Curriculum Vitae

Personal Details

Name: Greeshma G

Contact Details Mobile Number: 9444030731

Email ID:gree.opto@gmail.com

Permanent Address: Vysakhom

Kottakkakom, Chavara P.O

Kollam District

Kerala, 691583, India

Present Address: A4, Galaxy Hamilton,

Chilavanoor road, Kadavanthara P.O

Cochin, Kerala, 682020, India

Biographical Information:

Date of Birth : 16th October, 1992

Language Known : English, Hindi, Tamil, Malayalam

Brief profile:

I have completed BS Optometry (2014) and MPhil in Optometry (2016) from Elite School of Optometry, A Unit of Medical Research Foundation, Sankara Nethralaya, Chennai, India. My MPhil research work was on Scleral Contact lenses under the guidance of Dr.M.Rajeswari, Department of Contact Lenses at Sankara Nethralaya, tertiary eye care hospital, India.

Work experience:

- 1. Guest Lecturer- Lotus Bausch and Lomb Institute Of optometry (August- 2016 Present)
- 2. Guest Lecturer- Susrutha School of Optometry and Vision science, Kerala, India (2017-2018)

Research interest

- Scleral gas permeable contact lenses
- Microbiology and Contact lens
- Contact lenses Care and Compliance
- Dry eyes
- Meibomian gland dysfunction
- Anterior segment eye diseases

Personal profile/personal attributes

- Perfection to the work done
- Determined and committed
- Reliable and dependable
- Good communication skills
- Confident
- Interested in Clinics, Research and Teaching

Personal Strengths

- Teaching and training undergraduate students (BS Optometry- Contact lenses, Clinical Instrumentation, Binocular vision, community optometry, Low vision)
- Mentoring undergraduate Research studies (Bs Optometry)
- Tolerant and understanding especially good with young children/elderly people/needy people/disadvantaged people, etc
- Strong enough to face challenges and find solution.

Education

Board/University	Qualification	School/College	Year of	Subjects	Cumulative
			Qualification		Grade Point
					Average
					(CGPA)/
					Percentage (%)
BITS-Pilani, India	MPhil	Elite School Of	2016	Advanced Contact lenses,	8.21(CGPA)
	Optometry	Optometry,		Biostatistics, Reasearch	
		Chennai		Methodology, Epidemiology, SPSS	
				and scientific Writing	
BITS-Pilani, India	BS Optometry	Elite School Of	2014	Ocular anatomy and	8.45(CGPA)
		Optometry,		physiology,Math,Physical,Geometri	
		Chennai		c and visual Optics	
				Accountancy, Binocular Vision,	
				Contact Lenses, Law and optometry,	

				Occupational Optometry, Gediatric and Pediatric Optometry, Low Vision	
HSE- Kerala	12 th	Lourde Mada EMHSS	2010	Physics, Chemistry, Biology, Math	85%
C.B.S.E.	10 th	Belivers church Mahatma public school	2008	English, Math, Science, Social Science	70%

Achievements/Participation

- 1. Award for best paper presentation in Contact lens Session –Dr E V Memorial Scientific Session 2014 (Clinicial to researcher session)
- 2. Certificate for Poster Presentation in EIVOC International Conference for **Contact** lens care and compliance study,2015
- 3. Certificate for participation in Mass vision screening by Elite School Of Optometry, India
- 4. Conducted Workshop on Scleral contact lenses on **Tony eye Institute**, **Aluva**, **Kerala**, **India**

Research and Publication works

- **1.** Follow up evaluation of corneal and conjunctival status with PROSE wear-Presented as Poster presentation on **American Academy of Optometry**- Poster session 2016
- 2. The Indian Optometrist: PROSE Boston scleral lenses for corneal irregularities: Special edition IOA kerala: October 2018

Co-Curricular Activities

I. Academic

- a. Projects and Research Work done
 - 1. Compliance with soft contact lenses users
 - 2. PROSE scleral device fitting in irregular corneas
 - 3. Assessing anterior segment changes with PROSE scleral device wear

b. Paper Presentation

1. 13th E.V Memorial scientific session, 2014 (Chennai, India)

c. Poster Presentation

d. ESO International Vision Science Optometry Conference, August, 2015 (Chennai, India).

e. Community camps attended

- 1. School vision screening(2011-2014) Total number of students screened 1470
- 2. Cataract screening- total number screened(2013-2015) -126

f. Conferences/Workshops attended

- 1. ESO International Vision Science Optometry Conference, August, 2010(Chennai, India).
- 2. ESO International Vision Science Optometry Conference, August, 2015 (Chennai, India).
- 3. E.V Memorial scientific session, 2011-2015 (Chennai, India)
- 4. Regression Workshop (Elite school of optometry)
- Scientific Writing and Qualitative Research Methods and analysis workshop(Chennai, India)

II. Practical Experience

- **a.** In internship(2014), I have had the experience of working in all departments like cornea, uvea, retina, pediatric, orthoptics, low vision aids, contact lenses and also with visually and mentally challenged patients.
- **b.** I have hands on experience in diagnostics like digital biometry reader, visual fields, Pachymetry, Electroretinogram and optical coherence tomography.
- c. During my MPhil I had opportunity to work extensively with Contact lens department and was given opportunity to do individual work ups and was trained in fitting Soft, RGP, ROSE K, mini scleral and Scleral lenses (PROSE).
- d. I have mentored Bs. Optometry 3rd year research project in contact lenses.
- **e.** I have actively participated in various refraction, school screening and cataract screening camps.
- **f.** I have visited industries like CPCL and TVS and have observed the task analysis involved in different jobs.
- **g.** I have gone for industrial visit to Essilor, Chennai and observed the manufacturing of contact lenses.
- **h.** Active participation in various eye camps and eye care awareness campaigns conducted across various schools and public places in Tamil Nadu.

Hobbies and Interests
Active participation in inter-college cultural events (Dancing) and have won awards. Also in sports meets at school and college level.
Career Objective
The main objective is to provide primary eye care for all needy people who have vision difficulties and also improve my knowledge and skills in eye care practice and research.
Declaration:
Thereby declare that the above mentioned information is correct up to my knowledge
I hereby declare that the above-mentioned information is correct up to my knowledge And I bear the responsibility for the correctness of the above-mentioned particulars.
And I bear the responsibility for the correctness of the above-mentioned particulars.
Greeshma G
18 th February 2019