

# RIYA JACOB

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## **OBJECTIVE:**

To obtain a position in a healthcare facility where I can utilize my skills, knowledge and experience to provide quality health care.

**PROFESSION** : Registered Nurse & Registered Midwife (RN/RM)

## **ACADEMIC QUALIFICATION**

| <b>Qualification</b> | <b>Institute</b>  | <b>Year</b> |
|----------------------|---|-------------|
| SSLC                 | St. Mary's High School Edathua,<br>Kerala               | March 2000  |
| Plus-Two             | St. Aloysius Higher Secondary<br>School Edathua, Kerala | March 2002  |

## **PROFESSIONAL QUALIFICATION**

| <b>Qualification</b>                              | <b>Institute</b>   | <b>Year</b>             |
|---|--|-------------------------|
| 3 Years Diploma in general<br>nursing & midwifery | St. Thomas Hospital<br>Chethippuzha, Changanacherry                                | 1-01-2003 to 31-12-2005 |
| Professional Registration                         | The Kerala Nurses and<br>Midwifery Council<br>Reg. Nurse/Midwife<br>Reg. No. 49321 | 1-01-2003 to 31-12-2005 |
| B.L.S.  | SAUDI HEART ASSOCIATION  | 2013 to 2015            |
| P.T.C   | Indraprastha Appollo Hospitals,<br>New Delhi                                       | 17-03-2009              |

**WORKING EXPERIENCE:**

**Total experience : 10 Years**

**Working Expertise:**

| <b>Hospital</b>                   | <b>Specialty</b>     | <b>Tenure</b>            | <b>Address</b>                         | <b>Beds</b> |
|-----------------------------------|----------------------|--------------------------|--|-------------|
| St. Thomas Hospital Chethippuzha, | General Surgery Ward | 22-03-2006 to 14-05-2007 | Changanacherry, Kerala. India.         | 400         |
| Indraprastha Apollo Hospital      | High Dependency Unit | 1-08-2007 to 10-08-2009  | New Delhi, India                       | 617         |
| Ohud Hospital                     | Intensive care unit  | 25-09-2009 to 11-7-2015  | Madina, Kingdome of Saudi Arabia (MOH) | 300         |
| Nedumchalil Trust Hospital        | Pediatric Department | 05-02-2018 to 15-03-2019 | Muvattupuzha, Kerala                   | 150         |

**BRIEF DISCRIPTION OF ROLE AND RESPONSIBILITY:-**

- Conducting routine physical assessment, planning and implementing nursing care as per patient need and comfort.
- Currently working as a staff nurse in medical intensive care unit.
- Handled sick patients with ventilator, inotropic and pacing support, ICD central and arterial lines
- Have experience in transferring patient from one unit to other with support of ventilator and inotropes.
- Monitoring vital signs and intake out put.
- Observing early complication of surgery like arrhythmia, change in blood pressure. Oxygen saturation, bleeding etc.
- Implementing strict hand washing and other infection control methods before each patient contact and procedure like ETT suctioning.
- Initiate CPR during Cardio pulmonary arrest.
- Assist doctors for different procedure like intubation, extubation, central line and arterial line insertion, peritoneal dialysis catheter insertion, chest drainage catheter insertion, venepuncture etc.
- Providing complete care for patients on ventilator.
- Perform IV Cannulation, IV Fluid infusion and Blood and blood product transfusion.
- Extract samples for lab investigation including ABG.

- Administration of oral, IV, IM, S/C drugs.
- Providing assistance to patient in their activities of daily living during their stay in the hospital.
- Implementation of various procedures like surgical dressing, gastric lavage, catheterization, suctioning, nasogastric tube insertion, nasogastric tube feeding etc.
- Preparing the patient for surgery, witnessing consent, administering pre-medication, assisting patient while transferring to Operation Theater, psychological support to patient and relatives.
- Providing health teaching to the patient and their family members regarding diet, medication, exercises etc.
- Supervising, guiding, teaching junior staffs during each shift.

#### **TYPES OF PATIENTS HANDLED IN INTENSIVE CARE UNIT**

- 1 Accident cases
- 2 Seizures
- 3 Hypoglycemia
- 4 Hypertension
- 5 A.S.D
- 6 Bronchial asthma
- 7 Diabetic Ketoacidosis
- 8 Dengue Fever
- 9 CCF
- 10 Septic Shock
- 11 Encephalitis
- 12 Meningitis
- 13 Tuberculosis
- 14 Acute Bronchopneumonia
- 15 Acute Bronchiolitis
- 16 Burns
- 17 Post Operative Cases

### **SPECIAL PROCEDURES DONE/ ASSISTED**

- 1 Endotracheal intubation & extubation
- 2 Lumbar puncture
- 3 Bone marrow aspiration
- 4 Pleural tapping
- 5 Central and arterial line insertion
- 6 ICD insertion
- 7 CPR technique
- 8 Suturing
- 9 Catheterization
- 10 Wound dressing
- 11 Peritoneal dialysis
- 12 Liver biopsy
- 13 Blood sugar test
- 14 Blood transfusion
- 15 Nasogastric tube insertion
- 16 Nebulization
- 17 Enema
- 18 ECG
- 19 Arterial Blood Gas Analysis

### **EQUIPMENTS USED:**

Pulse Oximeter, Suction Apparatus, ECG Machine, Cardiac Monitor PHILIPS MP60, Nebulizer, Glucometer, Infusion Pumps, Sphygmomanometer, Syringe pump, SIEMENS 300A Ventilator, Defibrillator, Ba, ABG Machine.

**PASSPORT DETAILS:**

Passport No : G5130030  
Date of Issue : 15-10-2007  
Place of issue : COCHIN  
Date of Expiry : 14-10-2017

**PERSONAL DETAILS**

Gender : Female  
Date of Birth : 17-05-1985  
Nationality : Indian  
Religion : Christian  
Marital Status : Married  
Languages Known : English, & Malayalam, Hindi  
Permanent Address : Mammoottil (H),  
Edathua P.O,  
Alappuzha (Dist.)  
Pin: 689573  
Kerala (State), India

**REFERENCE:**

1. DR.MAHER SHERIF  
ICU Head of Department  
MD Anesthesiology & Critical Care  
Ohud Hospital  
Phone NO:+966533360951
2. Sr.SYEDA TASMIA NAZ  
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3. Dr. V.P Sajeev M.B.B.S , DCH  
Pediatrician  
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**DECLARATION:**

I hereby declare that the above mentioned information are true to the best of my knowledge and belief and can be supported with relevant documents when needed.

Riya Jacob