

CURRICULAM VITAE

Name –ANNIE ANGEL STEPHEN

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STAFF NURSE

PERSONAL SUMMARY

A highly motivated individual, who has completed Degree in B. Sc. Nursing and Midwifery is confident enough to work as a Professional Nurse in any health care setting.

CARRIER OBJECTIVE

Seeking a position in the clinical department so as to make contributions in field of nursing profession with outmost sincerity and to continually expand and update knowledge, acquire skills in the field of nursing by working in a challenging environment where hard work and dedication are highly appreciated.

QUALIFICATION SUMMARY

Designation : Staff Nurse (PICU & NICU)

Total experience : 1 years and 8 months

PROFESSIONAL QUALIFICATIONS

Proficiencies

- Works directly under emergency physicians, assisting for intubation, central line insertion, and Arterial line insertion.
- Looking after patients of all ages from the very young to the very old.
- Responsible for assessing the medical history of patients and their record details and then evaluating patients and prioritizing treatment.
- Involved in the emergency procedures for the patients.
- Being the main point of contact for patient and communicating on their behalf with hospital managers.
- Carrying out emergency tests, evaluations and also investigations.

Educational Qualifications

- Degree in B. Sc. Nursing PADMASHREE INSTITUTE OF NURSING ,BANGALORE. (2010 – 2015)
- Higher Secondary Education in Govt Higher secondary school,Devikulam,Kerala 2010.
- SSLC in Govt Higher secondary school, Devikulam, Kerala 2010.

EMPLOYMENT HISTORY

- IQ City Narayana Multispecialty Hospital, Durgapur

Duration: 26th August 2016 to Till 19th April 2018.

Position: Staff Nurse

Unit: **Pediatric Intensive Care Unit and Neonatal Intensive Care Unit.**

Website: <http://iqcityhospital.in/>

Overview

IQ City Narayana Multispecialty Hospital brings to you world-class treatment with a touch of difference. IQ City sets the perfect environment for holistic education with modern teaching methods at its Medical College and Nursing College.

We are a 798-bedded world class hospital with best healthcare services and 24X7 emergency support in Durgapur along with state-of-the-art Day Care facility and improved quality management systems. We pride ourselves as one of the best hospitals in this area.

Advanced treatment is available in areas like Neurology, Orthopedics, Cardiology, Dermatology, Hematology, Gynecology and Obstetrics, Pediatric and Neonatal Care, ENT, General Medicine, General Surgery, Gastroenterology, Nephrology, Dentistry and other specialty areas

In a span of 4 years, IQ City Narayana Multispecialty Hospital has successfully performed variety of major surgeries/procedures at the 9 (nine) fully equipped Operation Theaters. With the latest ICU services, the hospital is highly specialized in invasive and non-invasive cardiac treatments by eminent cardiologists and cardiac surgeons of international and national repute. More than 2500 diagnostics tests in various disciplines can be performed round the clock in-house with the help of high-end instruments.

One of the unique features of the hospital is the Radiology unit. One of the most advanced units in West Bengal with latest technologies in 128 Slices Spiral CT Scanner, High-Resolution Color Doppler, Ultrasound machines and portable & stationary X-ray machines. The state-of-the-art Burn Unit, Accident & Trauma Center, Blood Bank and Pharmacy are the significant features of this Multispecialty Hospital.

DUTIES OF A STAFF NURSE IN ICU:

- ✓ Admission and assessment of patient with cardiac problems.
- ✓ Check all admission papers and creates a patient record file.
- ✓ Inform the unit Doctor of the patient having arrived.
- ✓ Preparing patients for coronary angioplasty.
- ✓ Planning, implementing and evaluating the care for post angioplasty patients.
- ✓ Intravenous cannulation and draws blood for investigations.

- ✓ Administration of medications including thrombolising agents and IV fluids via infusion pumps and syringe pumps.
- ✓ Oxygen administration through face mask, nasal prongs, external CPAP mask.
- ✓ Assisting for intubation procedures and central venous insertion.
- ✓ Giving cardio pulmonary resuscitation (CPR).
- ✓ Usage of defibrillators so as to counter cardiac arrest.
- ✓ Care of patients on ventilators, setting the ventilator parameters according to the patients respiratory status, with constant monitoring of the patient.
- ✓ ABG specimen collection.
- ✓ Monitoring and recording vital signs of the patient.
- ✓ Monitoring fluid and electrolyte balance.
- ✓ Meeting nutritional and elimination needs.
 - Inserting Nasogastric tube.
 - Giving Ryle's tube lavage.
 - Total parenteral nutrition.
 - Urinary catheterization.
 - Giving urinary antiseptic and bladder wash for catheterised patients.
- ✓ Meeting hygienic needs of the patient.
 - Sponge bath.
 - Mouth care.
 - Back care.
- ✓ Meeting the psychological needs.
 - Providing health information to the patient and relatives.
 - Giving immotional support to the patient and relatives.
 - Care of dead and dying
- ✓ Orientation of nursing students and new staffs.
- ✓ Transportation of patient for investigations like TMT, Echo, CT scan, MRI scan, USG endoscopy etc.
- ✓ Maintaining stock lines, central supply drugs and miscellaneous at all times, repair and replacements.
- ✓ Maintains records of patients, records of visit of doctors, consent for procedures, records of billing, discharge papers, etc.

PROCEDURES PERFORMED

- ❖ Admission and discharge procedures
- ❖ Transfer in and out of patients.
- ❖ Assessing the general condition of patient and systemic assessment.
- ❖ Vital signs and glucose monitoring.
- ❖ Providing basic nursing care.
- ❖ Attending doctors rounds.
- ❖ Administration of medications.
- ❖ IV cannulations. (Injections and infusions)
- ❖ Transfusion of blood and blood products.
- ❖ Insertion of Ryle's tube and Ryle's tube feeding.
- ❖ Insertion of Foleys catheter.
- ❖ Suctioning: ET, Oral, Tracheostomy
- ❖ Fever management.

- ❖ Maintain medical and surgical asepssis.
- ❖ ABG analysis.
- ❖ Maintaining records like intake output, vital signs, CVP.
- ❖ Care during cardio respiratory arrest.
- ❖ Collection of specimen for investigations.
- ❖ Health education

PROCEDURES ASSISTED

- ❖ Intubation and ventilatory care.
- ❖ CVP line and Arterial line insertion.
- ❖ Defibrillation and cardioversion
- ❖ CPR and Ambubag Ventilation.
- ❖ IV line insertion and medicine administration
- ❖ Catheterization and catheter care
- ❖ Monitoring ECG, saturation, CVP and Arterial blood pressure.
- ❖ Able to manage emergencies especially cardiac emergencies.
- ❖ Familiar with emergency drugs and to maintain to unit.

TYPES OF PATIENTS AND CASES ATTENDED

- ❖ Myocardial infraction, Angina, Heart failure, Heart block and cardiomyopathy.
- ❖ Care of patients with respiratory failure and who are in invasive and non-invasive ventilators.
- ❖ Thrombolisation and care of patients.
- ❖ Care after Coronary Angiogram, Angioplasty.
- ❖ Care after PPI, TPI.
- ❖ Ventilator patient

EQUIPMENT HANDLED

- ❖ Cardiac monitors
- ❖ Defibrillator
- ❖ Ventilator with all accessory equipment
- ❖ Pulse-Oxymeter
- ❖ Infusion Pump
- ❖ Syringe pump
- ❖ Suction apparatus.
- ❖ AMBU bag
- ❖ Spirometer
- ❖ Glucometer
- ❖ Nebulizer
- ❖ Nelson's Inhaler
- ❖ ECG machine
- ❖ Sphygmomanometer

- ❖ Air mattress and sequential compression devices.
- ❖ Crash carts

CERTIFICATION AND TRAINING

Registration

Achievements	Registration Number	Nursing Council
Professional Registration	91655	#71, Nightingale Towers, 'A' Street, 6th Cross, A.R. Extension Near Movieland Theater, Gandhi Nagar, Bengaluru, Karnataka 560009

Internship raining

Sl. No.	Subject	Name of the Hospital
1	Internship	BGS Hospital, Bangalore 06 th Jun 2014 to 30 th Jul 2014
2	Community Health Nursing	Sulikeri Village, Kengeri ,Bangalore 02 nd Apr 2014 to 20 th Apr 2014
3	Gynecology(OBG)Posting	KCG Hospital Bangalore 05 th Mar 2014 to 31 st Mar 2014
4	Mental Health Nursing (Psychiatry)	NIMHANS Hospitals Bangalore 13 th Aug 2013 to 19 th Oct 2013
5	Child Health Nursing	Victorya Hospital Bangalore 02 nd Jun 2012 to 30 th Jul 2012
6	Surgical Post	KCG Hospital Bangalore 07 th Mar 2012 to 30 th Jun 2012
7	Community Health Nursing	Ramasundera Village 12 th Jun 2011 to 25 th Jun May 2011
8	Surgical Post	KCG Hospital Bangalore 10 th May 2011 to 31 st May 2011
9	Medical Surgical Nursing	KCG Hospital Bangalore 01 st Nov 2010 to 24 th Nov 2010

Research Activity

- ✓ A descriptive study to effectiveness of menstrual cycle & Care .

KEY COMPETENCIES & SKILLS

- ❖ Ward Management
- ❖ Patient Counseling
- ❖ Excellent Communication & Organizational skills
- ❖ Emergency assessment
- ❖ Prioritization work and perfect time management.
- ❖ Administrative skills
- ❖ Quality assurance

PERSONAL DETAILS

Permanent Address : Niravathuparambil House ,Chithirapuram P.O .
Anachal Idukki (Dt),Kerala.

Nationality : Indian

Date of birth : 22nd Aug 1992

Gender : Female

Name of Husband : Jomesh George

Name of Father : Stephen

Marital Status : Married

Languages Known : English, Malayalam ,Tamil,Kannada & Hindi

REFERENCES

- ❖ Dr. J K MUDULI MD, DM (PEADIATRITION) IQCT NARAYANA MULTISPECIALITY HOSPITAL,DURGAPUR, KOLKATA.
- ❖ Dr. K. ROY MD, MS,DM EMERGENCY MEDICINE, IQCITY NARAYANAMULTISPECIALTY HOSPITL DURGAPUR, KOLKATA .
- ❖ Br. ANOOP K.R BROTHER INCHARGE IQCITY NARAYAN MULTISPECIALITY HOSPITAL DURGAPUR,KOLKATA

DECLARATION

I hereby declare that the above mentioned information is correct up to my knowledge & I bear the responsibility for the correctness of above mentioned particulars.

Place: Idukki,Anachal

Date: