# **CURRICULUM VITAE**



GLITTY A.B Mob: 9495428071 9446860679

# E-mail: glittybasil@gmail.com

#### **POST APPLIED FOR: LECTURER**

**CAREER OBJECTIVE:** Seek a reputed position in a well-established Nursing College with major responsibilities that will effectively utilize my professional skills, teaching skills, communication, leadership, organizational skills which will enhance the college's success and there by my own growth.

#### PERSONAL DATA

Name	: Ms. GLITTY A. B
Date of Birth	: 03-04-1991
Gender	: FEMALE
Marital Status	: SINGLE
Religion/Caste	: CHRISTIAN, LATIN CATHOLIC OTHER THAN ANGLO INDIAN
Nationality	: INDIAN
Present Address	: ATTIPETTY (H), NAYARAMBALAM P.O, ERNAKULAM- 682509
Permanent address	: ATTIPETTY (H), NAYARAMBALAM P.O, ERNAKULAM- 682509

Languages known

#### : ENGLISH, MALAYALAM, HINDI

Computer Knowledge:

- Proficiency in using MS Word, Excel and Power point
- Key board skilling.
- Competent use of email and internet.
- SPSS for research

## **ACADEMIC QUALIFICATIONS**

QUALIFICATION	INSTITUTION/BOARD	YEAR OF PASSING	PERCENTAGE
SSLC	Lobelia English medium Higher secondary school, Vypin(STATE)	2006	92.5%
PLUS TWO	St. Teresa's Convent Girls Higher Secondary School, Ernakulam(STATE)	2008	93.6%

## Medium of Instruction: English

### **PROFESSIONAL QUALIFICATIONS**

QUALIFICATION	INSTITUTION	UNIVERSITY	YEAR OF PASSING	PERCENTAGE
B.Sc. Nursing	Lisie College of Nursing, Ernakulam	Mahatma Gandhi University	2014	First class 69.7%
M.Sc. Nursing ( Mental Health Nursing)	Lourdes College of Nursing, Ernakulam	Kerala University of Health Sciences	2017	First class 66.8%

### PROFESSIONAL REGISTRATION/MEMBERSHIP

- KERALA NURSES AND MIDWIVES COUNCIL REGISTRATION KL03201401390
- TNAI MEMBERSHIP NUMBER- 263795\LMT
- INDIAN SOCIETY OF PSYCHIATRIC NURSES- LIFE MEMBER

### PROFESSIONAL EXPERIENCE

One year post registration nursing experience in the department of General Medical Ward with experience from medical, gastroenterology and pulmonology units in the 750 bedded multi-super speciality hospital (Lisie Hospital), Ernakulam

### PERSONAL ATTRIBUTES

- Ability to motivate and guide
- Provide quality education through effective teaching learning process
- Works with own initiative
- Thinks and act quickly
- Ability to learn and develop
- Capability to organize and prioritize work
- Ability to organize seminars and workshops
- Performs computer applications efficiently
- Sound knowledge of the medical treatment and terminology
- Leadership and communication skills
- Accountability and responsibility
- Collaborative skills

### TRAINED TO PERFORM

- Mental status examination for various age groups
- Collaborate with multi-disciplinary health team
- > Advanced skills and competent care for individuals with mental illness and special groups
- Identification and management of psychiatric emergencies

- Research activities
- Impart quality education to undergraduate students
- Organize in- service education for staff nurses

# SEMINARS/ WORKSHOP/ CONFERENCES ATTENDED

Sl. No.	Name of the Seminar/ Workshop/ Conferences	Name of the Sponsoring agency	Year	
	Quality Enhancement: Avoiding	Lisie College of	21 <sup>st</sup> November	
1.	Medication Errors	Nursing, Ernakulam	2013	
	Psychosocial issues and role of a NIMHANS, Bangalore		11 <sup>th</sup> March, 2016	
2.	Nurse in Child adoption			
3.	AAVARTAN 2016 – Management	Lourdes College of	29 <sup>th</sup> June 2016	
5.	Of Nursing Educational Institutions	Nursing, Ernakulam	2) Julie 2010	
4.	BACC - Behavioural And	Lourdes College of	2 <sup>nd</sup> July 2016	
4.	Communication Competence	Nursing, Ernakulam	2 July 2010	
5.	Palliative Care : Transforming Care St. Teresa's Co		18 <sup>th</sup> January 2017	
5.	Beyond Cure	Ernakulam	18 January 2017	
	MEDALLION-2017", International	Division of Health		
(	Conference on "Current trends in	Management,	$17^{\text{th}}$ and $18^{\text{th}}$	
6.	Public Health & Hospital	Mahatma Gandhi	February 2017	
	Administration	University, Kottayam	-	
	EEE- Enrich, Empower And	Lourdes College of	20th Mars 2017	
7.	Embrace	Nursing, Ernakulam	20 <sup>th</sup> May 2017	

# **RESEARCH/ PROJECT WORK CONDUCTED**

- 1. Nursing Research conducted on "A study to assess the compliance with Universal Precautions among laboratory technicians in selected hospital, Ernakulam." as a partial fulfillment of the requirement for B.Sc. Nursing under Mahatma Gandhi University, Kottayam, 2012-2013.
- 2. Project work conducted on "A descriptive study to assess the level of depression among attendees of inpatients with mental illness in selected hospital, Ernakulam as a partial fulfillment of the requirement for M.Sc. Nursing under Kerala University of Health Sciences, 2015-2016.
- 3. Nursing Research conducted on "A correlational study between stressful life events and depression among caregivers of patients with mental illness attending OPD of selected hospital, Ernakulam." as a partial fulfillment of the requirement for M.Sc. Nursing under Kerala University of Health Sciences, 2016-2017.

#### **REFERENCES**

- 1. Name and Designation: Mrs. Anu Abraham HOD, Mental Health Department Lourdes College of Nursing, Sidhi Sadan, Chembumukku, Ernakulam, Kerala, India
- Name and Designation: Sr. Lilly Joseph Principal Lourdes College of Nursing, Sidhi Sadan, Chembumukku, Ernakulam, Kerala, India
- Name and Designation: Mrs. Simple Rajagopal Vice Principal Lourdes College of Nursing, Sidhi Sadan, Chembumukku, Ernakulam, Kerala, India

#### **DECLARATION**

I hereby declare that the information provided by me is true and correct to the best of my knowledge and belief.

Thanking you in anticipation

Yours truly,

Signature:

A.B.

Ms. GLITTY A.B

Place: Ernakulam

Date: 15-02-2019