

CURRICULAM VITAE



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CAREER OBJECTIVE

To be part of a dynamic organization where I will be able to utilize my skills and contribute directly to the growth of the organization and in turn develop my career.

ACADEMIC QUALIFICATION

Course	Institute/ University	Year of Passing	%o
S.S.L.C	General edu.dept,Kerala	2006(March)	79%
H.S.C	Kerala Higher Secondary Board	2008(March)	74.5%
B.S.c Nursing	R.G.U.S.H.S	2008-2012	63%

PROFESSIONAL EXPERIENCE

Name of Hospital	Location	Hospital Capacity	Period of work	Department	Position held
P.V.S. MEMORIAL HOSPITAL	KALOOR	250bedded	11-02-2015 to till date	Gastro-medical ward and endoscopy	Staff Nurse
Varma hospital	Thripunithura	50 bedded	4-11-2013to2015	Casualty& Wards	staff nurse trainee

NURSING REGISTRATION

Course	Nursing Registration	Date	Registration Number
BSc	Karnataka State Nursing Council	17/04/2013	053750
BSc	Kerala nurses and midwives council	07/08/2013	38984

DUTIES AND RESPONSIBILITIES

- Undertake nursing procedures and treatment follow up physician orders and treatment.
 - Participating in training orientation programmes
 - Assist in implementation of hospital policies and objectives of patient care
 - Maintain a good relation with patient and colleagues
 - Update self and other members of nursing teams with new ideas
- Checking and maintaining

TYPES OF PROCEDURES ASSISTED

- **Oesophagogastroduodenoscopy (OGD)**
 - Diagnostic – Biopsy from oesophagus, stomach & duodenum
 - Therapeutic – Endoscopic variceal ligation, Foreign body removal, Sclerotherapy, Argon Plasma Coagulation, Balloon dilatation, Endoscopic prosthesis placement, Percutaneous Endoscopic Gastrostomy (PEG)
- **Colonoscopy**
 - Sigmoidoscopy
 - Polypectomy
 - Argon Plasma Coagulation
 - Balloon Dilatation
- **Endoscopic Retrograde Cholangiopancreatogram (ERCP)**
 - Sphincterotomy
 - Stone extraction
 - Nasobiliary drainage
 - Pancreatic & biliary stenting
 - Pancreatic pseudocyst drainage

PROCEDURES ASSISTED

- Endoscopic Ultrasound (EUS)
- EUS guided FNAC
- Ano rectal& esophageal Manometry ,24 Hr pH monitoring
- Hydrogen Breath Test (**HBT**)
- Urea Breath Test (**UBT**)

PROCEDURES AND CARE DONE

- Checking the Vital signs
- Admission of medications and IV infusion etc
- IV cannulation and Transfusion procedure like blood, plasma & platelet etc.
- Prepare, assisting and after care of diagnostic procedures like lumbar puncture, bone marrow, aspiration and renal biopsy
- Emergency management of patients with Cardio pulmonary arrest, Myocardial infraction, Asthma.
- Gastric lavage and Bowel wash

- Nebulization, Steam inhalation
- Major and Minor dressings of cellulites patients and Diabetic wound.

Handling Equipments and Articles

- Each ward has an emergency tray which has Endotrachial tubes of different sizes and ambubag, four oxygen cylinders with probe and suction apparatus, emergency medicines and laryngoscope.
- A Gluco meter is maintain in the ward for checking blood sugar level.
- Isolation techniques used for handling infectious patients by using gloves, masks and gown which are available inward.
- Cross infection is prevented by proper sterilization articles.
- A water bed and air cushion is given for bed ridden patient, fourth hourly back care is given with prime importance to bedsore area.
- Proper handling of BP apparatus, Thermometer, Tray, Oxygen cylinder.

Job responsibilities

Prove quality nursing care to patient according to other priority needs and enable them to lead a normal healthy life.

- Admission of patient
- Provide a safe environment
- Assessment of patient
- History taking
- Physical Examination
- Investigation
- Observation
- Identification
- Prepare short term and long term goals.
- Prepare nursing care plans.
- Check vital signs record correctly.
- Provide basic are to the patient meeting personal hygiene, nutritional needs

- Administer medications injections and treatment to doctor order.
- Maintain accurate intake and output chart.
- Important health education to patient and relations, Maintain cleanliness and aseptic techniques during care.
- Maintain good IPR with patients relatives, co – workers and superiors.
- Provide spiritual, recreational and occupational care.
- Provide active and passive exercise to patient.
- Prepare the patient for discharge and home care.
- Attending ward rounds, orientation programmes and clinical teaching, in service education programme, work shops and seminars for updating professional knowledge
 - Resuscitating the patient with bag and mask
 - Insertion of IV line
 - Feeding the patient by NG tube
 - Assisting in Lumbar Puncture of patients
 - Administering oxygen with hood to patients
 - Suctioning the patients
 - Care of stoma
 - Care of patient with post operative period
 - Monitoring ECG, Pulse Oxymeter
 - Prepare patients for surgery, Echo, X-Ray, Ultra Sound etc.
 - Maintaining sterile aseptic technique
 - Set priorities and implementing nursing care based on nursing process approach
 - Evaluating the outcome
 - Managing the emergency situation

- Carryout the Doctors order, making rounds, administer medication, co-ordinate unit's activities, referring babies, explanation of procedures, maintenance of records and reports.

Equipment Handled

- Pulse Oxy meter
- Laryngoscope
- Nebulizer
- Suction apparatus
- Glucometer
- Sphygmomanometer
- Thermometer
- Oxygen flow meter
- Steam Inhaler
- Infusion

PERSONAL DETAILS

Name : Anu George
Father's Name : T.A. George
Date of Birth : 13-09-1990
Gender : Female
Religion : Christian
Marital Status : single
Nationality : Indian
Languages Known : English, Malayalam, Hindi ,Tamil

PASSPORT DETAILS

Passport Number : T1845659 Date of Issue: 11/01/2019
Date of Expiry: 10/01/2029 Place of Issue: Cochin

DECLARATION

I hereby affirm that the above mentioned facts are true to the best of my knowledge.

Place : Ernakulam
Date :

ANU GEORGE