Curriculum vitae

 Lincymol Varghese 

 Mobile: 7510937169,9400736173

 E-mailID: lincyvarghese0790@gmail.com

Career Goals

TO work in a multispecialty Hospital and render my service of modern medical

Diagnostic and planning for international procedures to serve mankind as whole

Acdemic Qualification

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| --- | --- | --- | --- | --- | --- |
| QualificationAttained | Date ofCoursecompleted | Name ofInstitute | CompleteAddress | University /Board | % ofDivision |
| Diploma inGeneral NursingAnd midwifery(GNM) |  2011 | YashodaSchool of NursingHyderabad | Yashoda schoolOf Nursing plot NoC-53 Rood No-16Green park coionyHyderabadSaroornagar500035,A.p. | Ap Nursing andMidwifery(OsmaniaUniversity) | 1-70.8%2-78.4%3-77.2%Internship-86.6%First Division |
| Intermediate(Biology Science | 2007 | St.Marys H.S.S Champakulam | StMarys H.S.SChampakulamAlappuzha kerala 688505 | EducationDepartmentOf Kerala | -70% |
| S.S.L.C | 2005 | B.B.M.H.SVaisyambhagom | B.B.M.H.SVaisyambhagomAlappuzhaKerala 688005 | EducationDepartmentOf Kerala | -60%  |

Work Experience

Professional Experience : 6 & half Years

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| Name ofHospital |  BedCapacity | Designation | Duration | Depart Ment | Address |
| Yashoda MultiSpecialityHospitalSecunderabad | 1000(NABHAccredited) | Staff Nurse | 03/03/2011To 28/08/2013 | Obstetric &Gynecology AndPaediatric | Behind Hari Hara kalaBhavan, s.p RoadSecunderabadPin-500003Andra pradesh |
| Max superSpecialityHospitalSaket |  532(AccreditedBy JCI,NABH& nursingExcellenceFrom NABH | SeniorStaffNurse | 30/11/2013To8/1/2018 | Gynecology | Ltd-2 pressEnclave RoadSaket,New-Delhi-110017 |

Professional Membership

* The Andhra Pradesh Nurses, Midwives,Auxiliary Nurse-Mindwives and Health Visitors Council.

Registration number :113705,113270

Date of Registration :08/08/2011

Date of Expiry :08/08/2021

 Certification and training details

|  |  |
| --- | --- |
| Year and place | Name of course / programe |
| 2012 september in Yashoda Hospital | Indian Academy of paediatrics(First golden minute project) |
| 2013 January in yashodaHospital | Basic Life support |
| 2013 August in yashodaHospital | Paediatric advancedLife support (PALS) |
| 2014 August in max saket | Medel a Breast feddingEducation programe. |

* 2012 in Yashoda Hospital special appreciation certificate for best Nurse in

Obstetrics and Gynecology department

* 2014 in max saket special appreciation certificate for best Nurse in

Gynocology department.

Clinical skills and Responsibilities

* Handles all pre & post op case like LSCS, Normal delivery,MTP ,

 High risk Pregnancies, D & C, Hystrectomy, IUGR, GDM etc.

* Doing assessment and physical examination..
* Recording Vital Signs
* Maintaining clean and safe environment for patients.
* Maintaining nutritional needs of patients.
* Administering Medications.
* Dynamic monitoring of critically ill patients.
* Helping Doctors in Diagnosis and Treatment.
* Preparing patients and articles for medical, surgical and nursing procedures.
* Assisting Doctors in physical Examination.
* Observing changes in patients’ condition recording, taking necessary action and reporting to the concerned authority.
* Giving heath Education to patient and relatives.
* Participating in planning of Nursing Care
* Implementing and maintaining ward policies and routines.
* Coordinating patients care with other health team members.
* Airway management.
* Catheterization.
* Ryle’s Tube insertion and feeding.
* Wound dressing.
* CPR
* Assisted to postnatal mother for lactation
* Assisted to take delivery.
* Routine Care of new born babies.
* Phototherapy

 **Proficiency in use of equipments like :**

* Pulse Oxymeter
* Warmer
* Syringe pump and Infusion Pump
* Cardiac Monitor
* Nebulizer
* Ambu Bag
* Defibrillator
* Suction Apparatus
* Glucometer
* B P Apparatus
* Infusion Pump
* Laryngoscope
* CTG Machine
* ECG Machine

 **Personal Details**

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| Father’s Name  | : | Mr. Varghese  |
|  |  |  |
| Nationality  | : | Indian  |
|  |  |  |
| Gender  | : | Female  |
|  |  |  |
| Date of Birth  | : | 07/02/1990 |
|  |  |  |
| Religion  | : | Christian  |
|  |  |  |
| Marital Status  | : | Married |
|  |  |  |
| Languages Known  | : | English, Malayalam, Hindi, Telugu  |
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| **Passport Details** |  |  |
|  |  |  |
| Passport No,  | : | L5673832 |
|  |  |  |
| Place of Issue  | : | Cochin |
|  |  |  |
| Date of Issue  | : | 17/10/2013 |
|  |  |  |
| Date of Expiry  | : | 16/10/2023 |

**Reference**

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| --- | --- | --- | --- |
| 1. | Mr.M.V.NagannaDirector of Nursing Yashoda HospitalSecunderabad, Andhra Pradesh | 2. | Mr.Vinod.k General Manager and chief Nursing officer MSSH, saketNew Delhi - 110017 |

**Declaration**

I hereby declare that above mentioned information are true and correct to the best of my knowledge and belief.

Place :

Date : (Lincymol Varghese)