

JISS JOSE

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OBJECTIVE

To work with skilled professionals who believe in the power of knowledge gained through experience and to update my knowledge and skills in accordance with the latest trends.

PERSONAL DETAILS

Date of Birth: 14/12/1992

Sex: Female

Father's Name: Jose Thomas

Nationality: Indian

Marital Status: Single

Religion: Christian

Present Address: Kozhimannil (H) Anikad PO Mallappally (WEST) Pathanamthitta Kerala Pin: 689585

Contact No: 8547380703

Languages Known: English, Hindi, and Malayalam

Passport Details: Date of Issue: 12/07/2016

: Date of Expire: 11/07/2026

: Place of Issue: Trivandrum

: Passport No: N9877668

ACADEMIC QUALIFICATIONS

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|--------------------|---|------|--------|
| Basic BSc. Nursing | Father Muller's College of Nursing, Mangalore | 2015 | 66.52% |
| Higher Secondary | St. Therasa's Higher Secondary School Chengaroor, Pathanamthitta , Kerala | 2011 | 75.05% |
| High School(SSLC) | St. Mary's High School Anikad | 2009 | 84.00% |

PROFESSIONAL DETAILS

Qualifications: BSc. Nursing

Institute: Father Muller's College Of Nursing, Mangalore

University: Rajiv Gandhi University of Health Science (RGUHS)

PROFESSIONAL QUALIFICATION

| Degree | University | Year of passing | Percentage |
|--------------------------------------|------------|-----------------|------------|
| BSc. Nursing (1 st year) | RGUHS | 2012 | 65.08% |
| BSc. Nursing(2 nd year) | RGUHS | 2013 | 60.00% |
| BSc. Nursing (3 rd year) | RGUHS | 2014 | 71.03% |
| BSc. Nursing(4 th year) | RGUHS | 2015 | 69.00% |

PROFESSIONAL EXPERIENCE

Breach Candy Hospital, Mumbai.

NABH Accredited

Position : Staff Nurse

Number of Beds : 213

Duration of service : 19/09/2016 to 30/11/2018

Area of specialization : Medical Surgical Ward

PROFESSIONAL REGISTRATION DETAILS

| | |
|-----------------------------|------------------|
| Nursing Registration | Registration No. |
| Maharashtra Nursing Council | XVII-18629 |
| Karnataka Nursing Council | 077218 |

NURSING EMPLOYMENT HISTORY

Details of present Employment: Breach Candy Hospital Trust Bhulabhai Desai Road
Duration of Service: FROM 19/09/2016 TO 30/11/2018
Area of Specialization: Medical Surgical Ward

DUTIES AND RESPONSIBILITIES OF STAFF NURSE

- Admission and Discharge of patients
- Giving Blood transfusion and plasma transfusion
- Monitoring and evaluate nursing care
- Administer medications , observing the right drug, patient ,dose, route, and time
- Plan, directassist with bedside nursing care given to the patients
- Give pre and post –operative teaching to clients undergoing surgery

PROCEDURES PERFORMED

Assisted in special procedure diagnostic or therapeutic

- Lumbar puncture
- General biopsy and needle biopsy
- Blood sample collections (Arterial and Venous)
- CVP line insertion
- Arterial insertion
- Cardio pulmonary resuscitation
- Blood transfusion
- ET tube insertion
- Bladder wash
- Peritoneal dialysis

Established in

- Monitor IV infusion control devices
- Insertion of nasogastric tube
- NGT feeding
- Foleys catheterization
- Blood sample extraction
- Suctioning (oral-nasal and tracheostomy)
- Steam inhalation

Equipment handled

- Sphygmomanometer
- Pulse oximeter
- Glucometer
- Oxygen cylinder
- Oxygen flow meter
- Blood warmer
- Suction apparatus
- ECG Machine
- Defibrillator
- Laryngoscope
- Bipap machine
- Ambu bag
- SCD
- Nebuliser and Steam inhaler
- Administration of chemotherapy
- Attending doctors rounds and carrying out orders
- Monitor vital signs
- Support patients and relatives talking to them, giving health teachings and explaining condition to them
- Establish and maintain a good relationship with the colleagues
- Maintain cleanliness of the unit.
- Assist doctor for physical examination and other procedure.

