

CURRICULUM VITAE

TRESA REHNA K J
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OBJECTIVES

To secure a full BSc nursing job where talent, sense of responsibility, commitment output of work required and my skills are fully utilized being the qualifications and experience in this field, along with personal and professional growth commensurate with achievement.

PERSONAL DETAILS

Date of Birth : 05-10-1986
Sex : Female
Father's Name : Joy K V
Religion & Caste : Christian, RC
Nationality : Indian
Marital Status : Married
Languages Known : English, Hindi & Malayalam

HOBBIES

- Reading
- Writing

ACADAMIC QUALIFICATIONS

Qualifications	Institution	Board /university	Year	Percentage of Marks
SSLC	St tressa's Convent Girls HSS Ernakulum	Government of Kerala	2002	64%
Plus Two	Vocational Higher Secondary School,Pullepady ,Ernakulum	Kerala Higher Secondary Board	2004	55%
Degree in BSE Nursing	BIMR Nursing College Gwalior, MP	Jiwaj University	2004-2008	65%%

PROFESSIONAL EXPERIANCE

Period	Designation \$ institution	Capacity of Hospital
1 Year	Staff nurse Neuro ICU,BIMR Hospital ,Surya Mandir,Gwalior	250 bedded
3and1/2year	Shift in charge – MICU,Narayana Hirudayasala.sec-28,Pratap Nagar,Jaipur	250 bedded
1 year	Mercy Hospital Pothy, Thalayonarambu	250 bedded

REGISTRATION DETAILS

Name of nursing Council : Kerala Nurse And Midwives council
Professional status :BSC nurse
Registration No :KL0420601179
Date of Registration :KNMCON 22ndMarch 2016

DUTIES AND RESPONSIBILITIES

1. Performs and assists Doctors with admission transfer and discharge procedures
2. Provides complete Physical Examination, Study Past History & prioritizes nursing care
3. Utilizes nursing process in the care of neuro patients and make necessary alternations as the condition of the patients.
4. Documents vital signs and intake out put after careful assessment.
5. Carries out each activity in such a way that will enhance the speedy recovery of the patient.
6. Attends to physical needs (Hygiene, comfort) Psychological, spiritual and social needs of the patient.
7. Carries out Doctors legal orders.
8. Help Doctors in the diagnosis by reporting special observation promptly.
9. Keep up 12 rights of the patients when administrating medication.
10. Provides technical help in the diagnostic and therapeutic procedures.
11. Assure antiseptic methods in all procedures.
12. Prepare the patient physically and mentally before any invasive/ Strange Procedures.
13. Documents the treatment/ medications given and all special observations clearly and intimates unusual incidents to in charge/supervisor.
14. Institutions appropriate, measures for emérgencies and critical situations.
15. Explains rights & responsibilities to patient and bystander.
16. Observe patients and remains continually aware of patients conditions
For unusual and progressive symptoms, records and reports in order to
Improve Patient condition.
17. Participates in continuous nursing education programs as recommended by the institution.

18. Adhere to high professional standards and cooperate with other departments in the institution for the welfare of patients.

HANDLING EQUIPMENTS

- Thermometer
- BP apparatus
- Infusion & Syringe Pumps
- Pulse Oximeter
- CVP monitoring transducer
- Suction apparatus (Central & Portable)
- Crash Cart
- Nebulizer
- Glucometer
- Oxygen (Central & Portable)
- Ambu bag
- Laryngoscope
- Defibrillator
- Ventilator
- Monitor
- ECG machine

PROCEDURES ASSISTED

- Lumbar Puncture
- FNAC
- Bone marrow Biopsy
- Surgical Dressing, Suturing of Wounds
- Suture removal, Stapler removal
- Central line insertion
- Tracheostomy tube insertion and removal (Portex & Metal tubes)

PROCEDURES PERFORMED

- Tracheotomy suctioning and care of tubes.
- Urinary Catheterization.
- Ryle's tube insertion.
- Surgical skin preparation.
- Removal of staplers, Sutures & Sterile dressing.
- Blood and blood products transfusion.
- Medicine administration (all routes)
- Nasogastric/ Gastrostomy tube feeding
- Intra Venous cannula insertion & removal.
- Bladder irrigation, Enema, bowel wash.
- Bowel Preparations (Enema, bowel wash)
- Electrocardiogram
- Monitoring of vital Signs.
- Bed making
- Instillation of eye & nasal drops
- Sponge bath, mouth care, back care, Perineal care & tracheostomy care
- Care of Surgical drains sites and drain removal
- Providing Bladder and Irrigations.
- Hot and cold Applications.
- Care of Tracheostomy metal tube
- Phlebotomy

CASES ENCOUNTERED

Acute Myeloid Lukemia,NHL, Prostate Cancer,IVDP, Schizophrenia, Ewing Sarcoma, Rectal Cancer, CA Pancreas, CA Ascending Colon, Total Hip Replacement, Total Knee Replacement, CA Stomach, CA Buccal Mucosa, CA Larynx, Ca Tonque, CA Esophagus, Lung Cancer, Multiple Myeloma, CA Bladder, CA Breast, CA Ovary, Epistaxis, HIV-AIDS, Anal Cancer, CA Gall Bladder, CA Liver, CA Thyroid, CA Endometrium, Osteosarcoma, FTND.

PASSPORT DETAILS

Place of Issue : Cochin, Kerala
Passport No. : S6935205
Date of Issue : 13/09/2018
Date of Expiry : 12/09/2028

DECLARATION

I hereby declare that all information given above are true and correct to my knowledge and belief.

Place: Elanji

Date:

TRESA REHNA K J