

PERSONAL DATA

First Name	MITHRA
Middle Name	-
Last Name	SHAJI
Date of Birth	21/04/1993
Place of Birth	ANGAMALY , KERALA
Gender	FEMALE
Language Known	ENGLISH, HINDI,MALAYALAM
Marital Status	UNMARRIED
Nationality	INDIAN
Permanent Address	NEDUVELY HOUSE , THURAVOOR (PO) , ANGAMALY (VIA) ERNAKULAM (DIST) KERALA- 683572 (PIN)
Religion	HINDU , EZHAVA
Mobile No.	9744118095
Email Address	mithrashaji47@gmail.com

PASSPORT DETAILS

Passport No.	Place Issued	Date of Issue	Date of Expiry
S6901428	COCHIN	08/08/2018	07/08/2028

ACADEMIC QUALIFICATION

Name of School	MAR AUGUSTINE HIGH SCHOOL ,ANGAMALY
Medium Of Education	ENGLISH
Qualification Obtained	10th

Name of School	ST JOSEPH WOMEN'S COLLEGE ANGAMALY
Medium Of Education	SCIENCE (ENGLISH)
Qualification Obtained	12th

PROFESSIONAL QUALIFICATION

Name of college	NIDHI COLLEGE OF NURSING, CHIKMAGALUR.
Duration	2010- 2016
Medium Of Education	ENGLISH
Qualification Obtained	BASIC B.SC NURSING

REGISTRATION

Name of Nursing Councils	State, Country	Date of Registration (DD/MM/YY)	Registration Valid Till (DD/MM/YY)
KARNATAKA NURSING COUNCIL	KARNATAKA, INDIA	17/08/2016	17/08/2019

Presently Employed	DEENANATH MANGESHKAR HOSPITAL, PUNE, MAHARASHTRA, INDIA
Position and Department	WORKING AS STAFF NURSE IN INTENSIVE CRITICAL CARE UNIT

Duration	From-04/07/2016 (STILL WORKING)
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OBJECTIVE:

Seeking to expand my experience in Nursing and to enhance my skills. Interested in a Licensed Practical Nurse position that will allow me to offer others the benefits from my expertise and experience.

PROFILE:

- Remain calm and professional throughout times of critical need.
- Early assess the condition and implement appropriate intervention.
- Rotate well to people from a variety of culture and economic backgrounds.
- Develop support with patients, families ,staff and physicians.
- Proven record of reliability and responsibility.

EQUIPMENTS USED

- High frequency oscillator
- Hemodynamic Monitoring
- Mechanical Ventilators
- Non-Invasive Ventilator (BI-PAP)
- Cardiac Output Monitoring
- ABG analyzer
- Defibrillator
- Pacemaker
- Pulse oxymeter
- ECG machine
- Syringe pumps
- Infusion pumps
- Transfer Monitor
- Transducers (Baxter, Medex, BD)
- Oxygen cylinder
- Ambu Bag

- Nebulizer
- Spirometry
- Steam Inhaler (NELSONS INHALER)
- Oxygen Hood
- Suction Apparatus
- Glucometer
- Sphygmomanometer
- Thermometer (Clinical, Rectal, Oral)
- Warmer (Adults)

CASES HANDLED

CARDIAC CASES

- CABG
- AORTIC VALVE SURGERY
- ANEURYSM REPAIR
- CONGENITAL HEART SURGERY
- MI
- CORONARY ARTERY DISEASE
- CARDIAC ARREST
- VALVULAR HEART DISEASE

MEDICAL CASES:

- LRTI & BRONCHOPNEUMONIA
- ARDS (ACUTE RESPIRATORY DISTRESS SYNDROME)
- CONVULSION
- MALARIA
- EPILEPSY
- DENGUE FEVER
- TB
- PANCREATITIS
- UTI
- EPISTAXIS
- NEUTROPENIA
- LEUKEMIA
- MALNUTRITION
- DIABETIC KETOACIDOSIS

OTHERS:

- STROKE
- VENTRICULAR SHUNT

- ANEURYSMS
- LAPAROTOMY
- CRANIOTOMY
- SPINE SURGERIES
- HERNIA REPAIR
- COLON SURGERY

ROLE AND RESPONSIBILITIES IN ICCU

- Preparation of the unit for admission of the patient to the ICU.
- Providing professional nursing care for the patients admitted in the ICU.
- Preparation of Crash cart, intubation trolley and Dressing trolley.
- Assessment of the vital parameters of the patients.
- Collection and analysing patient and family data for the purpose of assessment, diagnosis and management.
- Assess and monitor the patient closely to identify subtle changes in patient's condition that warrant immediate intervention.
- Preparing equipments and assisting physician during examinations and treatments.
- Prioritising clinical problems accurately and in a timely manner.
- Collection of patients blood, urine, sputum, etc. samples as advised for sterile and routine investigations, evaluations and reporting results.
- Assisting in invasive and non-invasive procedures like Tracheostomy, intubation, insertion of Dialysis cath, Arterial line and Central Venous line at Subclavian or Femoral and Internal Jugular sites, Foley's insertion, Ryles Tube Insertion.
- Cardiac monitoring, assessment of CVP, ABG, identification of cardiac emergencies providing Cardiopulmonary Resuscitation.
- Administering medicines in a timely manner.
- Diagnosing clinical Problems and defining interventions.
- Executing comprehensive assessment, planning, implementation and evaluation of patients.
- Re-evaluating prior diagnosis and care plans at appropriate intervals in accordance with expected patient outcomes.
- Ensure optimal utilisation of resources to ensure outstanding care.
- Collaborate with professionals across the organization to devise an integrated care plan.
- Providing follow up to ensure problem resolution.

- Administer IV fluids and medication including antibiotics, TPN and narcotics and carefully monitor for side effects and adverse reactions.
- Perform Cardiopulmonary Resuscitation (CPR) procedure, infection control and management of acute emergencies.
- Administer oxygen, steam inhalation, nebulization, nitric oxide
- Apply expertise in data analysis by monitoring laboratory research and follow up lab data, blood, urine analysis and perform sterile procedure including surgical dressing changes and sending samples for culture and sensitivity.
- Leverage compression facilitating pain management and completing described treatment including dosage changes, accuchecks and ambulation.
- Perform clinical skills in accordance with hospital policies and standard of practices.
- Employ sharp analytical and problem solving skills in assessing patients for skin integrity, lung sounds, bowel sounds and wound and perform dressing changes.
- Merge empathy and strong interpersonal skill to deliver emotional support to families and patients.
- Decisively and confidently make judgment on patient condition and call doctors based on decisions.
- Effectively assimilate, interpret and report changing patient data to ensure optimum care.
- Attend CNE (Continuing Nurses Education) program and other in service programs as scheduled.
- Demonstrate documentation skills by sufficient communication among nursing care staff.
- Maintain an up-to-date and confidential filing system for patient's charts and records, medical and surgical files, insurance details.
- Patient care regarding surgical and medical condition, treatment - short and long term maintains.
- Liaison with physicians and medical staff.
- Communicate physician's orders to appropriate department .
- Interact with applicable departments regarding patient's care.
- Educate patients and family members to health care need, condition and option.

DECLARATION

So, I hereby declare that the above information is true and to the best of my knowledge.

Thanking you,

Your's faithfully,

Date: 23/03/2018

MITHRA SHAJI.