



NIMMI VARGHESE

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WORK EXPERIENCE

2 years overall

Teacher cum Counselor – Mar Baselios College of Nursing & St. Thomas Convent Sr. Secondary school Bhopal (August 2018- February 2019)

- Psycho-social Assessment
- Counseling/Psychotherapy
- Curricular & Extra- curricular activities.
- Family Education
- Client and media management
- Press releases
- Crisis management
- Research

Care Coordinator- Out Patient Serveries, Aster Medcity, Kochi (Jul 2016- Dec 2017)

- Psycho-social Assessment
- Counseling/Psychotherapy
- Patient/Family Education
- Resource Counseling and Discharge Planning
- Supportive Care to Outpatients
- Crisis intervention and mediate conflict

Summer internships (8 months overall)

1. Student Psychiatric Social Worker (Exchange program - one month)

Dist.Wenlock Gov.Hospital, Mangalore.

2. Student Medical Social Worker (one month)

- **St. Joseph Hospital - HIV/AIDS Rehabilitation Center for Children, Trivandrum.**
- **Snehanilaya Special School, Ernakulam**

3. Community Development Student Social Worker (one month)

- **Rajagiri Outreach, (NGO) Programme Coordinator for Women Empowerment and Child Sponsorship.”**
- **Research Centre - School of Social Work Roshini Nilaya, Mangaluru.**
- **Greenpeace International, Bangalore.**

EDUCATION			
Qualification	Institute	University/Board	Year
MSW (Masters in Social Work)	School of Socail Work-Rohini Nilaya	Mangalore University	2016
BSW (Bachelors in Social Work)	Rajagiri College of Social Sciences, Kochi	M G University	2014
Certificate Course of in HIV and Family Education	Rajagiri College of Social Sciences, Kochi	IGNOU , New Delhi	2014

Key elective in MSW

Medical and Psychiatric Social Work

ABOUT ME

Academic Achievements

- Delegate organizer in commemoration of world mental health day in district wenlock government hospital.
- Participated in international symposium on “**Evidence in global mental health**” “Organized by Rajagiri College of Social Science, Kerala.
- Participated in a national level student social worker symposium on “**voices of the vulnerable**” Organized by School of social Work Roshini Nilaya, Mangalore.
- Participated in a national level student social worker symposium on “**Sustainability for holistic well-being – A social work perspective**” “Organized by School of social Work Roshni Nilaya, Mangalore.

Skills and abilities

- Therapeutic skills
- Research skills
- Logical reasoning and critical thinking
- Excellent communication
- Adaptability

Positions of responsibility held

- Coordinator in the workshop on “Relevance and challenges of environment studies.”Organized by Kerala social serviceforum.
- Volunteer in “Child Mental Health - Approaches and Strategies,”International Trainers’ Training Programme.
- Coordinator of International Social Work Students Meet(2012-13)
- Volunteer in Rotaract District Organizationat college.
- Volunteer in the Special Olympics Bharat KeralaState Meet

Extracurricular activities

- Won prizes in College and School youth festivals r Dance and Theme act Play.
- Crafting.

**Languages
Known**

- English
- Malayalam
- Tamil
- Hindi

References:

1. Dr Jacob Baby

MD,DTCD,MRCP(UK)FRCP(Edin)
Senior Consultant- Pulmonology and
Allergy, Aster Medcity, Kochi
Ph No: 09744481367

2. Dr Fr Saju Madavan

Asst Professor- Dept of Social Work
Rajagiri College of Social Sciences,
Kochi Ph No: 09895346190