**CURRICULUM VITAE**

NAME : MARGRET ANIJA

AGE : 30 YEARS

GENDER : FEMALE

NATIONALITY : INDIAN

FATHER’S NAME : M. T. ANTONY

DATE OF BIRTH : 11-08-1988

MARITAL STATUS : MARRIED

SPOUSE NAME : ANTONY THANKACHAN

RELIGION : CHRISTIAN, LATIN CATHOLIC

ADDRESS : MANCINI, ERUVA EAST,

 ERUVA EAST, KAYAMKULAM,

 ALAPPUZHA, KERALA – 690564

PHONE NUMBER : +91 9048665777

PHONE NUMBER (SAUDI) : +966571916961

MOBILE NUMBER : +91 9995337007

LANGUAGES KNOWN : MALAYALAM, ENGLISH, HINDI AND TAMIL

**OBJECTIVE**:

* TO EXERCIZE THE KNOWLEDGE GATHERED AS PART OF NURSING COURSE TO THE BEST OF MY ABILITY WITH SINCERITY AND DEDICATION.
* TO IMPROVE AND PHYSICAL AND MENTAL HEALTH FO TH SOCIETY BY BEING COMMITTED TO MY NURSING PROFESSION

**EDUCATIONAL PROFILE**:

**BSC NURSING**

PERCENTAGE OF MARKS OBTAINED

1ST YEAR -------------------70.12%

2ND YEAR -------------------68.33%

3RD YEAR ------------------- 69.28%

4TH YEAR ------------------- 69.75%

YEAR OF PASSING: 2010

COLLEGE: DR. JOHN’S COLLEGE OF NURSING, BANGALORE

**PUC IN MARCH 2006**

PERCENTAGE : 80.33%

YEAR OF PASSING : 2006

SCHOOL : GOVT. HIGHER SECONDARY SCHOOL FOR GIRLS,

 ERNAKULAM

**SSLC IN MARCH 2004**

PERCENTAGE : 83.83%

YEAR OF PASSING : 2004

SCHOOL : ST. ANTONY’S H.S.S. ERNAKULAM

**COMPUTER SKILL**

GOOD TYPING SKILL

DIPLOMA IN MEDICAL TRANSCRIPTION (2013) WITH B GRADE

**PROFESSIONAL TRAINING (AS A STUDENT)**

* TRINITY HEALTH FOUNDATION HOSPITAL, BANGALORE
* K C GENERAL HOSPITAL BANGALORE – 46
* K K HOSPITAL, YELAHANKA, BANGALORE – 64
* MIND PSYCHIATRIC HOSPITAL, BANGALORE
* GENERAL HOSPITAL YESHWANTHAPURA, BANGALORE
* GENERAL HOSPITAL YELAHANKA, BANGALORE - 64
* GENERAL HOSPITAL RAJAJINAGAR, BANGALORE
* KIDWAI ONCOLOGY HOSPITAL, BANGALORE

**POSITIVE TRAITS**

* WILLING TO LEARN AND ABILITY TO WORK AS A TEAM
* HAVING POSITIVE ATTITUDE AND SELF CONFIDENCE
* VERSATILE IN NATURE AND ADAPTABLE TO ANY CHANGE

**RESEARCH DONE**

 AS A PART REQUIREMENTS FOR THE COURSE OF DEGREE IN NURSING A RESEARCH PROJECT WAS DONE NAMED “A STUDY TO ASSESS THE KNOWLEDGE OF ADOLESCENT GIRLS REGARDING REPRODUCTIVE HEALTH”

**CLINICAL EXPERIENCE**

**2 YEARS AND 5 MONTHS** OF EXPERIENCE IN **APOLLO HOSPITALS, CHENNAI, INDIA** IN **MULTISPECIALITY WARD** AS STAFF NURSE (NOVEMBER 2010 – MAY 2013)

**7 MONTHS** OF EXPERIENCE IN **INTENSIVE CARE UNIT** IN **ALMAS HOSPITAL KOTTAKKAL, MALAPPURAM, INDIA** AS STAFF NURSE (MAY 2013 – DECEMBER 2013)

