

CURRICULUM VITAE



REGISTERED NURSE

ADRAMOL THANKAPPAN

+918589809005 (Mob INDIA)

Email: ardramol1991@gmail.com

EXPERIENCE AND SUMMERY

TOTAL 3 year including Medical Surgical Ward and Gynecology in Fortis Hospital Mumbai from 2015 to 2017 and Arogyadhama Rural Hospital Karnataka from 2017 to 2018.

CAREER OBJECTIVE

Seeking a challenging position to utilize my abilities, experience and interpersonal skills in the nursing service, have a clear and focused vision towards my future and to earn a good reputation as a moral, committed, service oriented nurse there by holding up the fame of the institution where I involve.

ACADEMIC BACKGROUND

PB. BSc in Nursing (2012-2014)

Institution: MV Shetty college of Nursing, Mangalore, India.

University: Rajiv Gandhi University.

General in Nursing (2008-2012)

Institution: MV Shetty college of Nursing, Mangalore, India.

University: Karnataka state Diploma in Nursing Examination Board

Plus Two (2008)

Institution : SMV NSS HSS, KALLARA

Board/University: Board of Higher Secondary Examination, Kerala

SSLC (2006)

Institution : St. Agnes GHS Muttuchira

Board/University: Board of Public Examination, Kerala.

Assisted Procedures

- Assisted for lumbar puncture.
- Assisted for skeletal traction.
- Assisted for putting arterial line.
- Assisted for cast application.
- Assisted for ICD Insertion.

Administrative Responsibilities

- Reporting on Duty
- Inventories and Recording
- Stock and Medical records maintenance
- To perform personal rounds as well as attending with the physician

Meeting Psychological Needs

- Giving emotional support to the patient and family.
- Care for the dead and dying patients.

My Strength

I am myself motivated. I can communicate reasonably well. I have a good level of emotional intelligence to get along with different types of patients & colleges and I can keep myself cool in hard times. I am trained to be proactive

Academic Skills

Actively involving the seminars and continuing medical education and continuing Nursing Education. Updating new innovations.

EQUIPMENTS HANDLED

- Pulse Oximeter
- Glucometer
- Nebulizer
- Syringe Pump and Infusion pump cardiac monitor
- Suction apparatus
- Ambu bag and mask ECG Machine Dressing Trolley

SPECIAL PROCEDURES

- well versed in cardio pulmonary resuscitation
- Admission of patients, discharge planning and implementation
- Accurate documentation of records and procedures.

JOB RESPONSIBILITES

- Nasogastric tube insertion and nasogastric tube feeding.
- ABG sample collection
- Critical care including CPR, Tracheostomy care and suctioning
- Skeletal traction care.
- Cast cutting

RESPONSIBILITIES

- Administration of medicines.
- Taking blood and other specimens for lab studies
- Administration of injection and oral medications.
- Monitoring intake and output.
- Providing psychological support to the patient and relatives.
- Oxygen therapy.
- Identification of high risk and sick babies.

PERSONAL DETAILS

Name : ARDRAMOL THANKAPPAN
Address : Adithya Bhavan
Muttuchira PO
Kottayam-686613
Kerala, India

Phone : +918589809005

Date of Birth : 19.02.1991

Sex : Female

Nationality : Indian

Marital status : Married

Religion : Hindu

Languages
Knowledge : English, Hindi,
And Malayalam.

Passport Details

Passport No : R5989235

Date of Issue : 04.12.2017

Date of expiry : 03.12.2027

Place of issue : Trivandrum

BASIC NURSING PROCEDURES

- Blood Transfusion.
- Suture Removal and Dressing.
- Feeding tube insertion.
- Cardiac monitoring.
- ABG Sampling & Reading ABG values.
- Bowel Wash.
- ECG
- Bladder irrigation
- Urinary Catheterization
- Drug Dose calculation and Fluid Calculation according to baby requirement.
- Endo tracheal and oral suctioning
- Application of Splint.
- Bladder wash
- Meeting hygienic needs of the patients.
- Assessment of the patient plan care and set priorities.
- Pain assessment and pain management.
- Patient and family education and awareness.
- Pre-operative and post-operative patient.
- Care of surgical patients.

PATIENT CARE

- Taking admission and discharge
- Proper hand washing before and after every procedures and Medicine Administration.
- Blood collection
- Monitoring of blood sugar
- Infection control

REFERENCE:

1) FORTIS HIRANANDANI HOSPITAL

Mini Sea Shore Road, Sector

10-A Navi Mumbai – 400703

Ph: 022-39199222, 022-39199200

E-mail: vashi@fortishealthcare.com, www.fortishealthcare.com

Worked as a Staff Nurse in Medical surgical department from
31/07/2015 TO 17/06/2017

2) AROGYADHAMA RURAL HOSPITAL,

Shankaraghatta, Bhadravathi,

Shimoga, Karnataka-577451

Ph.: 08282-257122, 9845138684

E-mail: arogyadhamahospital@yahoo.com

Worked as a Staff Nurse in Medical surgical department from
03/07/2017 TO 15/08/2018

DECLARATION

I do hereby solemnly declare that all the above furnished details are true to the best of my knowledge and belief.

Place:

ARDRAMOL THANKAPPAN

Date: