Curriculum vitae

Lincymol Varghese 

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Career Goals

TO work in a multispecialty Hospital and render my service of modern medical

Diagnostic and planning for international procedures to serve mankind as whole

Acdemic Qualification

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| --- | --- | --- | --- | --- | --- |
| Qualification  Attained | Date of  Course  completed | Name of  Institute | Complete  Address | University /  Board | % of  Division |
| Diploma in  General Nursing  And midwifery  (GNM) | 2011 | Yashoda  School of  Nursing  Hyderabad | Yashoda school  Of Nursing plot No  C-53 Rood No-16  Green park coiony  Hyderabad  Saroornagar  500035,A.p. | Ap Nursing and  Midwifery  (Osmania  University) | 1-70.8%  2-78.4%  3-77.2%  Internship  -86.6%  First Division |
| Intermediate  (Biology Science | 2007 | St.Marys H.S.S Champakulam | StMarys H.S.S  Champakulam  Alappuzha kerala 688505 | Education  Department  Of Kerala | -70% |
| S.S.L.C | 2005 | B.B.M.H.S  Vaisyambhagom | B.B.M.H.S  Vaisyambhagom  Alappuzha  Kerala 688005 | Education  Department  Of Kerala | -60% |

Work Experience

Professional Experience : 6 & half Years

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| Name of  Hospital | Bed  Capacity | Designation | Duration | Depart Ment | Address |
| Yashoda Multi  Speciality  Hospital  Secunderabad | 1000  (NABH  Accredited) | Staff Nurse | 03/03/2011  To 28/08/2013 | Obstetric &  Gynecology  And  Paediatric | Behind  Hari Hara kala  Bhavan, s.p Road  Secunderabad  Pin-500003  Andra pradesh |
| Max super  Speciality  Hospital  Saket | 532  (Accredited  By JCI,NABH  & nursing  Excellence  From NABH | Senior  Staff  Nurse | 30/11/2013  To8/1/2018 | Gynecology | Ltd-2 press  Enclave Road  Saket,New-Delhi  -110017 |

Professional Membership

* The Andhra Pradesh Nurses, Midwives,Auxiliary Nurse-Mindwives and Health Visitors Council.

Registration number :113705,113270

Date of Registration :08/08/2011

Date of Expiry :08/08/2021

Certification and training details

|  |  |
| --- | --- |
| Year and place | Name of course / programe |
| 2012 september in  Yashoda Hospital | Indian Academy of paediatrics  (First golden minute project) |
| 2013 January in yashoda  Hospital | Basic Life support |
| 2013 August in yashoda  Hospital | Paediatric advanced  Life support (PALS) |
| 2014 August in max saket | Medel a Breast fedding  Education programe. |

* 2012 in Yashoda Hospital special appreciation certificate for best Nurse in

Obstetrics and Gynecology department

* 2014 in max saket special appreciation certificate for best Nurse in

Gynocology department.

Clinical skills and Responsibilities

* Handles all pre & post op case like LSCS, Normal delivery,MTP ,

High risk Pregnancies, D & C, Hystrectomy, IUGR, GDM etc.

* Doing assessment and physical examination..
* Recording Vital Signs
* Maintaining clean and safe environment for patients.
* Maintaining nutritional needs of patients.
* Administering Medications.
* Dynamic monitoring of critically ill patients.
* Helping Doctors in Diagnosis and Treatment.
* Preparing patients and articles for medical, surgical and nursing procedures.
* Assisting Doctors in physical Examination.
* Observing changes in patients’ condition recording, taking necessary action and reporting to the concerned authority.
* Giving heath Education to patient and relatives.
* Participating in planning of Nursing Care
* Implementing and maintaining ward policies and routines.
* Coordinating patients care with other health team members.
* Airway management.
* Catheterization.
* Ryle’s Tube insertion and feeding.
* Wound dressing.
* CPR
* Assisted to postnatal mother for lactation
* Assisted to take delivery.
* Routine Care of new born babies.
* Phototherapy

**Proficiency in use of equipments like :**

* Pulse Oxymeter
* Warmer
* Syringe pump and Infusion Pump
* Cardiac Monitor
* Nebulizer
* Ambu Bag
* Defibrillator
* Suction Apparatus
* Glucometer
* B P Apparatus
* Infusion Pump
* Laryngoscope
* CTG Machine
* ECG Machine

**Personal Details**

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| --- | --- | --- |
| Father’s Name | : | Mr. Varghese |
|  |  |  |
| Nationality | : | Indian |
|  |  |  |
| Gender | : | Female |
|  |  |  |
| Date of Birth | : | 07/02/1990 |
|  |  |  |
| Religion | : | Christian |
|  |  |  |
| Marital Status | : | Married |
|  |  |  |
| Languages Known | : | English, Malayalam, Hindi, Telugu |
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| **Passport Details** |  |  |
|  |  |  |
| Passport No, | : | L5673832 |
|  |  |  |
| Place of Issue | : | Cochin |
|  |  |  |
| Date of Issue | : | 17/10/2013 |
|  |  |  |
| Date of Expiry | : | 16/10/2023 |

**Reference**

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| --- | --- | --- | --- |
| 1. | Mr.M.V.Naganna  Director of Nursing Yashoda Hospital  Secunderabad, Andhra Pradesh | 2. | Mr.Vinod.k  General Manager and chief Nursing officer  MSSH, saket  New Delhi - 110017 |

**Declaration**

I hereby declare that above mentioned information are true and correct to the best of my knowledge and belief.

Place :

Date : (Lincymol Varghese)