**10 MONTHS** OF EXPERIENCE IN **CARDIAC CARE UNIT** IN **MEDICAL TRUST HOSPITAL, ERNAKULAM, INDIA** AS STAFF NURSE(DECEMBER 2013 – OCTOBER 2014)

WORKING IN **KING FAISAL MEDICAL COMPLEX, TAIF, SAUDI ARABIA** IN **MEDICAL WARD** AS STAFF NURSE SINCE **OCTOBER 2014 TO PRESENT**

**IELTS (ACADEMIC) JANUARY 2018**

LISTENING: 8.5 READING: 7.5 WRITING: 6.5 SPEAKING: 7

OVERALL : 7.5

**JOB PROFILE**

* MONITORING CARDINAL SIGNS
* MONITORING OF BLOOD SUGAR
* ADMINISTERING DRUGS – ORAL, SUBLINGUAL, SUBCUTANEOUS, INTRAVENOUS, INTRADERMAL, AND INTRAMUSCULAR
* DOING ADMISSION, DISCHARGE AND TRANSFER OF PATIENT
* MEETING NUTRITIONAL AND ELIMINATION NEEDS
* NASOGASTRIC TUBE FEEDING
* PEG FEED
* RYLES TUBE INSERTION
* ADMINISTRATION OF ENEMA, SUPPOSITORIES, BOWEL WASH ETC.
* URINARY CATHETERIZATION
* ASSESSING PHYSICAL, PSYCHOLOGICAL AND PSYCHOSOCIAL NEEDS OF THE PATIENT
* MEETING HYGIENIC NEEDS OF THE PATIENT
* MAINTAINING RECORDS AND REPORTS
* PROVIDING HEALTH INFORMATIONS
* PREPARING THE PATIENT FOR INVESTIGATIONS
* IV CANNULATION, EXTRACTING BLOOD SAMPLES ( VENOUS AND ARTERIAL BLOOD)
* PRE, INTRA, POST CARE OF BLOOD TRANSFUSION
* DOING COLOSTOMY, ILEOSTOMY, AND URETEROSTOMY CARE
* MONITORING EPIDURAL, NERVE BLOCK INFUSIONS
* CARE OF PATIENTS WITH OXYGEN THERAPY, VAC DRESSING AND BLADDER IRRIGATION
* CARE OF PREOPERATIVE AND POST OPERATIVE PATIENTS IN MULTISPECILITY AREAS (ORTHO, UROLOGY, GYNECOLOGY, GASTROENTEROLOGY, GENERAL SURGERY, PLASTIC SURGERY ETC.)

**PROCEDURES ASSISSTED**

* SKIN BIOPSY
* PLEURAL TAPPING
* BONE MARROW ASPIRATION
* NERVE BLOCK CATHETER INSERTION
* VAC DRESSING
* LUMBAR PUNCTURE
* ENDOTRACHEAL INTUBATION
* ASCITIC FLUID TAPPING
* ECHOCARDIGRAPHY
* WOUND DRESSING
* SUTURING
* SUTURE REMOVAL
* COLONOSCOPY
* ENDOSCOPY
* DIALYSIS CATHETER INSERTION
* CENTRAL VENOUS CATHETER INSERTION

**EQUIPMENTS USED AT WORK**

* PULSE OXYMETER
* NEBULIZER
* GLUCOMETER
* OXYGEN CYLINDER
* MECHANICAL VENTILATOR
* ABG MACHINE
* GLUCOMETER
* ECG MACHINE
* SUCTION APPARATUS
* INFUSION PUMP
* SYRINGE PUMP
* FEEDING PUMP
* CARDIAC MONITOR
* DEFIBRILLATOR
* SCD, FLOTRAN

**DECLARATION**

 I HEREBY DECLARE THAT THE INFORMATION GIVEN ABOVE IS TRUE TO THE BEST OF MY KNOWLEDGE

DATE: 13-02-2019

PLACE: KAYAMKULAM MARGRET ANIJA