- Direct patient care including Bed making, Mouth care ,feeding etc. bedside IV line insertion, administration of medication.
- To meet Nutritional Physiological, social, Economic, Spiritual and Rehabilitation needs of patients.
- Investigation and collection of specimen.
- Pre and post-Operative preparation and care of patient.
- Co-ordination between members of Health team and patient.
- Care of patients with Diagnostic and Interventional procedures.
- Receiving and shifting of Pre and Post-operative patients to the respective wards.

JOB DESCRIPTION

1. Explains any procedures and laboratory tests at the daily routine to patient.
2. Assists Physician as indicated in examinations of doctors preparing diagnostic test.
3. Spot-check transcriptions of doctors for accuracy.
4. Do daily recording and reporting accurately and keep notes and update care plan.
5. Maintains focus of conversation with co-workers on matters about the patient's immediate care.
6. Speaks clearly and make sure that orders are clearly understood.
7. Comments about the patient's action to remind and reassure him of signs of improvement.

NURSING CAREPLAN

- 1 utilization of nursing process, assessment, planning, implementation and evaluation of care
- 2 Observes, take records symptoms and condition of patients
- 3 set up treatment trays, prepare instruments and other equipment and assists physician during the procedures

- UROSURGERIES
 - Hydrocelectomy
 - TURP
 - Lumpectomy
 - Cystoscopy
 - Lithotripsy
 - Nephrectomy
- GYNAECOLOGY SURGERIES
 - Hysterectomy (vaginal and abdominal)
 - Modified mastectomy
 - Salpingo-oophorectomy
- ORTHOPEDICSURGERIES

- Arthrotomy
- Laminectomy
- Cervical laminectomy
- Lumbar decompression
- ORIF
- Microdiscectomy
- Amputation
- THR
- TKR
- UKR
- Arthroscopy and rotator cuff repair

➤ NEUROSURGERIES

- VP shunt
- DSA
- Craniotomy

➤ ENT,EYE AND ONCOSURGERIES

- Port insertion
- Septoplasty
- Commando surgery
- MND

TYPES OF PATIENTS CARED IN MEDICAL SURGICAL WARD

➤ Respiratory conditions:

- Bronchitis,Asthma,ARDS,Pneumonia,COPD

➤ Neurological conditions:

- Head injury,Stroke,Epilepsy,Encephalitis,Parkinson's disease

➤ Renal conditions:

- CKD,Nephrotic syndrome,Acute and chronic renal failure

➤ Cardiac conditions

- Myocardial infraction, Left ventricular failure, Arhythmias, Unstable angina,Hypertension

➤ Other Emergency Situations:

- Road traffic accidents

- Cardiac arrest

SURGICAL CASES HANDLED

Post-surgical cases including

➤ Cardiacsurgeries

- PTCA
- CABG
- CAG
- AVR

➤ Gastrointestinalsurgeries

- Appendicectomy
- Laprotomy
- Hernioplasty
- Cholecystectomy
- Haemorrhoidectomy
- Fissurectomy
- Fistulectomy

TRAINING AND SEMINAR ATTENDED

- Basic life support training program.
- Training program on medico legal issues in health care professionals,
- Infusion and transfusion training program.
- Training program on diabetes mellitus.
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AREA OF EXPERIENCE

Keeping pace with new technologies.

REFERENCE

Madam Prajakta Hindlekar

Nursing Director

Breach candy Hospital trust

Mumbai

Phone Number: 022 236 7666 ,8879770674

DECLARATION

I hereby declare that the information given above is true to the best of my knowledge and belief eagerly looking forward to an opportunity to meet up you to discuss my qualification in greater detail. Many thanks in advice for your consideration.

Thanking you in anticipation

Yours faithfully

MS.JISS JOSE

Date:

Place: