

CURRICULUM VITAE

MRS. SHINU VARGHESE



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POST APPLIED FOR : STAFF NURSE

CARRIER OBJECTIVE

To achieve success and knowledge in Modern Health Care Field and strive hard for career development there by benefiting the institution and patients and serve to the best of my ability.

PERSONAL DETAILS

Father's Name : Mr. K. Varghese
Date of Birth : 17th February 1991
Sex : Female
Marital Status : Married
Religion : Christian
Nationality : Indian
Language Known : English, Hindi & Malayalam
Permanent Address : Kuruppan House
Rayamangalam P.O
Kuruppampady
Ernakulam Dist.
Kerala State (India)
Pin Code-683545

PASSPORT DETAILS

Passport No. : P1619991
Date of Issue : 15/06/2016
Date of Expiry : 14/06/2026
Place of Issue : Cochin

EDUCATION QUALIFICATION

Name of the Exam/	Board/	/Year of Passing
S.S.L.C.	Board of Public Examination, Kerala	March 2006
Plus Two	Board of Higher Secondary Examination, Kerala	March 2008

PROFESSIONAL QUALIFICATION

BSc Nursing from SJB College of Nursing (Rajiv Gandhi University of Health Sciences) from 2008 to 2012.

	PROFESSIONAL REGISTRATION
	Delhi Nursing Council Registration No.73259 Date of Registration: 19/02/2018 The Karnataka State Nursing Council Registration No.057191 Date of Registration: 08/10/2013
	EMPLOYMENT DETAILS
	Name : Koyas Hospital, Kerala, India Job Position : Staff Nurse Date of Appointment : 3 rd January 2013 to 3 rd January 2015 Area of Experience : General O.T
	Name : Fortis Escorts Heart Institute, Delhi, India Job Position : Staff Nurse Date of Appointment : 22 nd February 2018 to still continuing Area of Experience : Cardiac O.T
	PROFESSIONAL ACTIVITY
	Well-versed with the software validation and processing techniques. Technically qualified with the latest computer operating versions and Microsoft Applications.
	EQUIPMENTS USED
	Cardiac Monitor, Cautary Machine, ETO Machine, Autoclaving machine, Glucometer, Stethoscope, Pulseoxymeter, Suction Apparatus, Nebulizer, Peripheral Dropper, Laryngo scope, Defibrillator
	DESCRIPTION OF THE HOSPITAL
Name of the Hospital	Fortis Escorts Heart Institute, New Delhi, India
Size of Hospital	350 Bedded
Department of working	Cardiac O.T
Date of Employment	22 nd February 2018 to still continuing
Total No. of O.T	9
Range of Service	Medical ICU, Surgical ICU, Multi Transplant ICU, Neuro ICU, Stroke ICU, Neonatal ICU, Pediatric ICU CCU, CTVS , ICU, Cardiac Cath Lab, Emergency, General Ward Day Care, High Dependency Unit, Radiology, CT Scan, MRI Nuclear Medicines, ECHO, Cardiac 07, Neuro 07, Ortho 07 and General OT.
	CURRENT JOB PROFILE
	<ul style="list-style-type: none"> Meeting with patients to discuss their health concern, complete family and medical history and update or create medical charts and information.

- Assisting the treating physician with completing the examination, treatment or other procedure.
- Checking the list of operation list on assigned O.T.
- Preparation of operation theatre.
- Cleaning of carbolization
- Monitoring
- Assembling of sterile instrument, linen and consumables
- Checking of patients file for consent, site of operation
- Scrub for 5 to 10 minutes with micro shield of surgical hand scrub
- Gowning, gloving and aseptic technique
- Sponge and gauze counting
- Carefully observe and handling instrument properly
- Patient and family education
- Provide psychological support
- Confidentiality
- Maintains of records and reports
- Comforting and supporting patients and family during medical procedures
- Working as part of the patients treatment or care team to ensure high quality medical services and support.
- Wash the instruments in running water, detergent and brush.
- Pack and sending out for autoclaving

JOB RESPONSIBILITIES

Pre-Operative Room

- Receiving the patients
- Pre-OP Check List
- NBM
- Pre-Medication
- Consent
- Ornaments
- Check the recent vitals
- Investigations with reports
- Give Psychological Support
- Transfer the Patient to O.T

- Try to protect the dignity, privacy

JOB RESPONSIBILITIES (CIRCULATING NURSE)

- Preparation of O.T
- Cleaning and Carbolization
- Assembling of sterile instruments, linen and consumables
- Check all equipments for functioning
- Counting sponge, instruments, needles
- Taking over the specimens
- Transfer the patients to CTVS ICU
- Keep post operative bed ready to receive the patient
- Check crash cart for emergency medicines, IV fluids and narcotics
- Check PCA pump, syringe pump and ventilators
- Oxygen tubing in connected
- All drains and catheters are checked and connected properly
- Stat order should be carried out

CASES ASSITED

GENERAL

Appendicectomy , Thoracotomy, Mastectomy, Amputation, Hydrocelectomy, Circumcision, Haemorrhoidectomy, Anal Fistula, Vasectomy, Polyps, Hernioplasty, Incision and Drainage, Resuturing and Abdominal Wound, Lap chole, Laphernia, Stapeler Hemorrhoidectomy

GYANE

LSCS, D&C,
Lap Sterilization
Abdominal Hysterectomy

- Total Hysterectomy
- Sub total Hysterctomy

ENT

Mastoidectomy
FESS (Functional Endoscopic sinvs surgery)
Tympanoplasty
Tonsillectomy
Septoplasty
Tracheostomy

CARDIO THORACIC & VASCULAR

AV fistula, Perma Cath Insertion, Fem pop bypass, Vein Transposition, Embolectomy, Coronary Artery Bypass Surgery, Aortic Valve Replacement, Mitral Valve Replacement, Double Valve Replacement, Embolectomy, Repair of Aneurysm, Tracheostomy.

ORTHO

1. Open Reduction with plate and screw fixation
2. External fixation
3. K. wire fixation
4. Amputation
5. Reduction
6. Tendon Transfer
7. Total Hip Replacement

TECHNICAL NURSING SKILLS

Device Operation Known

Cardiac Monitor, Ventilators, Pace Maker, IABP Machine, Defibrillator, Peripheral Doppler, Infusion Pump, Pulse oxymeter, ECG Machine, Laryngoscope, ABG Machine, ACT Machine, Blanket Roll, Anesthesia Medicine, Suction Apparatus, Bair Hugger, Fibrillating Cable, OT Light DR Match, Heart Lung Machine, Romos water seal chest drain Cell Saver Machine.

Practical Excellent

IV Cannulation, Oxygen Administration, Sampling, Defibrillating, Cardio Version, Intubation, Suctioning, Management of Ventilator, Endo Tracheal Intubation, Pre-operative Management, Neurological Assessment, Cardiac Pulmonary Resuscitation, Chest tube insertion, basic reading of ECG, Temporary Pace Maker Implantation, Monitoring.

PERSONAL STRENGTH

- Willingness to learn
- Good organization skills
- Team worker
- Good verbal and communication skills

REFERENCES**DR. SHANU**

Managing Director

Koyas Hospital

Cheruvannur, Kerala

CAPT. SABITA NATH

Nursing Superintendent

Fortis Escorts Heart Institute

Okhla Road, New Delhi-110076.

BEENA JOSEPH

ACON

Fortis Escorts Heart Institute

Okhla Road, New Delhi-110076.

DECLARATION

I do declare that the above information one and true to the best of my knowledge. Considering the above I hereby request you to kindly give a chance work as a Staff nurse in your institution. I will try my level best for the betterment of your institution and herby upgrade the standards of the noble nursing profession.

Date

Place :

MRS. SHINU VARGHESE