


ANOL SHIBIN

(BSC- Nursing)

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Cochin,Kerala-IND

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PERSONAL STATEMENT

A 3.6 years Experienced and fully qualified registered BSC Nurse who is efficient, thorough and passionate about delivering the best level of care to patients. Anol possess extensive health care experience in a wide range of key nursing fields and has the required physical, mental and emotional strength to stand up to the rigors of this demanding profession. She is able to work autonomously and has vast knowledge of using the latest state of the art medical equipment's to treat, observe and record the condition of patients as a driven individual who wants to progress. She is now looking for a suitable nursing position with a reputable exciting and modern health care provider.

NURSING SKILLS

Scrub & Circulating Nurse in General O.T(1 year Exp.)

- Proven Experiences as Operating room nurse (Circulating and scrub).
- Excellent knowledge about aseptic and sterile technique.
- Solid understanding of patient safety and precautions.
- In-depth knowledge of surgical operation procedures.
- A great team player and excellent communication Skills.

Emergency Department Staff Nurse (2+ years Exp.)

- Highly proficient clinical skills : IV Starts,pushes,driks,12-lead EKG,cardiac monitors,blood monitoring,transfusions,central line care,drawing blood,defibrillations,codes,cardiac output measurements and calculations.
- Proficient at documentation of strict intake and output including special diet instructions.

EMPLOYMENT HISTORY

❖ AMRITA INSTITUTE OF MEDICAL SCIENCE & RESEARCH CENTER (Cochin,Kerala-IND)

STAFF NURSE-EMERGENCY DEPT. (Dec.2018 ~ Present - Under probation period)

Perform an appropriate problem oriented history and physical examination. Formulate differential diagnosis, with appropriate prioritization, recognizing patient with possible life threatening conditions. Demonstrate all the procedures and provide information for patients queries.

❖ **BROTHERS POLY HOSPITAL AND MATERNITY HOME (Valakom,Quilon - Kerala)**

STAFF NURSE-EMERGENCY DEPT. (10.07.2017 To 20.09.2018)

Career Objective : Perform an appropriate problem oriented history and physical examination. Formulate differential diagnosis, with appropriate prioritization, recognizing patient with possible life threatening conditions. Demonstrate all the procedures and provide information for patients queries.

Summary of Skills:

- Experience of assessing and stabilizing patients in emergency room.
- Ability to handle emergency room equipment's, measure cardiac output, and do calculation .
- Strong critical thinking skills to provide immediate medical care under pressure situations.
- Skilling , co –coordinating with physicians and staffs
- Ability to communicate effectively with patients ,family and health team.

❖ **STERLING RAMKRISHNA HOSPITAL (Gandhidham, Gujarat-INDIA)**

STAFF NURSE-EMERGENCY DEPARTMENT (FEB 2014 To MAY 2015)

Career Objective : Dedicated and compassionate nursing professional with strong background in critical care. To obtain the position of ER Nurse in a healthcare oriented multi-specialty hospital where I can deploy my extensive experience to provide quality service to traumatized patients.

Summary of Skills:

- Experience of assessing and stabilizing patients in emergency room.
- Skilled in coordinating with physicians and support staff.
- Ability to handle emergency room equipment, measure cardiac outputs, and do calculations.
- Proficient in maintaining proper charts of special intake and output to follow diet restrictions for critical care patients.
- Ability to take patients' detailed information and document patients' charts.
- Assist physicians, surgeons in various treatments like removal of foreign body particle, wound care, and fracture cases.
- Strong critical thinking skills to provide immediate medical care under pressure situations.
- Ability to communicate effectively with patients, family, physicians and nursing staff.

❖ **MEDANTA-THE MEDICITY (GURGAON,HARYANA-INDIA)**

(1000 Bedded NABH Accredited multi-specialty Hospital)

STAFF NURSE-GENERAL O.T (13.08.2012 to 02.09.2013)

Career Objective : To work as a theater nurse and ensure the surgery room, surgical instruments, and patients to be operated are ready for the procedure as schedule.

Summary of Skills:

- Excellent clinical and theater nursing care skills.
- Ability to use evidence-based practice in patient care.
- Knowledge of surgical instruments used in operating procedures.
- Skilled in calming patients before the surgery.
- Strong knowledge of the methods and techniques of sterilizing surgery room and equipment.
- Good communication, interpersonal, and coordination skills.

Assisted (circulate and scrub) in variety of procedures included below,


- **Head& Neck** :-Thyroidectomy &Neck Dissection.
- **Breast Surgery**:-Mastectomy, central Duct Excision & Breast Augmentation.
- **Gastroenterology**: -Appendectomy &Hernioplasty.
- **Laparoscopic** :-Cholecystectomy &Hemorrhoidectomy.
- **Gynaec Surgery** :- Hysteroscopy, colposcopy, Endometrial Biopsy, Cystectomy, Dilation and curettage.
- **Plastic Surgery** :-Abdominal plasty, Born Repair Surgery, congenital Defect repair included Cleft palate.

SCHOLASTICS

- S.S.L.C (10th) (2004 FACT TOWNSHIP SCHOOL Kerala, INDIA).
- Higher Secondary (2004 ~ 2006 Government V.H.S - Kerala,INDIA).
- Bachelor of Science in Nursing (Rajiv Gandhi University 2006 to2011 -Banglore,INDIA).

PERSONAL DOSSIER

- Father name :- K.P Antony
- Date of birth :- 03/10/1988
- Gender :- Female
- Nationality :- Indian
- Languages known :- English,Hindi & Malayalam
- Marital status :- Married
- Address :- Shivam Apartment F/F 1
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 ***Thanks for your Evaluation***