grafting), chemical peeling, skin grafting, flaps, liposuction, ear piercing, ear lobe repair.

Experience in various laser procedures including IPL, Q switched NdYAG, long pulsed NdYAG, CO2 laser, ErYAG laser, Excimer laser.

Attended hands on workshop on fillers (basic and advanced) organized by ACSICON 2019

Special interest in vitiligo surgeries and acne scar management.

10. Research projects

1. Midline cutaneous lesions in neonates and spinal dysraphism under the guidance of Dr DM Thappa.

2. Standardising platelet-rich plasma for optimal biological response in dermatology (ongoing project)

11. ACADEMIC ACHIEVEMENTS

- 1. Second prize in quiz in **national conference of dermatopathology** society of india 2017
- 2. First prize in pediatric dermatology quiz organized by CMC vellore
- 3. Second prize for best E poster titled "Cerebriform Lichen Planus a rare presentation" in cuticon Pondicherry 2015.
- 4. First prize for best E poster titled "Schimmelpenning syndrome with choroid osteoma –a rare association" at pediatric dermatology CME, CMC vellore

12. Paper presentations

- 1. Presented a paper titled **"Factors predicting the treatment response in atrophic acne scars**" at national conference of association of cutaneous surgeons (ACSICON 2019)
- Presented a paper titled "Midline cutaneous lesions in neonates and spinal dysraphism" at national symposium on clinical dermatology 2017 – Back to roots 2
- 3. Presented a paper titled "Angioedema- a rare presentation of undifferentiated connective tissue disease" at Cuticon Pondicherry 2016
- **4.** E poster- Cuticon Pondicherry 2014-2015 **Cerebriform Lichen Planus a** rare presentation

13. Conferences attended

- 1. National conference of association of cutaneous surgeons (ACSICON) 2019
- 2. National conference of dermatopathology society of India 2017.
- 3. National symposium on clinical dermatology 2017- back to roots, banglore.
- 4. Cuticon Pondicherry 2015, 2016, 2017, 2018
- 5. CME in pediatric dermatology, CMC vellore, 2017

14. Membership

Indian association of dermatologist, venereologist and Leprologist.