**CURRICULUM VITAE**

**Objective**

Seeking a challenging Nursing Career, encourage continuous learning, updating skill and

desirable attitudes and applying the learned knowledge for the growth of the organization and

Nursing profession.

**Personal Details**

Name : Mrs, Swetha Varghese

Date of Birth : 18.06.1988

Age : 29 years

Gender : Female

Marital Status : Married

Religion : Christian

Husband’s Name : V Henrix, Adhikari (Indian Coast Guard)

Permanent Address : valliath vadakkethil.

 Chennithala P. O

 Mavelikara

Phone No. : 8939625946

Email Id : Swetha.henrix@gmail.com

**Basic Qualification**

|  |  |  |  |
| --- | --- | --- | --- |
| **Name of Exam** | **University of Board** | **Year of Passing** | **Percentage** |
| S.S.L.C | Central Board of SecondaryEducation | 2006 | 83% |
| H.S.E | Board of Higher SecondaryExamination | 2006 | 76.33% |
| BSc. Nursing | Dr NTR University of HealthSciences | 2006-2010 | 75% |
| MSc. Nursing | Dr MGR UniversityTamil Nadu | 2016-2018 | 75% |

**Clinical exposure during the academic stream**

|  |
| --- |
| **B. Sc nursing clinical exposure** |
| King George government hospital VishakhapatnamKrishi trust hospital, sheela Nagar , VishakhapatnamQueen’s NRI Hospital, VishakhapatnamGovt TB & Communicable disease HospitalVishakhapatnam | * Medical Surgical Nursing
* Orthopedics
* Psychiatric Nursing
* Pediatric Nursing
* Skin & Venereal Disease
 |
| Govt Victoria Hospital, Vishakapatnam | * OBG nursing
 |
| Government mental hospital, Vishakhapatnam | * Psychiatric Nursing
 |
| Lions Cancer hospitals, Vishakapatnam | * Oncology
 |
| Government ENT hospital, Vishakhapatnam | * ENT
 |
| Lions OEU eye hospital, Vishakhapatnam | * Ophthalmology
 |
| Govt Community Health Centre, VishakhapatnamPrimary Health Centre, Gajuwaka | * community Health Nursing
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| **Msc nursing clinical exposure** |  |
| OBG nursing | * Primary health centre
* Madras medical mission
 |
| Advanced nursing practice | * Madras medical mission
 |
| Nursing administration | * Madras medical mission
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**Research activities**

1. **Effectiveness on breast crawl on maternal and neonatal wellbeing.**
2. **Effectiveness on structured teaching program on knowledge and skill on high quality CPR among bsc nursing g students.**

**Professional Affiliation**

Name of Registration Council : Tamil Nadu Nurses and Midwives Council

R.N, R.M Number : 171816

**Experience Career Profile**

Hospital : NM Virani Wockhardt hospital, Rajkot, Gujarat

Work Experience : Neuro Surgery, orthopedic, oncology, Medical ICU Jul 2011 to Nov 2012 as Staff nurse.

**Duties and responsibilities**

● Intensive Care management of acutely ill terminally ill patient..

● Admission procedures of patients.

● Recognition of patient needs.

● Took care of patients with medical management and surgical management

● Assisted in Endotracheal intubation

● Management of various intravenous lines.

● Assisted in CPCR.

● Assisted in mechanical ventilation Ventilator care

● Counseled the family members.

● Took care of nutritional needs of the patient.

● Implemented hospital management protocols.

● Implemented holistic nursing care.

● Discharge procedure of patients.

● Mentoring Junior Staff.

● Providing Lectures and training as part of inservice education

* Providing comprehensive care to antenatal, intranatal and postnatal mother
* High risk assessment and management
* Conduction of normal vaginal birth
* Insertion and removal of IUCD
* Assisting in ART
* Immediate newborn care
* Providing emergency care to obsterical emergencies

**Equipment’s handled**

o Ventilator

o CPAP

o Multi parameter monitors

o Infusion pump

o Syringe pump

o Spo2 monitor

o Oxygen administration equipment,

o Ambu bag.

o Nebulizer

o Suction apparatus

o Glucometer

* Doppler
* CTG machine
* USG machine
* Forceps
* Vaccum
* Radiant warmer
* Phototherapy unit
* Incubator

**Procedure done and assisted**

● Vascular access and monitor

● Glucose monitoring

● Lumbar Puncture

* Abdominal tapping

● Blood gas analysis

● Endotracheal intubation

● Mechanical ventilation

● Bladder catheterization

● Medicine administration

● Oncology medicine administration

● Blood transfusion, Albumin transfusion.

● Fluid management

● Closed & open dressing

● CPCR

● Suctioning

● NG tube insertion

● Weight monitoring

* Conduction of normal vaginal delivery with episiotomy suturing
* Continues fetal monitoring
* Insertion and removal of IUCD
* Newborn resuscitation
* Manual removal of placenta
* Administration of ART treatment

**Reference**

Prof. Dr. Mrs Rosaline Rachel R.N.,R.M., MSc(Nursing), MHRM, PGDGC, PHd (Nursing)

Principal

MMM College of Nursing,

No. 131, Shakti Nagar, Nolambur,

Chennai – 600 037

**Declaration**

I hereby declare that the details furnished above are true to the best of my knowledge

and belief.

Place: Chennai

Date: Swetha Henrix